

**COUNTY OF LOS ANGELES – DEPARTMENT OF MENTAL HEALTH
PROGRAM SUPPORT BUREAU – QUALITY IMPROVEMENT DIVISION**

**AMERICAN INDIAN/ALASKA NATIVE (AI/AN) UsCC SUBCOMMITTEE
MINUTES**

January 10, 2017
1:30 p.m. – 3:30 p.m.
CSULA

Present: Belinda Smith, Michelle Enfield, Sherry White, Leland Morrill, Bernice Mascher, Sunnie Whipple, Rita Ledesma, Raul Garcia, Melanie Cain, Angela Trenado, Stephanie Mushrush, Gabe Pimentel, Dennis Murata, Mirtala Parada Ward, Kelly Wilkerson
Carrie Johnson, Sylvia Youngblood

By phone:

Agenda Items	Comments/Discussion/Recommendations/ Conclusions
Welcome/Blessing/ Introductions	Attendee introductions
Review of minutes	December meeting minutes approved
Dennis Murata/PEI Update	<ul style="list-style-type: none"> • Dennis Murata – asked the group if they would allow him to be the person from EMT assigned to oversee the AI/AN UsCC subcommittee for the time being – the purpose is to help navigate the DMH system and advocate for resources • Discussed the future relocation of AICC – Dennis shared that ASB is currently looking for a new facility – they are taking into consideration where the AI/AN community resides in the County and where the consumers who utilize AICC services reside • Mirtala shared regarding previous discussions in the subcommittee related to the high need for additional services in Service Area (SA) 1 • Dr. Johnson shared regarding barriers to providing services in SA 1 – lack of providers, lack of space, lots of referrals in that area but there is difficulty in finding therapists in that area – recently received several resumes and they will begin interviewing potential clinicians for SA 1, through DMH contract • Melanie Cain shared that AICC is also trying to coordinate with Tribal TANF in SA 1, but there have been challenges due to limited manpower • Dennis discussed the possibility of bringing on other individuals besides just clinicians (community workers, peer advocates, etc.) • With regards to Prevention and Early Intervention (PEI), Sunnie Whipple expressed a desire to engage more of the youth in activities other than just beading and pow-wows such as mentoring a youth group utilizing self-help and spirituality. Sunnie recommended working with the families, in particular those who are intimidated by academia – and utilizing more community/family based engagement methods. <p><u>Recommendations</u></p> <ul style="list-style-type: none"> • Recommendation from Dennis that the AI/AN UsCC subcommittee form an ad-hoc group to come up with an innovative

	<p>plan/strategy for how to expand services for this community countywide</p> <ul style="list-style-type: none"> • In thinking about expansion, we should consider building partnerships, community, and healing – possibly by developing certificate training programs that could be offered at universities like CSULA and that would be funded by DMH? How do we help people learn the skills and develop the knowledge so that they can be useful allies for us? • Recommendation to look at the Tribal Behavioral Health Agenda (TBHA) and Community Health Aid Program (CHAP) and to reach out to Mirtha Beadle at SAMHSA <p><u>Follow-Up</u></p> <ul style="list-style-type: none"> • Kelly to send a follow-up email to subcommittee with the purpose of identifying subcommittee members who are interested in being a part of an ad-hoc group (DONE 1/19/2017) • Ad-hoc group to develop a strategy for how to expand services for the AI/AN community countywide, but particularly in SA 1 • Recommendation to connect with the clinicians who attend the Clinical Mental Health Training in SA 1 <p><u>Questions</u></p> <ul style="list-style-type: none"> • How do they allocate services and generate the population identity? Are they using a GIS based format? Comparing against census? All of the above – GIS, population census data, and match to our consumer information, a lot of which is self-identification. • Sylvia Youngblood inquired regarding how Native Americans that are not being recognized by the state or federal government are outreached to and also included in population census data? LACDMH does not have a specific policy in place but most individuals self-identify. • Is there a time limit for what we can do? In terms of what we can do immediately, we should probably do that as soon as possible. • Leland Morrill inquired regarding services in Skid Row – in particular for homeless, transgender Native Americans – are there programs in place to support these individuals and provide services? Kelly to email out resources (DONE 1/12/17). Angela Trenado also offered to do FSP outreach.
<p>Subcommittee Logo</p>	<ul style="list-style-type: none"> • Reminder that an email was sent out to the subcommittee to elicit AI/AN UsCC logo possibilities – deadline extended to end of January 2017 • Kelly to send out flyer again to subcommittee (DONE 1/11/17) • Gabe Pimentel recommended reaching out to Sherman Indian High School to the students there. Stephanie Mushrush offered to email the logo request flyer to contacts at the school.
<p>Outfront Media Bus Advertising Campaign</p>	<ul style="list-style-type: none"> • Kelly and Mirtala updated the subcommittee regarding the advertising campaign: <ul style="list-style-type: none"> ○ Service Areas 4, 7, 8 ○ 3 periods total (4 weeks each) ○ March-May, 2017 ○ Taillight displays, interior bus cards, king size bus poster ○ 12 bonus weeks of interior bus cards at no cost (if space available) – June-August, 2017 • Mirtala updated subcommittee regarding a cultural specific question being added to the Access Line script – expected to be added this month – Mirtala to follow-up (DONE 1/24/17)

