

**LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH**  
**Office of the Deputy Director of Strategic Communications - Underserved Cultural Communities (UsCC)**  
**API UsCC subcommittee meeting**

**Date:** September 26, 2019 (2-4 p.m.) at Asian Pacific Family Center, Pacific Clinic 9353 Valley Blvd Rosemead, Ca 91770  
**Present:** Richer San, Norio Iwahori, Ayushi Chhabra, Winnie Hsieh, Anna Lee, Ali Choi, Patricia Oh, Young Moon, Hyocheol Kim, Nut Sar, Usophea Chim, Samin Yoak, Leo Lishi Huang, Phaly Sam, Adrienne Hament, Michelle Wong, Jen Wu, Juliet Hyun, Hua Wen, and Anu Yadav

**Participants via conference call:** Mr. Tang, Eddie G., Pam Inaba, and Winnie Chai

**DMH Staff:** Mirtala Parada Ward and Keacha Stewart

Agenda Items	Comments/Discussion/Recommendations/Conclusions	Action Item	Person(s) Responsible
<p><b>Welcome, Introductions and Setting Intentions</b></p> <p><i>Leo Lishi Huang</i> <i>Phaly Sam</i></p>	<p>All attendees introduced themselves</p>		
<p><b>Meeting Minutes &amp; Code of Conduct</b></p> <p><i>Leo Lishi Huang</i> <i>Phaly Sam</i></p>	<p>Meeting minutes were approved with zero corrections.</p> <p>Co-Chair, Leo Lishi reviewed the Code of Conduct and informed the Members that it is not a requirement to sign it. Leo Lishi respectfully asked the members to conduct themselves in a professional manner while participating in the meeting.</p>		
<p><b>DMH Updates:</b></p> <p><i>Mirtala Parada Ward, LCSW</i> MH Clinical Program Head</p> <p><b>Presentation: API UsCC</b></p>	<ul style="list-style-type: none"> <li>• The next Joint SAAC/UsCC meeting will be held on the first week of November. Mirtala will send a Save the Date Announcement once the meeting is confirmed.</li> <li>• The YourDMH Quarterly meetings are designed for both the SAACs and the UsCCs to meet and provide feedback and advisement to the Department; and for the community to provide public comments. Leo Lishi reported that at the last YourDMH Quarterly meeting, the MH Commissioners prematurely left the meeting and they did not hear the concerns that were addressed by the SAAC and UsCC Co-Chairs. The SAAC/UsCC Co-Chairs were disappointed and that was brought up to Mimi Martinez McKay's attention. The MH Commissioners failed to hear the concerns brought forth by the DMH Stakeholder groups.</li> </ul>		

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<p><b>Capacity Building Projects</b>  <i>Dr. Michelle Wong</i></p>	<p><b>Sharing Tea, Sharing Hope Project:</b> For this project, a mobile teacart will be set up in different API community events in Los Angeles County to create awareness and destigmatize the topic of mental health in the API community. Community members will be able to attend the API community event where a Tea Cart is set up and gather information on resources related to mental health to assist their family members while having tea with each other. The idea is to create a safe place for people to sit down, in a relaxing and comfortable setting, in order to connect and discuss mental health without feeling stigmatized. The idea is to bring mental health to the community instead of having someone have to make an appointment to talk about issues in a clinical setting.</p> <p>Michelle is seeking volunteers for this project. She will need 10 volunteers who are bilingual in Tagalog, Vietnamese, Korean, Chinese, and Khmer. The events will be held at historic parks and other community venues. Tea will be served and used as a tool to educate the API community about the signs and symptoms of mental illness. The volunteers need to be available on the weekends. The volunteers will be trained and they need to be good listener. All volunteers must commit to a once a week training, for 4 weeks. They will be reimbursed for their training time (\$15/hour; gifts cards will be provided).</p>		
<p><b>Review of the Finalized UsCC YourDMH Charter</b>  <i>Mirtala Parada Ward, LCSW</i> MH Clinical Program Head</p>	<p>Mirtala Parada Ward reviewed the newly approved YourDMH UsCC Charter Bylaws. She addressed all questions and concerns brought forth by the members. The Members endorsed the YourDMH UsCC Charter Bylaws.</p>		
<p><b>Recruitment of New Members</b>  <i>Co-Chari, Leo Lishi Huang</i></p>	<p>Co-Chair, Leo Lishi Huang engaged the group in a brainstorming session to identify strategies to increase the Subcommittee’s membership. The following ideas were shared:</p> <ol style="list-style-type: none"> <li>1. Connect with high schools and engage the youth so that they can join the API UsCC Subcommittee</li> </ol>	<p>Develop a short summary/</p>	<p>Mirtala Parada Ward and Leo Lishi</p>

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	<ol style="list-style-type: none"> <li>2. Reach out to Los Angeles City College and identify groups that may be interested in joining the Subcommittee</li> <li>3. Leo reported that he is willing to do the community presentation to recruit more members</li> <li>4. Reach out to the local colleges and universities; they have Filipino organizations on campus. Those college students need to join the Subcommittee</li> <li>5. Let us reach out to UCLA, Cal State LA, USC, and other private colleges. Let's connect with API organizations on campus; the college students would be great stakeholders</li> <li>6. It was suggested to write up a concise, yet detailed summary about the API UsCC Subcommittee that can we shared with various high schools, colleges, and Universities. It needs to include a list of all the UsCC capacity-building project and data (mental health disparities) for the API community.</li> <li>7. The recruitment also needs to be done at the community grassroots level</li> <li>8. We need to partner with community based organizations and other community venues to promote the API UsCC Subcommittee</li> <li>9. A member shared that the outreach can take place at the Therapeutic Thursdays, which takes place in a community park in Chinatown</li> <li>10. It was suggested to create a Flyer to promote the Subcommittee and increase its membership</li> <li>11. Partner with the YMCA in areas with high concentrations of API community members and distribute flyers</li> <li>12. Several Subcommittee members stated that they are connected with various organizations and they can assist with scheduling the recruitment presentations</li> <li>13. Leo and Mirtala will work together to develop the recruitment presentation and will connect with all those members who agreed to assist with this effort.</li> </ol>	<p>brochure/ and  or flyer about  the API UsCC  Subcommittee</p>	<p>Huang will  work together  to do the  presentations.  Members who  agreed to  assist with the  recruitment  efforts  include:  Adrianne  Hament,  Richer San,  Jen Wu, and  Pam Inaba</p>
<p><b>Public  Comments/Announcements  Upcoming Meeting</b></p>	<p><b>API UsCC meeting</b>  <b>Thursday, September 26, 2019</b>  2pm to 4pm  Asian Pacific Counseling and Treatment Center</p>		

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