

LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH
AFRICAN/AFRICAN AMERICAN UsCC SUBCOMMITTEE
MINUTES – June 5, 2018
Location: MLK Jr. Center for Public Health
Community Engagement Room # 1003
11833 S. Wilmington Ave.
Los Angeles, CA 90059
2pm-4pm

Date: June 5, 2018

Present: Romalis Taylor, Makesha Jones-Chambers, Desiree DeShay-Weakley, MC Harris, Kenisha Trotter, Nina Womack, Belanie Brown, Senait Admassu, Dawn Franks, Dr. Kay Ramsey, Phyllis Hayes, Howard Eley, Mirtala Ward-Parada Naga Kasarabada, Dana Calloway, Lorenzo Murphy, Brenda Ingram, Stephany Powell, Maria Blakely, Jeremiah Blakely and Lakeisha Jones.

Participants via conference call: Wendi Cabil, Denise Ellis

Agenda Items	Comments/Discussion/Recommendations/Conclusions	Action Item	Person(s) Responsible
Welcome & Introductions	Attendee introductions		AAA UsCC membership
Review of Minutes	The April 19 th meeting minutes were reviewed and approved with one correction noted. Romalis Taylor asked for a motion; the motion was made by Senait Admassu and seconded by Phyllis Hayes. Romalis called for the vote and the motion was carried and minutes were approved. There was one abstention by Wendy Cabil.		Co-chairs
SLT Updates Dept. Mental Health Update	SLT(System Leadership Team) Highlights We Rise LA Mental Health Campaign <ul style="list-style-type: none"> • This was a ten-day May Mental Health month campaign that took place from May 19, 2018 through May 28th; This campaign targeted young people ages 14-25. The event was a cultural experience that included a guided art tour, performances, panel discussions and powerful interactions to explore the wide range of issues related to mental health. • On Saturday, June 9th DMH will host an all staff barbeque at the We Rise headquarters to thank everyone for all their hard work and efforts. • Naga Kasarabada who is the MH Program Manager III over the Quality Improvement Division will be transferring to work at DMH's Access Center in Norwalk at the end of June. The process has begun to hire behind her item. 		Romalis Taylor Mirtala Ward

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	<ul style="list-style-type: none"> • The Inaugural LGBTQ Conference will be Wednesday, June 6th 2018 at the California Endowment from 8am 5pm. There will be great panel discussions and Dr. Sherin will deliver the opening remarks and Dr. Curly Bonds is also scheduled to speak. • Mirtala also mentioned that the final approval of DMH's re-org is pending and there are no further updates. • Mirtala also spoke about the May is Mental Health Month ethnic media campaign that targets the following communities: Cambodian, Chinese, Japanese, Indian, Korean, and Arabic speaking communities. 		
<p>Focus group</p>	<p>Romalis Taylor encouraged the AAA UsCC members to submit requests to be workshop presenters at the upcoming African-American conference, which will be February 28, 2019. The new Clinical Director Dr. Curly Bonds will participate in conference as well.</p> <p>UsCC Capacity Building Projects Brainstorming Sessions</p> <p>Communications Projects: To develop Village Circle Meetings in three Service Areas one, six and eight. The discussion would center on birth disparities, suicide prevention (Youth/Adult), homelessness, fatherhood and peer advocacy.</p> <p>Capacity Building Projects which may include following:</p> <ul style="list-style-type: none"> • Develop a strong media campaign to promote this project. • Develop a Website. 		<p>Romalis Taylor</p>

