COUNTY OF LOS ANGELES - DEPARTMENT OF MENTAL HEALTH OFFICE OF PERFORMANCE DATA - QUALITY IMPROVEMENT DIVISION LATINO USCC SUBCOMMITTEE

MINUTES – Thursday, August 9, 2018

10:00 - 11:30 A.M.

Location: 695 So. Vermont Avenue, 9th Floor Los Angeles, California, 90005

ATTENDEES: Mirtala Parada Ward, Katty Callender, Paco Retana, Mercedes Moreno, Maritza Lebron, Carlos, Ludena, Perla Valdez, Robert Anthony Valdez, Leticia Ximenez, Rosario Ribleza, Michelle Wong, Reina De Cuellar, Wendi Tovey, Carlos, Valdez, and Lucy Rivero (Spanish Translator)

People on the phone: Gloria Sistos, Lorraine Ragosta, Loyola Williams, Alicia Flores

DISCUSSIONS

I. Welcome and Introductions

II. Review and Approval of Minutes of the Meeting for 03/20/18

Minutes of the meeting was reviewed. Mirtala provided a brief background on the Comic Books project for the new attendees. Katty briefly discussed the highlights of the last meeting's minutes (with Spanish translations). Minutes of the meeting was approved by all members (moved to approve by Mercedes Moreno, and seconded by Reina De Cuellar).

III. Presentation: Innovation Project

Wendi Tovey presented the new Innovations II program. She explained that the Los Angeles County Department of Mental Health (LACDMH) proposes to enhance workforce training and improve the quality of service delivery through the implementation of mixed/ and or virtual reality, and/or virtual patient training series. The Virtual Reality training allows the user to experience computer-generated environment within the controlled setting. The Virtual Client training uses virtual human technology to create realistic lifelike characters, that are available 24/7. The Mixed Reality training program is a simulated training where developed avatars and case studies will represent the diverse cultural and linguistic populations found within LA County communities. Ms. Tovey encouraged everyone to generate more ideas and input for the project. She asked the attendees to spread the information to their families, friends and to the community, and share their ideas by writing them in the forms provided. Completed forms can be submitted through e-mail, mail, or drop it off to Ms. Tovey's office. Ideas and suggestions can be discussed during UsCC meetings and incorporate them in the minutes. No forms are needed.

Ms. Tovey encouraged people to use "7 Cups" in App Store to get customized support. She recommended to use the computer in the Resource Center, but Maritza and Carlos complained that they are not allowed to use the computers in the Center. Ms. Tovey will talk to the person in-charge to resolve the issue.

Loyola Williams suggested to attend a Peer Action for Change every first Saturday of the month and educate the lawmakers. Mercedes recommended Ms. Tovey to attend SAAC's meetings and make presentations. Katty suggested Mercedes to bring the forms to SAAC's meeting and have the Co-chairs announce it.

IV. Election of Co-Chairs

• Review of Rules and Agreements

Mirtala explained that new co-chairs should be elected every two years. One should be a community representative, and another is a DMH staff. Both should have a passion and willingness to serve as co-chairs. She thanked Paco and Katty for the great service provided to the Latino UsCC during their term.

Paco discussed the co-chairs terms and requirements. Meetings are held monthly, quarterly or as needed.

• Nominations

- 1. Michelle Wong nominated by Carlos Ludena
- 2. MarAnthony Aparicio nominated by Michelle Wong
- 3. Mercedes Moreno nominated by Reina De Cuellar
- 4. Leticia Ximenez nominated by Maritza Lebron
- 5. Paco Retana nominated by Betty Mendoza (through e-mail)
- 6. Katty Callender nominated by Betty Mendoza (through e-mail)

v. Updates on Capacity Building Project- Mirtala

- Theater Project got approved by ISD but still needs resolutions on some issues
- Comic Book Statement of Work (SOW) is in process
- Annual Capacity Building Project Budget increased to \$200,000
- Mirtala encouraged everyone to invite people to provide ideas for a new capacity building project.
 - Reina de Cuellar suggested yoga. Carlos supported the idea, having personally witnessed how depressed individuals felt better after attending yoga.
 - Leticia recommended to have regular monthly meetings that should be held in the community.
 - Mirtala confirmed that all UsCC meetings are now being held in the communities. In fact, the next meeting will be in the community.

VI. Adjourned