

LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH (LACDMH)
OFFICE OF ADMINISTRATIVE OPERATIONS – QUALITY IMPROVEMENT DIVISION (OAO-QID)
Service Area Advisory Committee (SAAC4) – October 2019

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| Type of Meeting: | SAAC 4 MEETING | | Date: | 10/17/2019 |
| Location: | Founders Church of Religious Science 3281 W 6th Street Los Angeles, CA 90020 | | Start Time: | 1:30pm |
| | | | End Time: | 4:00pm |
| Attendees Present | <p>On-site: Mildred Anguiano, Vickie Clark, Sandra Clayton, Dorit Dowler-Guerrero, Jeffrey Fuentes, Jennifer Goble, Emma Hernandez, Emily James, Maria Elena Juarez, Mark Kermatz, Elsy Molina, Jessica Montemayor, Juanita Montes, Sr., Seung Nah, Lolita Namocaticat, Carmen Perez, Carly Randolph, Annmarie Reed, Esiquio Reyes, Christina Salazar, Jesus Romero, Jr., Regina Santos, Renee Tate, Harold Turner, Blanca Watson, Chuck Woodruff, Gary Montez, Jason Brown, Monica Alcaraz, Christina Nairn, Angel Valdez, Cynthia Cewar, Amy Curtis, William Tanner, Makesha Jones-Chambers, Seong Yeop Lee, Juan Alfaro</p> <p>Minutes Secretary: Valencia Gunn</p> | | | |
| Agenda Item | Discussion and Findings | Decisions, Recommendations, Actions, & Scheduled Tasks | | Person(s) Responsible |
| 1. Welcome and Introductions | Introductions were made around the room. | | | <i>Pastor Nah</i> |
| 2. DMH Update | <p>The new co-chairs will facilitate the meeting.</p> <p>Jesus Romero, Jr., Program Manager Hollywood Mental Health</p> <p>TRIESTE – (True Recovery Innovation Embraces Systems That Empower)</p> <p>Promotion of Dr. Christopher Thompson, Chief of Forensic Psychiatry for DMH</p> | <p>Pastor Nah Carmen Perez Esiquio Reyes</p> <p>TRIESTE Project has been approved by the MH Oversight Commission for the state but the funding has not been accepted by the county of Los Angeles, so until the Board of Supervisors accepts the funds, the project will not start.</p> <p>He will provide overall direction and leadership for programs designed to address the needs of</p> | | <p><i>Christina Salazar</i></p> <p><i>Jesus Romero, Jr.</i></p> |

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| | <p>Christina Nairn, Program Manager Downtown Mental Health</p> | <p>justice-involved populations across the lifespan. He will also coordinate with various programs having to do with substance abuse prevention: Department of Public Health, Health Services (CHS and ODR), Sheriff, Probation, Children and Family Services in addition to the Courts.</p> <p>She has been with the Genesis program for about 16yrs doing field-based services for older adults (60 & over). It's an integrated care model where nurses are utilized to provide medical, psychological and psychosocial support by going into the community and client homes to treat them.</p> | <p><i>Christina Nairn</i></p> |
| <p>3. Co-Chair Discussion</p> | <p>General SAAC Co-Chairs Meeting <u>October 8, 2019, 11:30am at Headquarters</u> The main focus of the meeting were to discuss the inmate diversion program and how to offer assistance and resources as they return to the community; and translating NAMI (Family-to-Family) material into the five key languages targeting LA county.</p> <p>SAAC7 Town Hall Meeting October 24, 2019 at Garfield High School Registration and Dinner 4:30pm-6:00pm Town Hall 6:00pm-8:30pm</p> <p>The co-chairs created a few questions in Survey Monkey to better understand the communities in which they serve.</p> | <p>December Retreat for all co-chairs to discuss the future of their service area. -issues in all SAAC districts -discuss the roles of the SAAC co-chairs -plan for the future</p> <p>A Sheriff's representative will discuss the Inmate Diversion Program.</p> <p>The questions are in regards to what your needs are as a member, your expectations of the co-chairs and what you know about the MHSA Act.</p> | <p><i>Pastor Nah</i></p> <p><i>Carmen Perez</i></p> <p><i>Esiquio Reyes</i></p> |
| <p>4. Holiday Event Update</p> | <p>"A Day of Giving" Los Angeles City College campus Thursday, December 5, 2019 at 12 noon</p> | <p>LACC has offered to partner this event with us and use of their campus. They are providing chairs, canopies, PA equipment, tables, etc.</p> | <p><i>Christina Salazar</i></p> |

