☒ Cultural Competency ☒ CGF Designation

Black Family Mental Wellness and Inter-Generational Trauma:
A Systemic Approach

DATE & TIME: **February 12, 2020** **9:00 AM – 4:00 PM**

All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE: **Rancho Los Amigos**
7601 E. Imperial Highway
Outpatient Building 1st fl., Rm 1088 (Auditorium)
Downey Ca, 90241

PARKING: **Free parking on site: Participants can park in the parking structure directly across from the training building.**

The inter-generational and individual development of Black American families occurs in a space dominated by Eurocentric frameworks of power and success. The history of colonialism, African enslavement and contemporary development within a dominant White national context creates a unique set of ecological risks factors. These risks play significant roles on the health and socio-cultural trajectories of Black American families across several domains. This course provides a clear understanding of how structural racism, inter-personal racism, inter-generational trauma, intersectionality and contemporary oppression inform and shape wellness for Black families.. This system of practices and experiences disenfranchise families in ways that negatively impact both psycho-social outcomes and behavioral health factors. This course lays a foundation toward a holistic, evidence informed, culturally empathic approach to addressing contemporary conditions of Black American families.

TARGET AUDIENCE: DMH Clinicians

OBJECTIVES: **As a result of attending this training, participants should be able to:**

1. Analyze the historical construction of race-based structural systems that support subjugation and oppression.
2. Analyze their personal and professional biases to understand how their lived experiences impact the practice model they adopt in the workplace.
3. Integrate the development of historic institutions with contemporary conditions to create an assessment of needs and strengths grounded in cultural humility.
4. Estimate the differential impact of intersectionality on Black families to support the development of protective factors that support sustainable change.
5. Explain how trauma is transmitted across generations of people and communities that share group membership and a history of trauma.
6. Identify contemporary environmental risk factors to explain the mechanisms that create measurable dangers for Black families.

CONDUCTED BY: **Donald Grant, Ph.D**

COORDINATED BY: **Lucious Wilson, MA, MPA Training Coordinator**
ltwilson@dmh.lacounty.gov

DEADLINE: **When maximum capacity is reached**

CONTINUING EDUCATION: **6 CEU hours for BBS, BRN, CCAPP-EI**
6 CE hours for psychologists

COST: **NONE**

DMH Employees register at:
http://learningnet.lacounty.gov

Contract Providers complete attached training application

County of Los Angeles Department of Mental Health

NON-DMH STAFF TRAINING APPLICATION FORM

Please Print or Type

Instructions

Each individual must complete a separate application form for each training he/she wishes to attend. Please complete the application in full. Applications will not be processed with incomplete or inaccurate information. Notification of registration confirmation for a training will be provided by the training coordinator.

If this training is CGF funded, Jail MH staff may submit an application to attend this training and will be notified one week prior to the training date, if openings are available. Refer to the training bulletin for CGF designation.

For trainings, sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Unless otherwise specified, walk-in registrations will not be admitted. Late arrivals will not be permitted.

Training Title: **Black Family Mental Wellness and Inter-Generational Trauma: A Systemic Approach**			
Date(s) **February 12, 2020**		Training Coordinator	
County Employee Number *(non-county employees supply the last four digits of the SSN)*			
Name **(Print clearly or type)**			
Program, Service or Agency			
Job Title			
Address			
City		Zip Code	
Telephone		Email **(Print clearly or type)**	
License or Credential Number(s) (complete as many as applicable)			
CAADAC	LCSW	LPT	LVN
MD	MFT	Psychologist	RN
Supervisor's Approval (Applications will not be processed if not signed by supervisor) Print Supervisor Name Supervisor's Signature		For processing, please return Application to: **County of Los Angeles – Dept. of Mental Health** **PSB – Workforce Education & Training (WET)** **695 S. Vermont Ave., 15th Floor** **Los Angeles, CA 90005** **Fax: (213) 252-8776** **Phone (213) 251-6872** **Email: ltwilson@dmh.lacounty.gov**		

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