

**LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH
AFRICAN/AFRICAN AMERICAN UsCC SUBCOMMITTEE**

MINUTES – July 26th, 2018

Location: Lennox Library

4359 Lennox Blvd.

Lennox, CA 90304

2pm-4pm

Date: July 26th, 2018

Present: Romalis Taylor, Makesha Jones-Chambers, Desiree DeShay-Weakley, Belanie Brown, Senait Admassu, Phyllis Hayes, Erica Melbourne, Yamonte Cooper, Sherrie Ross, Imani Bradley, Cheryl Branch and Lakeisha Jones.

Participants via conference call: Dawn Steward, Lisha Singleton, Brenda Ingram and Mirtala Parada Ward

Agenda Items	Comments/Discussion/Recommendations/Conclusions	Action Item	Person(s) Responsible
Welcome & Introductions	Attendee introductions		AAA UsCC membership
Review of Minutes	The June 5 th meeting minutes were reviewed and approved with one correction noted. Romalis Taylor asked for a motion; the motion was made by Belanie Brown and seconded by Senait Admassu. Romalis called for the vote and the motion was carried and minutes were approved.		Co-chairs
SLT Updates	<p>SLT (System Leadership Team) Highlights: Cancelled for July</p> <p>The SLT meeting in June:</p> <ul style="list-style-type: none"> • Mimi Martinez McKay, M.A., M.L.I.S., Deputy Director County of Los Angeles, Department of Mental Health <ul style="list-style-type: none"> ○ New executive staff introductions ○ Legislative update • Debbie Innes-Gomberg, Ph.D., Deputy Director County of Los Angeles, Department of Mental Health <ul style="list-style-type: none"> ○ Overview of MHSA Innovation Projects <p>Romalis mentioned that the UsCC Leadership meeting is scheduled for Monday August 13th 2018 in which Dr. Sherin will be in attendance to hear the UsCC collaborative presentation from all groups. This discussion will be</p>		Romalis Taylor
Dept. Mental			Mirtala Ward

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Health Update	<p>centered around developing countywide community projects for all UsCC subcommittees.</p> <p>Mirtala reported that the focus is community driven and inclusive to the all the UsCC communities. The capacity building projects for the AAA UsCC should focus on Mental health disparities particularly in Service Area six and one.</p> <p>Belanie stated that it is important to write meaningful proposals to justify a request for more money as other groups may do that.</p> <p>Makesha reported on all of the Innovations project information “The 7 Cups” App store Innovation Project is a statewide effort using technology for community members to get mental health support at no cost via a chat room.</p>		
	<p>Brenda Ingram wanted to make sure that we do not duplicate services in conjunction with the Innovation project, which focuses on African Americans and incarceration reform.</p> <p>Cheryl stated that there needs to be a focus on cultural competency, which focuses on how to engage individuals from a different culture and process training. Innovation needs to meet the demand and make sure it is measurable i.e. supply and demand.</p> <p>Romalis Taylor encouraged the AAA UsCC members to submit requests to be workshop presenters at the upcoming African-American conference, which is scheduled for February 28, 2019. The new Clinical Director, Dr. Curly Bonds will participate in conference as well.</p>		Romalis Taylor

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<p>Capacity Project Review</p>	<p style="text-align: center;">AAA UsCC 2018-2019 Summary of Project Ideas</p> <p>1) Culturally competent/responsive screening tool</p> <ul style="list-style-type: none"> ➤ Train the DMH workforce to utilize screening tools that assess youth experiences while taking into account their culture and language. This includes trainings on Mental Health First Aid, Mental Health 101 and Motivational Interviewing. ➤ Create screening tools that addresses the experiences of youth of all cultures. ➤ Ensure that the youth provide feedback on screening tool through the use of focus groups. <p>2) Public Service Announcements (PSAs) Countywide</p> <ul style="list-style-type: none"> ➤ Create videos with vignettes for parents on topics of parenting, human trafficking, talking to your teen, mental health, intimate partner violence, sexual identity and orientation, bullying, and other culturally relevant topics. <ul style="list-style-type: none"> ▪ Incorporate actors from the community. ▪ Run videos in the lobbies of clinics, hospitals, schools, etc. in various languages. 		<p>Dr. Makesha Jones-Chambers</p>

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	<p>3) Community Ambassador Network, which includes mentorship and various community workshops.</p> <ul style="list-style-type: none"> ➤ Train community volunteers to speak about the benefits of mental health. ➤ Ambassadors require an incentive and a T-shirt/badge for branding and identification. ➤ Provide guidance and coaching for recently released juvenile and adult inmates. Provide one on one support to stay out of jail/prison. Include resources on housing, substance abuse treatment, mental health, and employment. ➤ Volunteer mentors with lived experience, receive an incentive. ➤ Community Engagement events- used to recruit volunteers/mentors to complete the training. ➤ Target people in barbershops, beauty shops, churches, afterschool programs, clinics, senior centers, grocery stores to participate. ➤ Training on community resilience training community volunteers to be agents of healing and change. <p>4) Combination of ambassadors, village circles, block parties, and workshops (SA 1, 6, 8)</p> <ul style="list-style-type: none"> ➤ Create “System Navigators” composed of community members, specifically those with recent experiences of 		

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	<p>incarceration (juvenile and adult) and foster care involvement, hired to provide resources and linkages and workshops in the community.</p> <ul style="list-style-type: none"> ➤ System Navigators would be trained in community resilience, accessing services, and navigating systems to obtain services. Additional trainings to include Mental Health First Aid, Mental Health 101, and Motivational Interviewing. <ul style="list-style-type: none"> ▪ Facilitate monthly meetings (Village Circles) hosted in the identified service areas. Activities to include celebrity hosts, community discussions pertaining to health, wellness, and tools for self-help. ▪ Each System Navigator would be mentored by agency staff members to address individual goals and resources including housing, substance abuse treatment, mental health, and employment. ▪ System Navigators would be provided a T-shirt/ID badge and paid weekly incentives for their volunteer work. ➤ Community Engagement event (Block Party)- invite community members from barbershops, beauty shops, churches, afterschool programs, clinics, senior centers, grocery stores to participate. <ul style="list-style-type: none"> ▪ Include Food trucks/community vendors'/celebrity 		

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	<p style="text-align: center;">hosts</p> <ul style="list-style-type: none"> ▪ System Navigators to assist in planning and outreach efforts. 		
Announcements	<p style="text-align: center;">Community Healing and Trauma Prevention Center Grand Opening</p> <p style="text-align: center;">Wednesday, September 5th, 2018 10:00 am-12:00 noon</p> <p style="text-align: center;">Please join Supervisor Mark Ridley-Thomas at the opening of the Community Healing and Trauma Prevention Center for a morning of healing arts, spiritual wellness, guest speakers and refreshments CONTACT THE LMA MCCLINTON AT TMCCCLINTON@PH.LACOUNTY.GOV OR (3 2 3) 5 6 8 - 8 7 8 1</p>		Desiree DeShay

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Next meeting	August 30, 2018 African Communities Public Health Coalition 3731 Stocker St. Suite 201 Los Angeles, CA 90008 2pm-4pm		Desiree DeShay

Respectfully Submitted

Desiree DeShay-Weakley

LACDMH
 Program Support Bureau
 Quality Improvement Division
 AAA UsCC Liaison