COUNTY OF LOS ANGELES DEPARTMENT OF MENTAL HEALTH AMERICAN INDIAN/ALASKA NATIVE UREP SUBCOMMITTEE

MINUTES – Monday, June 23, 2014 Location: United American Indian Involvement Los Angeles, California

ATTENDEES: Angela Trenado, Carrie Johnson, Charlotte Lujan, Cheryl McKnight, Dan Dickerson, Kurt Schweigman, Mark Parra, Nina Tayyib

WELCOME, INTRODUCTIONS

AIAN UREP Capacity Building Project 13-14 update (Kurt Schweigman)

As of last week, Kurt Schweigman MPH (Oglala Lakota), has been awarded the bid for the project that was developed and proposed by the Al/AN UREP subcommittee, "American Indian/Alaska Native Spirit Wellness Project". Once

Kurt introduced himself to the AI/AN UREP subcommittee and discussed his experience, including the CRDP report and the CalMHSA Each Mind Matters campaign. Some ideas were discussed regarding the present project and the subcommittee provided feedback. The committee suggested that Kurt target SA 1 as part of this project, since the AI/AN community there is very isolated. Also discussed were various meetings and committees in the AI/AN community that Kurt could access/consult with as part of the project.

The suggestions will be discussed with DMH. Kurt and the subcommittee were informed that the SOW cannot be changed to DMH policy, but DMH will discuss the suggestions further with Kurt and finalize. After the meeting with DMH, the project can be implemented.

UREP Capacity Building Project 14-15 (Nina Tayyib)

At this time, the AI/AN UREP can propose one or more capacity building projects for Fiscal Year 14-15. The project must meet the MHSA CSS guidelines and be a capacity building project that will benefit whole AI/AN community.

Since the conference is one ongoing Al/AN UREP project, there is \$64,000 for an additional capacity building project(s). Projects will be discussed by the Al/AN UREP. The subcommittee will vote to determine which project proposals are submitted to DMH. The proposal(s) should be submitted by the end of July 2014.

Once submitted, DMH will review and approve. Once approved, the project will be processed by DMH and ISD and put out to bid. Anyone interested in bidding for the project must become a registered vendor for the County. Vendors will be able to bid for the project. Once the project is awarded to a vendor, it will be implemented for one year. Given the time it takes for approval, there may be projects overlapping and taking place at the same time.

The group reviewed some of the previously nominated projects. These included a health education project

- Nina will send out an email to encourage members to email their ideas for projects.
- The Al/AN UREP will meet to discuss and develop capacity building project(s) and submit a proposal by July 2014

about Fetal Alcohol Syndrome targeting the Al/AN community, outreach and education to youth, etc.

- A follow up to a previous study on Census data allow for a more accurate data counts for the AI/AN
 community in LA County so that the data is more accurate. Dr. Ong previously had completed this
 research on the 2000 Census.
- Providing trainings around youth and cultural competency. Carrie shared that they are working with the ICWA judge in LA to put together resources for Al/AN foster families, which will be added to the Red Pages.
- Outreach and Engagement effort targeting Al/AN students in an effort to increase Al/AN mental health professionals. Mirtala shared some UREP projects that are targeting students using multimedia.
- Documenting Native stories via digital storytelling. This could range from individual stories or stories
 relating to tribal heritage/origin stories. The stories could be put online so that they can be accessed
 by the larger Al/AN community. A suggestion was made to partner with the Autry in this effort. There
 was discussion about also printing the stories and having them available in waiting rooms of Al/AN
 agencies.

Ideas discussed at this meeting included the following:

- A project that would include the Indian Child Welfare Act and cultural competency.
- Developing Public Service Announcements (PSA) to increase awareness of mental health issues and
 resources in the Al/AN community. There was a discussion about how there are 160,000 Al/ANs in LA
 County, but very few know about community resources. The committee felt that this would build on
 the previous project and help decrease health disparities as well as clarify misperceptions of the Al/AN
 community, by community members and the general public.

The committee agreed to solicit a final email to encourage subcommittee members to email and/or attend and present their ideas. The next meeting will be the last opportunity to present ideas for projects for 14-15. UREP members were informed that they can conduct Ad Hoc meetings to accommodate AI/AN community members schedules, but official voting will need to occur at the AI/AN UREP meetings where DMH representatives are present.

At the next meeting, the project idea will be finalized and a proposal will be submitted to DMH by the UREP.

Announcements: None

Next Meeting: Monday, July 7 from 2:30-3 at UAII