## LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH Office of the Deputy Director of Strategic Communications

#### LATINO USCC SUBCOMMITTEE MINUTES

August 20, 2019 2:00PM – 3:30PM

3787 So. Vermont Avenue, Los Angeles, California 90007

Present: Andrea Conseco-DeLeon, Felicia Flores, Julia Omeles, Rocio Sanchez, Leticia Lara, Amelia Mata, Sofia Novoa, David

Lyons, Beny Munguia, Rena Rodriguez, Rosa Gomez, Mercedes Moreno, Hector Ramirez, Adriana Carrillo, Claudia Razo, Adriana Villafana, Juan Alfaro, Gabriela Gonzalez, Maria Gonzalez, Juana Bustos, Juana Saldivar, Gina Caray, Maria

Velazquez, Mario Aguirre, Jesus Franco, Ana Yadar, Norma Ramirez, Nelida Guzman, Lucela Munoz, Norma Guzman, Ashely Flores, Isabel Molina, Carmen Ortiz, Yolanda Hernandez, Feliza Perez, Jessenia Triumph, Marielena Rubio and

**Gypsie Vasquez Ayala** 

Translator: Lucy Rivero

DMH Staff: Mirtala Parada Ward, Rosario Ribleza and Connie Acosta Castaneda

Agenda Items	Comments/Discussion/Recommendations/Conclusions
Welcome/ Introductions – Subcommittee Members	Attendee introductions
Review and Approval of minutes – Co-Chairs	June 19, meeting minutes approved by Paco Retana and seconded by Hector Ramirez.  Minutes were read in Spanish for the subcommittee.
Reading of the Code of Conduct	Translator read the Code of Conduct to the group in Spanish.
Update / Discussion – Mirtala Parada Ward	The Town Hall / YourDMH quarterly meeting was on July 25, 2019 from 8:00am – 5:00pm. Overall, the meeting went well. Dr. Sherin was present. This meeting was the perfect opportunity to have the people's voice heard. A number of attendees were able to express their concerns/issues/problems.  DMH acknowledged the need for therapists who speak different languages to provide services that are linguistically and culturally appropriate to people of different ethnicity.

## **Presentations of Capacity Building Projects**

### Gabriela Gonzales (Casa De La Familia)

# Luis Antonio Pechardo (DSTL)

# Announcement of the New Co-Chairs – Paco Retana

### 1. <u>The Latino Mental Health Stigma Reduction Community Theater</u> Project

Gabriela Gonzalez from Casa De La Familia provided the overview of the Latino Mental Health Reduction Community Theater project.

- There will be a total of 16 presentations. The Play will be shown at all Service Areas, maybe three times in Service Area 1.
- After each play, there will be a Q&A portion.
- Gabriela provided possible venues for the play. She asked the attendees for suggestions
  of other possible places to hold the event. The venue must accommodate 200 people or
  more.
- Opening Night will be in November, 2019 on Friday and Saturday night.
- Psychologist will be available after the play presentation.
- Mirtala encouraged the people to submit their contact information so they can be provided with the information about the show.

#### 2. <u>Latino Mental Health Comic Book Project</u>

- Target age is 16-25 years old. It is open for both boys and girls.
- 10 youths have already been recruited
- Each youth will write 2-pages story. Each participant will be provided with tools for writing a comic book.
- The participants will have the opportunity to choose the subject on mental health to express themselves and their concerns
- Each participant will have the opportunity to compete for the Comic book cover.
- Therapist will be available if needed.
- Classes will be two times a week.
- Hector suggested: Deportation for youth. Try to capture the issues of deportation/immigration, which is important to the people
- Paco introduced Hector Ramirez as the new Co-Chair for the Latino UsCC subcommittee;
  - ➤ Hector was very excited with his new position as Co-Chair of the Latino UsCC subcommittee. He made a commitment to work very hard on getting more help, and more therapists. He stated: "Latinos are the majority. Spanish is not only

Announcements – Paco Retana	Iinguistically correct but must be culturally correct. This is our continent, so we deserve to be treated with respect. Together we are going to send that message."  • The Latino UsCC subcommittee needs one more co-chair, and Paco encouraged those members who are interested in becoming Co-Chair to contact Rosario Ribleza to submit their names.  • A. Recruitment of New Members from the Community • Paco encouraged people to come to the meetings and bring friends/people to join the Latino UsCC subcommittee.
	Meeting Adjourned - 3:30 P.M.
Next Meeting	September 17, 2019 from 2:00pm – 3:30pm at 3787 So. Vermont Avenue, Los Angeles, CA 90007. WELLNEST