

QA KNOWLEDGE ASSESSMENT SURVEY #2 RESPONSES

Question 1:

Which of the following statements is true?

- A. The criteria listed in the above objective for measuring the client's progress are clear and can specifically be observed and counted.
- B. The objective above is not measurable because it is actually 2 objectives
- C. The TCM intervention doesn't match with objective
- D. None of the above

Answer: A

Rationales:

Option A

Objectives are used to measure a client's progress toward their overall desired outcome for treatment. According to the Organizational Provider's Manual, objectives must be "specific observable and/or specific quantifiable...related to the client's mental health needs and functional impairments as a result of the mental health diagnosis". The criteria in the stated objective to increase "participation in social activities outside of the home (e.g. church, bridge club, coffee shop w/ friends) from 0x/week to 2x/week" is specific enough to be used to observe and quantify the client's progress.

Option B

There is no need to separate the objective into two separate objectives to obtain an observable and quantifiable measure. "Increasing participation in social activities outside the home" is focused around one specific impairment, social isolation. On the other hand, "Increasing participation in social and job seeking activities outside the home" would be an example of trying to focus on two distinctly different impairments (i.e. social isolation and employment barriers) in one objective and would require two separate objectives in order to be observable and measurable.

Option C

The objective is focused on reducing client's social isolation (related to depression) by increasing her social activities, therefore the intervention to link the client to a recreational activities group in the community for seniors is supported and relates back to the objective.

Option D

There is a correct answer, **A**.

QA KNOWLEDGE ASSESSMENT SURVEY #2 RESPONSES

Question 2:

Which of the following statements is true?

- A. Because the objective is mental health related it meets all Medi-Cal Specialty Mental Health Service requirements for CTP Objectives
- B. If the Objective above relates back to the symptoms, behaviors and impairments identified in the client's mental health assessment or an assessment addendum then it fits into the Clinical Loop
- C. Sometimes an objective in the CTP does not have to fit into the Clinical Loop
- D. Including a Long Term Goal in the CTP is a best practice but not a required element for CTPs.

Answer: B

Rationales:

Option A

Although an objective must be mental health related, it must also meet other requirements, for example it must be observable and quantifiable (i.e., can be counted).

Option B

Treatment Plan Objectives must be clearly related to the documented symptoms, behaviors, and impairments that are documented in the Assessment (or Assessment Addendum). This is the first step of the Clinical Loop

Option C

An objective must always fit into the Clinical Loop.

Option D

The Long Term Goal is a required element for Treatment Plans

Question 3:

Which of the following statements is true regarding the MHS Interventions stated above?

- A. Identifying that "MHS" is the Type of Service that will be provided is all that is required for interventions on a CTP
- B. "MHS" is the modality of treatment identified in this intervention
- C. Interventions on the CTP must specify the modality of treatment, which in this case is individual psychotherapy
- D. All of the Above

Answer: C

QA KNOWLEDGE ASSESSMENT SURVEY #2 RESPONSES

Rationales:

Option A

Although the Type of Service (e.g. MHS, MSS, TCM) must be included in the CTP intervention, the modality (e.g. individual psychotherapy, group rehabilitation, collateral) also must be included.

Option B

"MHS" is the Type of Service, not the modality.

Option C

The State requires that CTPs specify the Type of Service as well as the modality of the treatment services.

Option D

C is the only true statement

Question 4:

Which of the following is false regarding the TCM intervention?

- A. Although this intervention identifies the specific type of resource staff will be working to link client to, TCM interventions can be more general to allow for the flexibility to address whatever ancillary service linkage needs arise.
- B. Although this intervention specifies how often TCM interventions will be provided (1-2x/week), intervention frequencies can be more general (e.g. as needed) to allow more flexibility based on the client's level of need
- C. This and all TCM interventions in the CTP must be based on an assessed mental health related need documented in the client's Assessment and/or elsewhere in the clinical record (e.g. Community Functioning Evaluation, progress note) and tie back to the symptoms, behaviors and impairments identified in the Assessment
- D. TCM Interventions involve assisting a client in accessing ancillary services therefore they do not need to tie back to the client's mental health needs/condition
- E. All but C

Answer: E

Rationales:

Option A

In order to meet requirements, TCM interventions on the CTP must identify the specific kind of resource/service that staff will be assisting client in accessing (e.g. dentist, housing, support group) based on an assessed mental health related need. Just stating that the client will be linked to "community resources" is not sufficient.

QA KNOWLEDGE ASSESSMENT SURVEY #2 RESPONSES

Option B

Use of terms such as “as needed” and “ad hoc” do not meet the requirement that a CTP contain a proposed frequency for interventions. The proposed frequency for delivery of an intervention must be stated specifically (e.g., daily, weekly, etc.), or as a frequency range (e.g., 1-4 x’s monthly).

Option C

Although this is a true statement, the question asked which of the statements was false

Option D

The fact that TCM interventions are focused around assisting a client in accessing ancillary services/resources does not exclude them from the requirement of needing to tie back to the client’s mental health symptoms, behaviors, and impairments that were identified in the Assessment (or Assessment Addendum).

Option E

The only true statement is C. Therefore, E is the correct option, indicating that all options are false except for C.