

**COUNTY OF LOS ANGELES – DEPARTMENT OF MENTAL HEALTH
PROGRAM SUPPORT BUREAU – QUALITY IMPROVEMENT DIVISION**

**AMERICAN INDIAN/ALASKA NATIVE (AI/AN) UsCC SUBCOMMITTEE
MINUTES**

1:30 p.m. – 3:30 p.m.

AICC

Date: October 6, 2016

Present: Belinda Smith, Michelle Enfield, Angela Trenado, Raul Garcia, Rebecca Chavez, Marissa Abril, Ava Imotichey, Delberto Hunter, Belinda Najera, Dan Dickerson, George Funmaker, Sue E. Annis, Marlene Garcia, Kelly Wilkerson

By phone: Sherry White

Agenda Items	Comments/Discussion/Recommendations/ Conclusions
Welcome/Blessing/ Introductions	Attendee introductions
Review of minutes	August meeting minutes approved
Announcements	<p><u>Upcoming Events/Other Items</u></p> <ul style="list-style-type: none"> • Belinda Smith shared information with the subcommittee regarding some upcoming events • Sherry White shared regarding the Grandparent’s breakfast that took place the previous Saturday. She also talked about a fundraiser the Elders are doing to collect blankets and warm weather clothing to send to Standing Rock. Anyone who wants to contribute can call Sherry (562-760-0425). The deadline to contribute is 10/17/16. • Concern shared by Ava Imotichey that the Native American voice is not being heard by those in charge with regards to the merging of the three county departments (DMH, DPH, DHS) into one Health Agency (Recommendation that co-chairs share this concern at the UsCC Leadership meeting) <p><u>UsCC Graduate Recruitment Program</u></p> <ul style="list-style-type: none"> • This program is officially open for applications • Flyer was sent out via email and is included with the meeting materials • Application deadline is 11/6/2016 <p><u>Questions</u></p> <ul style="list-style-type: none"> • Would someone in a 3-year MSW program be eligible for the UsCC Graduate Recruitment Program? This would be a question for the WET Division. Kelly to send out the flyer and contact information to the subcommittee.
Project Updates	<p><u>Clinical Mental Health Training</u></p> <ul style="list-style-type: none"> • The project started 9/1/16

	<ul style="list-style-type: none"> • The co-facilitators have been identified • The first trainings will take place in December at UAll in Service Area 4
Future Capacity Building Projects	<ul style="list-style-type: none"> • Subcommittee reviewed ideas that were identified in the previous subcommittee meeting • Project for FY 2016-17 must be implemented quickly and be completed by June 2017 <p><u>Themes/Topics/Ideas from previous meeting</u></p> <ul style="list-style-type: none"> • Media Campaign with FNX (First Nations Experience) targeting the Native American community • Project focusing on co-occurring disorders-possibly utilizing the PSAs-developing resource guides or materials that list health/mental health/substance abuse providers (resources where co-occurring disorders can be treated) • White Bison Training-implement again in Los Angeles County, in particular a training for doctors regarding substance abuse and the Native American community (two tracks-one for professionals and one for community) • Host a Townhall meeting in order to inform the community about this UsCC group-attempt to brand DMH and the Native American UsCC to make it more recognizable to the community-specifically inform the community what DMH does for Native Americans, and then bring it all together with the conference • Community discussions (focus groups/community assessment) regarding the needs, trials, tribulations and challenges within the Native American community, bring the community together and hear their needs and provide them with resources/referrals • Wellness workshops (substance abuse, physical health, mental health, nutrition, whole health/holistic approach) for Service Area 1 • Host a Health Fair for the Native American community-have someone to develop partnerships with different non-profit organizations that provide specific services to the Native American community and provide a series of wellness workshops that target children and families and provide them basic information about health, wellness, mental health, substance abuse, LGBT, HIV, nutrition, etc. • Write up a press release/article that can be submitted to tribal newspapers-inform the community at large what work the subcommittee is doing <p><u>New Ideas</u></p> <ul style="list-style-type: none"> • Work with Out Front Media to advertise with the Metro (buses, trains, etc.) • Media/advertising campaign to abolish Columbus Day-connect how the County honoring Columbus Day has a negative impact on mental health for Native Americans (Recommendation from George Funmaker that the subcommittee draft a letter to submit to the Board of Supervisors regarding this and have community members join him at the Board of Supervisors' meeting on 11/4) • Campaign to educate people regarding culturally insensitive Native American mascots, sports teams, and Halloween costumes-develop flyers or materials, write press release, media campaign-"I'm Not Your Mascot" • Hold a conference of Native American services within LA County (urban Native American health conference) on American Indian Day • Extend the conference that is planned for next year to two-days (pre-conference day) • Hold a DMH hosted pow wow (first annual) • Community readiness model involving the Executive Directors of all Native specific agencies in order to find out where

their politics lie and what their focus is-know where they stand on all issues specific to the Native American community-find out how informed they are about mental health, HIV, substance abuse issues, etc.

Recommendations

- Combine projects:
 - White Bison Training, project focusing on co-occurring disorders, wellness workshops
 - Townhall meeting, health fair, community assessment/discussion

Outcome

- Projects to focus on for FY 2016-17:
 - Media campaign with FNX
 - Advertising campaign with Out Front Media
 - Wellness workshops in SA 1
 - Host a townhall meeting
 - Press release (in addition to another project-potentially without a cost)

- Projects to focus on for FY 2017-18:
 - White Bison Training
 - Health fair
 - Pow wow
 - Community assessments/focus groups
 - Community readiness-bring leaders of Native specific agencies together (possibly do it the day before the conference)
 - Project focusing on co-occurring disorders (possibly utilizing the PSAs)-develop resource guides or materials that list health/mental health/substance abuse providers (resources where co-occurring disorders can be treated)
 - Media campaign (flyers, billboards, social media, etc.) to educate people regarding the negative impact of acculturating Native American culture through mascots, sports teams, Halloween costumes (“I’m Not Your Mascot”)

Next Steps

- Kelly to send out an email to the subcommittee to share the ideas for the project for FY 2016-17 and encourage members to come to the next meeting as the subcommittee will vote at that time on the project

Next Meeting

11/7/2016
2-4pm
United American Indian Involvement, Inc.
“G” level in the Dakota Room
1125 W. 6th Street
Los Angeles, CA 90017