Cultural Competency

INTENTIONAL PEER SUPPORT (IPS) 5-DAY CORE TRAINING

DATE & TIME: March 23, 2020 – March 27, 2020 9:00 AM – 4:30 PM

Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE: Liberty Community Plaza
14181 Telegraph Road.
Whittier, CA 90805

PARKING: Free On-Site Parking

ATTENDANCE FOR ALL DATES IS MANDATORY

Intentional Peer Support is an innovative practice that focuses on how to build and grow relationships based on mutuality and shared mental health experience. In this highly interactive 5-day training, participants learn the principles of IPS, examine assumptions about who they are, and explore ways to create relationships in which power is negotiated, co-learning is possible, and support goes beyond traditional notions of “service.” Other topics to be covered during the training include: Trauma, Crisis Alternatives, Ethics and Boundaries, Abuse Reporting and HIPAA. This innovative curriculum details the difference between peer support and other helping practices; and, has been widely used as a foundational training for people working in both traditional and alternative mental health settings.

TARGET AUDIENCE: Open to DMH and DMH Contracted Peer Support Staff

OBJECTIVES: As a result of attending this training, participants should be able to:
1. Design guidelines for establishing a learning-community based on needs/styles/talents not instruction alone
2. Develop a peer program based on critical self-awareness
3. Explain peer support in the context of social change and social justice
4. Identify what makes peer support different from other kinds of help
5. Identify the three principles of Intentional Peer Support
6. Recognize the four tasks of IPS
7. Approach crisis as an opportunity to grow
8. Utilize an individual's strengths to cope with a crisis
9. Demonstrate ways to connect, become aware of disconnects, and work to reconnect
10. Use experience to relate and build trust
11. Identify challenging situations and negotiate conflict
12. Name and negotiate power in relationships
13. Assess the quality of relationships instead of fixing one another
14. Describe the impact of clinical and labeling language
15. Recognize how trauma affects lives
16. Design trauma-informed and mutually responsible relationships
17. Define self-care when working in a peer support environment
18. Use peer support in crisis alternatives

CONDUCTED BY: Steven Morgan, Lead Trainer, Intentional Peer Support Institute & Eva Dech, Lead Trainer, Intentional Peer Support Institute

DMH Employees register at: http://learningnet.lacounty.gov
Contract Providers register here: https://forms.gle/6ER6EhqC83Craxr8

Revised: 12/2016
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<th>COORDINATED BY:</th>
<th>Anna Perne, LCSW, Training Coordinator or Maria Contreras, MA, Training Coordinator</th>
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