## LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH Office of the Deputy Director of Strategic Communications

## Latino UsCC SUBCOMMITTEE MINUTES

May 21<sup>st</sup>, 2019 2:00PM – 3:30PM

Present: Adriana Carrillo, Norma Caceres, Zoila Ilbay, Carlos Valdez, Perla Valdez, Bertha Uribe, Robert Anthony Valdez, Cirilo

Garcia, Carlos Ludena, Celia Cortez, Elsy Molina, Salvador Hernandez, Lucy Rivero

DMH Staff - Rosario Ribleza, Mirtala Parada Ward, Connie Acosta Castaneda

By Phone:

Hector Ramirez, Maritza Lebron, Ana Nogales, Betty Mendoza

Agenda Items	Comments/Discussion/Recommendations/Conclusions
Welcome/ Introductions	Attendee introductions
Review of minutes	April 16 <sup>th</sup> , 2019 meeting minutes approved with corrections (minutes were read in Spanish to the subcommittee).
Update/Discussion	SAAC and UsCC Co-chair meetings     April 26th, 2019 was the first SAAC and UsCC joint meeting. The objective for the joint meeting:
Mirtala Parada Ward	<ul> <li>To explain what the two groups do and their goals</li> <li>To communicate how the two groups will work together with the initiative of YourDMH</li> <li>To create a voice for the community, and make recommendations to the department on how to better serve the community in all languages.</li> <li>The next meeting will be on June 20, 2019.</li> <li>Review of RAND Report</li> <li>RAND did an excellent job with their report. It was very accurate and explained all the concerns of the subcommittee. There were several suggestions and ideas from the subcommittee in the RAND report, and they will be discussed in the future meetings. Co-chair Paco Retana suggested that once the report is correctly translated in Spanish, the subcommittee can review and go through the report as a group.</li> <li>We Rise</li> <li>We Rise is a mental health campaign for the month of May. This campaign costs millions of dollars. The location is in Central Los Angeles. It will be from May 18 to 27, 2019. There will be art exhibitions. It focuses on the needs of the community, so the community is encouraged to attend.</li> <li>Transportation: A \$50 Lyft voucher is available for each member.  Bus tokens available for the subcommittee members</li> </ul>

Updates on Capacity Building Project  Mirtala Parada Ward	The Latino Mental Health Stigma Reduction Community Theater Project This project is still in the process of solicitation.      Latino Youth Mental Health Comic Book The comic book project was approved. The consultant will be invited to discuss the details of the comic book. This is a 9-month project.
Brainstorming for FY 2019-2020 Capacity Building Project – Co-Chair and Subcommittee Members	<ol> <li>Non-traditional Services such as Yoga/Meditation and dancing classes</li> <li>Educational Workshops: Mask Making; Holistic and natural health treatment such as herbal medicines</li> <li>Culturally specific advertising – TV, radio and social media</li> </ol>
Announcements  Paco Retana Mirtala Parada Ward Subcommittee Members	1. Recruitment of New Members from the Community Paco Retana strongly encouraged the group to invite more people from the community to join the Latino UsCC subcommittee -preferably from the community or someone from community agencies. They will represent the community, and be the voice of the community.  2. Election of New Co-chair The Latino UsCC subcommittee needs to elect a new co-chair. Paco encouraged the group to volunteer themselves or recommend someone. Katty Callender will continue to support the subcommittee as co-chair until the group elects a new one. The new elected co-chair will have to attend the Latino subcommittee meetings once a month. In addition, he/she will have to attend the UsCC Leadership meetings monthly to represent the Latino subcommittee. The ideal candidate can be a consumer, and someone who is passionate about helping the community and wants to bring mental health awareness to the Latino community. Transportation will be provided for co-chairs.
	3:30PM Meeting Adjourn
Next Meeting	TBD