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<p>discussion on the 2018-2019 Capacity Building Projects</p>	<ul style="list-style-type: none"> • Develop Commercials (TV or radio) • Conduct Town hall meeting; involve Faith-Based leaders or organization and within the TAY community. • Project will be conducted for 6 to 8 month. • Panel discussions on birth disparities, suicide prevention (Youth/Adult), homelessness, fatherhood and peer advocacy. • Transportation for getting the clients to the locations. • Food trucks and vendors/donations at the village • Sponsorships for the projects • Capture community input and recommendations • Need possible celebrity host (Jesse Williams) • Pre and Post Survey needed • Create real engagement with families; how to recognize and help people. • Create and find resources <p>Telephone Group: Community workshops: will target non-traditional settings such as hair salons and barbershops</p> <ul style="list-style-type: none"> • Where do black people go to spend quality time • Offer people training on community resilience • Focus on Wellness • Three Tier levels <ul style="list-style-type: none"> ○ Engagement (pilot one area) ○ Invite them to be trained in the community ○ Churches <p>Outreach & Engagement:</p> <ul style="list-style-type: none"> • Community ambassadors that will be connected with the community and will provide door to door mental health education and outreach. <ul style="list-style-type: none"> ○ The community ambassadors need to “brand” themselves in the 		<p>Dr. Makesha Jones-Chambers</p>

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	<p align="center">community by possibly wearing a t-shirts that makes them identifiable and the community can make a connection with them.</p> <ul style="list-style-type: none"> • Block Party <ul style="list-style-type: none"> ○ Workshops run by Clinicians ○ Education and Resources ○ Provide the community with educational tools so that they can have options ○ Speakers with lived experience • Mentorship Program for recently released Inmates <ul style="list-style-type: none"> ○ This is a prevention strategy that will provide support and mentoring for recently released inmates to avoid relapse and re-incarceration. ○ Meet people where they are, i.e. transitional housing ○ Empower them and position them to get the help and resources they need and require ○ Provide education regarding the benefits of taking medications and other mental health treatment modalities to avoid relapse. • Educational Videos at High School Sites <ul style="list-style-type: none"> ○ Develop videos for parents to educate them on mental health issues, which will be in distributed at the family wellness centers at high school settings. ○ Develop role plays on how to talk with children on various topics <ul style="list-style-type: none"> ▪ LGTBQ ▪ Substance misuse ▪ Suicide prevention ▪ Hospitalization ▪ Videos that are ethnic specific and culturally linguistic ▪ Evidence-based prevention programs / school fundraisers within the community <p>Research & Community</p>		

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	<ul style="list-style-type: none"> • Create a curriculum centered around sex trafficking and prevention • Hiring staffing within the mental health system that can connect with the AAA community. • Develop screening tools to meet them where they are. • Meetings in the community; can be holistic and the focus should be the whole person care: <ul style="list-style-type: none"> ○ Spiritually ○ Emotionally ○ Physically ○ Healing circles ○ Talk circles ○ Faith-based organizations 		
<p>Announcements</p>	<p>May is Mental Health Mini-Grants Projects going on through mid-June.</p> <ul style="list-style-type: none"> • Black Men’s Discussion Session: June 7, 2018 at 4pm-6pm Location: 520 N. La Brea Ave Inglewood, CA 90301 • Neighbors Care for Neighbors (Block Party) June -9, 2018 from 1pm-5pm. Location: 830 W. 130th St. Compton, CA talking about stigma associated with mental health which hinders communities of color. • Protect Our Girls by Not Forgetting Our Boys - May 30th, June 4th and June 9th. Dr. Stephanie Powell and Dr. Brenda Ingram will be presenter 		<p>Desiree DeShay-</p>

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	<p>on a workshop that focuses in sex trafficking; there will also be a focus on men who become the “traffickers”.</p> <p>World Refugee Day Refugee Forum - Saturday June 23, 2018 12pm-7pm. Location: Columbia Park 4045 190th St. Torrance, CA 90504 This event was presented by The African Communities Public Health Coalition and Masjid Salaam</p>		
Next meeting	<p align="center">July 26th, 2018 Lennox Library 4359 Lennox Blvd. Lennox, CA 90304 2pm-4pm</p>		<p align="center">Desiree DeShay</p>

Respectfully Submitted

Desiree DeShay-Weakley

LACDMH
Program Support Bureau
Quality Improvement Division
AAA UsCC Liaison