GLOSSARY OF TERMS AND ACRONYMS

Clinical Champion (CC): A clinician who successfully completed both the ICBT Initial training program and Clinical Champion training. A CC can offer supervision and consultation to clinicians providing ICBT to clients at the same agency.

Consultant: A licensed clinician with certification at both the practitioner level and trainer level from a recognized CBT organization. While capable of conducting trainings in CBT, this person or persons have been assigned the consultant role and will provide consultative services to the trainees assigned to them.

Consultative Services: Services that include providing consultation to a group of trainees during weekly calls, reviewing and scoring case conceptualization write-ups, and reviewing and scoring audio recordings of CBT sessions. For the CC trainings, consultative service also includes reviewing and scoring supervisee conceptualization write-ups.

Contractor Discrepancy Report (CDR): A written report prepared by the County to identify Contractor’s specific failures in meeting contract standards.

Countywide: Extending throughout Los Angeles County’s (LAC) eight (8) service areas.

Service Areas (SA): LAC is administratively divided into eight (8) service geographically-based Service Planning Areas, also referred to as “Service Areas”. This organizational structure facilitates closer coordination among agencies providing services in that geographic area.

Directly Operated Clinics (DO): County mental health service delivery sites that operate under the DMH’s jurisdiction, and are staffed by County employees.

Director: LAC’s Director of Mental Health or his authorized designee.

Evidenced-Based Practice (EBP): A type of treatment practice based on information gathered by a systematic review of published research; treatment reflects the best available information rather than perceptions of therapeutic efficacy, which can be inaccurate.

Individual Therapy: Psychotherapy delivered to one (1) client.

Network of Care: DMH’s directly operated programs and contracted agencies that provide mental health services in LAC.
**Trainer:** A licensed clinician with certification at both the practitioner level and trainer level from a recognized CBT organization. This person or persons will deliver the ICBT Initial trainings and be the designated trainer(s). Trainer(s) can also serve as consultant(s) and provide consultative services to the trainees assigned to them.

**Threshold Language:** The State Department of Mental Health tracks how many people are served in each county in mental health. If a county has 3,000 Medi-Cal consumers that speak a certain language, then that language becomes a “threshold language” and the county is required to provide services and written materials in that language. Los Angeles County has 13 threshold languages (i.e., English, Arabic, Armenian, Cantonese, Farsi, Khmer, Korean, Mandarin, other Chinese, Russian, Spanish, Tagalog, and Vietnamese). Most counties have 1-3 languages.