LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH QUALITY IMPROVEMENT DIVISION

Deaf, Hard of Hearing, Blind, and Physical Disabilities UsCC Subcommittee MINUTES

November 14th, 2018 10 a.m. – 12 p.m. Five Acres – Pasadena

Present:Alex Elliott, Amy Kay, Erik Escareno, Mirtala Parada Ward, Kelly WilkersonBy phone:Sunnie Whipple

| Agenda Items | Comments/Discussion/Recommendations/Conclusions |
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| Welcome/ Introductions | Attendee introductions. |
| Review of minutes | Approved October 2018 meeting minutes with no changes. |
| Announcements | Mirtala updated the subcommittee regarding the process of requesting ASL interpreters. As of November, the service of requesting interpreters was transferred from the Access Center to DMH Procurement Unit and will be completed through a Purchase Order process. As a result, they will need the dates scheduled in advance and the process will take at a minimum four weeks. Feedback that four weeks is too long a period of time as individuals do not always know for sure if they can attend. Recommendation to consider one to two weeks. Mirtala to share this feedback. |
| Capacity Building Projects – | Projects confirmed for FY 18-19 |
| Discussion | Community Mental Health Needs Assessment |
| | Project was approved and should go out to bid in January. |
| | Mirtala shared regarding the delay related to other needs assessments that are being completed by the Department at this time. |
| | Amy Kay to explore possible individuals to provide a reference quote. Also recommended that we reach out to Angela Kaufman. Kelly to follow up. |
| | Kelly also to reach out to Bernice Mascher. |
| | PSA Development Project |
| | Purpose: A media consultant will be contracted to produce a 30-second PSA. This will include pre-production (scripts, breakdowns, filming) and post-production (editing, voice-over, delivery). |
| | • Objective: The objective of this PSA Development Project is to develop a PSA targeting the Deaf, Hard of Hearing, Blind, and Physically Disabled communities to be aired on local television and radio networks, as well as social media platforms, to promote mental health services, reduce stigma, and increase the capacity of the public mental health |

system in Los Angeles County.

- Will we get funding from PEI like the other groups have? It is a possibility, but this decision comes from executive management.
- Next steps are to submit to DMH Procurement Unit. Reference quote received.

Clinical Mental Health Training

- Purpose: A consultant will be hired who specializes in providing mental health services to the Deaf, Hard of Hearing, Blind, and Physically Disabled population. This consultant will be responsible for the facilitation of a 1-day clinical training for mental health clinicians (i.e. LCSW, LMFT, Licensed Psychologist, Psychiatrist, Licensed-Registered Nurse, and license-waived clinical disciplines), as well as other providers. This training will highlight the unique needs of the Deaf, Hard of Hearing, Blind, and Physically Disabled communities. This training will also include a special component; testimony of at least 3 Deaf/Hard of Hearing, Blind, and Physically Disabled community members with lived experience. These individuals will discuss some of the cultural, linguistic, and non-traditional elements of this unique community. The training will take place in all LACDMH Service Areas.
- Objective: Research indicates that there is a lack of well-trained mental health professionals who have the skills to
 effectively treat the unique mental health needs of the Deaf, Hard of Hearing, Blind, and Physically Disabled populations.
 Therefore, the Deaf, Hard of Hearing, Blind, and Physical Disabilities Clinical Mental Health Training will provide mental
 health clinicians with an unprecedented opportunity to become trained in identifying and treating the unique mental
 health needs and challenges faced by this population.
- Next steps are to obtain reference quotes Mirtala to connect with a contact from the High Desert. Kelly to reach out to Wayfinder and The Braille Institute.
- Logo Development include in this SOW Amy Kay has a contact who is a deaf graphic designer. Kelly will follow up for contact info. Have this be early on in the project to hopefully be able to use logo in the PSA.

Peer to Peer Network

- Kelly reviewed proposal provided by Roque Burton who was unable to attend.
- Members suggested we move forward with this project.
- Kelly to begin drafting SOW and vet through subcommittee.

Ideas for Future Capacity Building Projects

- Mental health informational booklets that include resources, facts, etc.
- Airing of PSA
- Webinar focused on assistive tools / "walk a day in their shoes." Consider also an Accessibility Scan.
- Social media campaigns consider doing across all subcommittees (one large campaign) add to agenda for UsCC Leadership meeting

| | Meeting adjourned at 11:51am |
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| Next Meeting | Wednesday, 1/9/19, 10am – 12pm |