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| | <p>If you are interested in volunteering or tabling the event, please send an email to Christina Salazar. csalazar@dmh.lacounty.gov</p> <p>RAFFLES!!! FOOD!!! GAMES!!! PRIZES!!! MUSIC!!! FUN!!! RESOURCES!!!</p> | <p>We are reaching out to all SAAC and Health Neighborhood providers for Boyle Heights and Hollywood to cap the providers at 45.</p> <p>We are asking for donations of 25-30 basic essentials for winter such as hats, gloves, toys coats, socks, etc. New and/or used items.</p> | |
| 5. Break for Translators | Do the translator's need a break? | 5 minute break | <i>Translators</i> |
| 6. Community Voice | <p>The co-chairs presented a few general questions for the members to discuss. They broke into groups for a 20 minute discussion and sharing of ideas.</p> <p><u>QUESTIONS</u> What is effective in receiving treatment?from a provider prospective.</p> <p>...from a consumer prospective.</p> | <p>Questions</p> <ol style="list-style-type: none"> 1. What has been your biggest obstacles while working in the community? 2. What do you want the co-chairs to focus on for next year? 3. What did you like about participating in SAAC today? 4. Is there anything else you would like to discuss? <p><u>IDEAS/SUGGESTIONS</u></p> <ul style="list-style-type: none"> - consumer counselors are available -DMH in the community more -a voice in the treatment received -CES is effective -break down the stigma of mental health -attract younger consumers -Mental Health fairs -increased collaboration -troubleshooting is happening -resistance to change -not receiving therapy in their own culture -relationship-building is difficult -loss of staff -large caseloads -lack of communication in the DMH system | <p><i>Pastor Nah</i></p> <p><i>Carmen Perez</i></p> <p><i>Esiquio Reyes</i></p> <p><i>Group Members</i></p> |

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| | <p>What are your expectations for the co-chairs in 2020?</p> <p>What did you like about participating in SAAC?</p> <p>Is there anything else you'd like to discuss?</p> <p>Coordinated Entry System (CES)</p> | <p>Community and provider engagement, targeted approach, involve other SAs, clarity of vision and roles, transparency, homelessness, more events and projects, testimonies of hope, and participation from providers and members.</p> <p>Transparency, honesty, exchange of ideas and expressing how we feel.</p> <p>We would like to see testimonies or stories of hope to validate the work that we are doing or the journey that we are taking. Any large agencies that receive monies from DMH would be encouraged to have a consumer quality assurance board to guarantee the voice of the consumers are being heard.</p> <p>This system was designed to recommend the best type of permanent housing solution for someone experiencing homelessness.</p> | |
| <p>7. Updates / Announcements</p> | <p>MH Commission's Quarterly SAAC Meeting Garfield High School 5101 E. Sixth St., Los Angeles, CA 90022</p> <p>SHARE! RECOVERY RETREAT FREE! Two Weeks To a Better Life (626) 677-3850</p> <p>SHARE - FREE TRAINING!!!</p> | <p>SAAC7 Town Hall Thursday, October 24, 2019 /4:30pm – 8:30pm Registration and Dinner 4:30pm-6:00pm Town Hall 6:00pm-8:30pm</p> <ul style="list-style-type: none"> *Recovery Activities *Free Room and Board (up to 2wks) *18yrs and older *Peer-designed & client run *Design your own recovery journey <p>Become a certified PEER SPECIALIST</p> <ul style="list-style-type: none"> *Mentoring *Job Support *Self-Care *DMH Documentation | |

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| | <p>SHARE! Collaborative Housing Toll Free 1-877-SHARE-49 OR 1-877-742-7349</p> <p>Family Health Navigator Training Certification Program – FREE!!! (40 slots available)</p> <p>SAAC4 Holiday Meal (November 2019)</p> | <p>Offers safe, affordable, supportive housing for people with disabilities. For more information call (310) 846-5271</p> <p>A training focused on working with parents/caregivers to address mental and physical health for their children and family.</p> <p>Please come and partake!!!!</p> | |
| <p>Next Meeting</p> | <p>TBA / Founders Church of Religious Science 3281 W 6th Street Los Angeles, CA 90020</p> | | |