☒ Cultural Competency

SEMINAR I: 3-Day Experiential Training of Peer Support Staff in Promoting Community Inclusion

DATE AND TIME: **April 28, 29 and 30, 2020** **9:00 AM – 5:00 PM**

Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

LOCATION : **Long Beach Mental Health**
2600 Redondo Blvd., 6th Floor
Long Beach, CA 90806

ATTENDANCE FOR ALL DATES IS MANDATORY

PARKING : **Free Parking Onsite**

A key focal point of this course is to increase the awareness of the positive relationship between self-directed community participation, recovery and quality of life. Participants are prepared to promote and increase community inclusion and wellness for the primary benefit of people receiving public mental health. Participants will learn to explore and discover tools, opportunities and action plan for increase community participation. Practice activities include: creating community inclusion environment, daily personal community participation tool kit, community personal inventory activity (I and II), peer support and community inclusion, life domains of community participation, health impacts of exclusion and community inclusion action plans, and exploring the domain of romance/sex intimacy. Successful completion of this 3-day course will be a "Certificate in Peer Supported Community Inclusion" from the Copeland Center.

TARGET AUDIENCE: Peer support staff from DMH directly operated and contracted programs. Other parts of the mental health service delivery system (such as providers, and supervisors, agency leaders, policy makers) are welcome.

OBJECTIVES: **As a result of attending this training, participants should be able to:**

1. List the 11 domains of community participation
2. Identify at least 3 self-directed community participation goals and action plans
3. Develop a self-inventory tool of community participation
4. Apply personalized community participation tools, resources and ongoing action planning to recover and sustain our wellness
5. Describe how to access community participation in at least 2 domains of community inclusion
6. Explain the importance of community inclusion to wellness and recovery
7. Demonstrate an understanding of cultural diversity and the importance of cultural competence in promoting community participation

CONDUCTED BY: **Waynette Brock, National Advanced Co-Facilitation Trainer**
Copeland Center for Wellness and Recovery
Ryan Tempesco, National Youth Program Coordinator
Copeland Center for Wellness and Recovery

COORDINATED BY: **Anna Perne, LCSW** **Email: Aperne@dmh.lacounty.gov**

DEADLINE: **When maximum capacity is reached**

CONTINUING EDUCATION: **None**

COST: **None**

DMH Employees Register at:
http://learningnet.lacounty.gov

DMH Contracted Provider register at:
https://forms.gle/WnsAUjwuP2H6hzsj7