

**COUNTY OF LOS ANGELES – DEPARTMENT OF MENTAL HEALTH
PROGRAM SUPPORT BUREAU – QUALITY IMPROVEMENT DIVISION**

**AMERICAN INDIAN/ALASKA NATIVE (AI/AN) UsCC SUBCOMMITTEE
MINUTES**

1:30 p.m. – 3:30 p.m.
SAPC

Date: September 13, 2016
Present: Belinda Smith, Michelle Enfield, Angela Trenado, Danielle Glenn-Rivera, Melanie Cain, Carrie Johnson, Monica Lewis, Bernice Mascher, Sunnie Whipple, Kelly Wilkerson, Mirtala Parada Ward
By phone: Charlotte Lujan

Agenda Items	Comments/Discussion/Recommendations/ Conclusions
Welcome/Blessing/ Introductions	Attendee introductions
Review of minutes	<p>August meeting minutes approved</p> <p><u>Questions</u></p> <ul style="list-style-type: none"> • How is the outreach to the universities going? Mirtala, Angela, and Kelly met with Rita Ledesma, Associate Dean from CSULA, to discuss collaborating together to engage more Native American college students in the subcommittee. We are hoping to have her come to our November meeting to discuss her goals with the subcommittee. Kelly is also outreaching to CSUN and CSULB. • Recommendation to outreach to UCLA as well. • What is the status of the UsCC Graduate Recruitment Program? We received an email this week from the coordinators of that program asking for the email list for the subcommittees. So you should be receiving an email from them soon informing you that anyone who is interested can apply. • Since the hiring practice for DMH is based on item availability, what would we do if we had a candidate for the UsCC Graduate Recruitment Program but we didn't necessarily have an item for them (i.e. Case Manager, PSW, Mental Health Clinician), is DMH going to help us to create an item so they can be placed at our clinic? That would be an HR question, but we can express your concerns once this issue is presented. One of the priorities of DMH right now is to make sure that the workforce reflects the cultures of the consumers and is more ethnically/culturally diverse. That's definitely something we can bring to the UsCC Leadership meeting.
Announcements	<p><u>Co-Chair Election</u></p> <ul style="list-style-type: none"> • Belinda Smith (DMH) and Michelle Enfield (community) were elected as the new co-chairs • Mirtala to schedule conference call with new co-chairs to discuss roles and expectations • The co-chairs will participate in the UsCC Leadership Meeting, which reports to the SLT regarding the needs of the community

	<ul style="list-style-type: none"> • Mirtala reviewed some of the other expectations of the co-chairs including facilitating the meetings and assisting with the agenda, as well as attendance at 75% of the subcommittee meetings • Mirtala explained the SLT seat process as well, including Sunnie Whipple taking over that seat (Sunnie to come present periodically at subcommittee regarding SLT matters) • Once the UsCC Rules & Agreements are approved, we will distribute them and enforce them-one of the pending changes is that in order to have voting privileges, members must attend (by phone or in person) at least 50% of the meetings <p><u>Questions</u></p> <ul style="list-style-type: none"> • What is the purpose of the UsCC Leadership meeting? Whatever information/feedback comes out of the Leadership meeting funnels into the SLT and as a body they make recommendations pertaining to how we can effectively serve the diverse cultural communities throughout the County of Los Angeles. <p><u>New Member Outreach</u></p> <ul style="list-style-type: none"> • Recommendation from subcommittee members to engage and recruit more community members in the subcommittee • Recommendation to develop flyers that are more user friendly and non-stigmatizing • Subcommittee to discuss developing a logo at a future meeting-engage a consumer or client artist to work on this as well
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<p>Future Capacity Building Projects</p>	<p><u>Themes/Topics/Ideas</u></p> <ul style="list-style-type: none"> • Media Campaign with FNX (First Nations Experience) targeting the Native American community • Food delivery service for elders (Meals on Wheels and Volunteers of America do this currently) • Project focusing on co-occurring disorders-possibly utilizing the PSAs-developing resource guides or materials that list health/mental health/substance abuse providers (resources where co-occurring disorders can be treated) • White Bison Training-implement again in Los Angeles County, in particular a training for doctors regarding substance abuse and the Native American community (two tracks-one for professionals and one for community) • Host a Townhall meeting in order to inform the community about this UsCC group-attempt to brand DMH and the Native American UsCC to make it more recognizable to the community-specifically inform the community what DMH does for Native Americans, and then bring it all together with the conference (bring the community together and hear their needs and provide them with resources/referrals) • A group for children and previously incarcerated mothers-following reintegration into the community-to discuss challenges and barriers post reunification • Community discussions regarding the needs, trials, tribulations and challenges within the Native American community • Wellness workshops (substance abuse, physical health, mental health, nutrition, whole health/holistic approach) for Service Area 1 <ul style="list-style-type: none"> ○ Host a Health Fair for the Native American community-have someone to develop partnerships with different non-profit organizations that provide specific services to the Native American community and provide a series of wellness workshops that target children and families and provide them basic information about health, wellness, mental health, substance abuse, LGBT, HIV, nutrition, etc. <p><u>Recommendations</u></p> <ul style="list-style-type: none"> • Michelle Enfield recommended that the subcommittee integrate health, employment and education in all future capacity building projects
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	<ul style="list-style-type: none"> • Subcommittee members suggested that we do extra outreach to Service Areas 1, 5, 8 • Sunnie Whipple suggested that the subcommittee hold additional meetings to brainstorm ideas, rather than making a decision today <p><u>Questions</u></p> <ul style="list-style-type: none"> • Can the money be used to buy shelter beds? It has to be mental health promotion, outreach, engagement, retention and penetration. It cannot be used for direct or supportive services. <p><u>Next Steps</u></p> <ul style="list-style-type: none"> • Kelly to send out an email to the subcommittee to elicit more project proposal ideas (150 words or less) • Once we have the list, we will bring it back to the next subcommittee meeting to be discussed further
Project Updates	<p><u>Mental Health Conference (2017)</u></p> <ul style="list-style-type: none"> • Board letter has been submitted • Pending approval <p><u>Clinical Mental Health Training</u></p> <ul style="list-style-type: none"> • Initial consultation meeting with UAll took place in August 2016 • The project started 9/1/16 • Dr. Johnson shared an update with the subcommittee - they are in the process of identifying the co-facilitator as well as locations for the trainings • Melanie Cain shared regarding one of their volunteers who may be interested in co-facilitating-she will follow up with Dr. Johnson • Mirtala reviewed the process including solicitation by Internal Services Department (ISD) and confirmed that UAll would be reporting out to the subcommittee on a quarterly basis regarding the progress of the project • Kelly to send out a copy of the Statement of Work to those who are interested
Next Meeting	<p>October 6th American Indian Counseling Center (AICC) 17707 Studebaker Rd. #208 Cerritos, CA 90703 1:30-3:30pm</p>