

**COUNTY OF LOS ANGELES – DEPARTMENT OF MENTAL HEALTH  
AMERICAN INDIAN/ALASKA NATIVE UREP SUBCOMMITTEE**

MINUTES – Tuesday, November 17, 2015  
Location: United American Indian Involvement  
Los Angeles, California

**ATTENDEES:** Angela Trenado, Bernice Mascher, Carrie Johnson, Lolita Namocatcat, Mirtala Parada Ward, Raul Garcia, Roxana Linares, Sunnie Whipple

**Via phone:** Hector Ramirez

**WELCOME/BLESSING/INTRODUCTIONS**

**Capacity Building Projects**

- **AI/AN Media Campaign FY 2014/2015 – Update**
  - The final commercial was shared with the subcommittee and they approved it
    - The commercial will air the first week of December 2015
    - The schedule with the airing times and dates will be forwarded to the subcommittee once Mirtala receives it
  - The following concerns regarding the calls to the Access center were discussed:
    - Do operators ask for the consumer’s ethnicity?
    - Do operators know where or who to refer the consumers to?
    - How will the operator know if these consumers are Native Americans?
      - Mirtala will follow up on these questions and will get back to the subcommittee when she has that information
  
- **Selection and voting for FY 2015/2016 Capacity Building Projects**
  - The subcommittee voted on the Countywide Workforce trainings for professional staff (clinicians) to become more culturally sensitive to the needs of the Native American community
  - The following ideas and aspects were discussed for this capacity building project:
    - Trainings by Service Area (SA) (e.g. four-eight hour trainings per SA)
    - Identify the number of clinicians to be trained in the LA County (e.g. population/clinician density per SA)
    - Room capacity is for 40 trainers (max) per 6 hours
    - Hire a trainer that has cultural experience with the Native Americans or someone who has lived experience from a cultural perspective
    - Have two presenters; a professional and a person with lived experience
    - Trainings on historical and generational trauma and how it affects the Native American community
    - Possible trainings at the Cal Endowment
    - Trainings on cultural and spiritual empathy
    - Elders play an important role; an elder should be brought to these trainings to share their experiences and how elders may be engaged
    - Have a one day conference that will cover the three topics (e.g. intergenerational, cultural competency, and clinical) to providers across the county
    - Provide CEUs
  - The curriculum will include and will focus on real issues like historical and generational trauma
  - Have Julia Bogany present on the training curriculum she helped develop with the Department of Behavioral Health in San Bernardino
  - What will the referral process look like for those consumers who do not want traditional therapy and would like to be referred to a spiritual healer?
    - How will it be assessed? How is it going to look like? Where will they be referred to?

- Mirtala is going to summarize all of the ideas that were discussed at today's meeting, she will share it with Mark Parra to acknowledge his idea for these trainings and then Mirtala will share it with the subcommittee via email for voting
  - Due to the holidays, discussions and voting will be done via email; voting will be done by December 1<sup>st</sup>

#### **Announcements**

- A board letter will be drafted for a three year approval of an AI/AN Conference for 2017
- The Health Promoters RFS process has been given to Ana Suarez who is now the lead. Mirtala will continue to work with Ana by facilitating the engagement of the UREP groups. Focus groups are going to be held and Mirtala will be contacting the AI/AN subcommittee for cultural specific components for the Native American communities. The focus groups are anticipated to be scheduled by December 2015 and running by January 2016.
- Raul Garcia from Changing Spirits announced the following:
  - The next Native American Neighborhood Network (NANN) meeting will be in December. Complete details will be sent to the subcommittee by Raul.
  - NANN's new website has launched. Search names are: "NANN" or "NativeAmericanHealth.org"
  - NANN is currently working on a newsletter and cultural sensitivity workshops for those agencies that provide services to Native Americans
  - NANN is currently working with subcommittees who are gathering information for needs assessments

**Next Meeting:** TBA