Intentional Peer Support (IPS) Advanced Training

**DATE & TIME:** March 10, 11 and 12, 2020
9:00AM – 4:30PM

**Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.**

**PLACE:** Special Services for Groups
905 East 8th Street
Los Angeles, CA 90021

**PARKING:** Free On-Site Parking

This 3-day Advanced Training supports the IPS practice by: playing out the principles and tasks using real-life scenarios, heightening self-reflection, enhancing ways of building mutual connections and sustaining the practice. Participants will learn co-reflection which is a vital practice where people regularly come together to reflect on their relationships using the IPS framework. This includes an opportunity to examine relationships, look at assumptions, and sustain the tasks and principles. This training will also focus on using crisis to connect, maintain mutuality and create a culture of healing. Working through challenging situations, participants will explore what it means to be trauma-informed, how to navigate conflict and develop flexible boundaries, and how to implement pro-active crisis planning and prepare for evaluation.

**TARGET AUDIENCE:** Peer Support Staff from directly operated and contracted programs and have completed the 5-Day Intentional Peer Support Core Training.

**OBJECTIVES:** As a result of attending this training, participants should be able to:
1. Explain how crisis situations can be an opportunity for learning and growing
2. Describe how cultural influences shape their practice of peer support
3. Apply the three principles and four tasks of IPS to challenging situations in peer support
4. Utilize Co-Reflection as a way to think through building mutually supportive relationships.
5. Practice navigating conflict
6. Communicate and negotiate boundaries and limits
7. Demonstrate connecting conversations in difficult situations

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DEADLINE: When maximum capacity is reached

CONTINUING EDUCATION: None

COST: None

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