	<ul style="list-style-type: none"> • Kelly and Mirtala to share proofs once received from Outfront
AI/AN Mental Health Conference	<ul style="list-style-type: none"> • Kelly to email subcommittee this week to schedule first conference planning meeting (DONE 1/12/17) • Board letter still with Board of Supervisors • Recommendation for a possible workshop for the conference – intertribal panel
Clinical Mental Health Training	<ul style="list-style-type: none"> • Training taking place this week in Service Area 7 • Next training will be in Service Area 1 (1/31-2/1, 2017) • Trainings will take place twice in Service Areas 1, 7, and 8 <p><u>Questions</u></p> <ul style="list-style-type: none"> • Can subcommittee members attend? Yes. Just email Dr. Johnson. • Can we incentivize participation? Projects have had participant incentives before, but usually it is for focus groups. Typically trainings do not include participant incentives other than CEUs. • Is it possible to also provide trainings to parents with children with special needs regarding the IEP process? That could be a possible workshop for the conference. It could also be a possible future capacity building project. Projects must include a mental health component (i.e. outreach, promotion, stigma reduction, etc.).
Future Capacity Building Projects	<p><u>Future Project Ideas:</u></p> <ul style="list-style-type: none"> • Health fair/wellness workshops – Service Area 1 • Bus advertising – Service Area 1 • Social media campaign targeting youth – mental health awareness, engage them in their community and services • White Bison Training • Hold a DMH hosted collaborative pow wow with community – engage the community in discussions through the pow wow – community building activities – recommended to designate areas for transportation to take people to the pow wow in order to increase community presence • Community needs assessment/focus groups • Project focusing on co-occurring disorders (possibly utilizing the PSAs) – develop resource guides or materials that list health/mental health/substance abuse providers (resources where co-occurring disorders can be treated) • Media campaign (flyers, billboards, social media, etc.) to educate people regarding the negative impact of acculturating Native American culture through mascots, sports teams, Halloween costumes (similar to “I’m Not Your Mascot”) • Community readiness model involving the Executive Directors of all Native specific agencies in order to find out where their politics lie and what their focus is – know where they stand on all issues specific to the Native American community – find out how informed they are about mental health, HIV, substance abuse issues, etc. • Cultural Safety – model that was created by an indigenous group (Maori) – Bernice Mascher to send out article to subcommittee • Native American homelessness – project focused on this topic or make sure to include the topic in any future potential projects <p><u>Ideas for Future Years from Sunnie Whipple</u></p> <ul style="list-style-type: none"> • Hosted conversations with Native American community (no experts), just a conversation about the mental health needs

	<p>of the community (sit down and iron it out) – make sure to include youth</p> <ul style="list-style-type: none"> • Cultural competency workshop/pow wow/forum for the different tribes to come together to better understand one another <p><u>Follow-up</u></p> <ul style="list-style-type: none"> • Subcommittee members to email Kelly with short descriptions of project ideas (Kelly to send out reminder email-DONE 1/12/17) <p><u>Questions</u></p> <ul style="list-style-type: none"> • Can we use PEI dollars for Service Area 1? PEI dollars are under MHSA and have a lot of regulations attached to them and certain requirements. It can be done, but we are exploring both UsCC funding and PEI. • What is the timeline for this next project? Ideally, the subcommittee would vote on the capacity building project by 1/31/2017 so that we can begin to work on the Statement of Work. The voting can take place via Survey Monkey or in the meeting. • Will the money be for just one project? It is up to the subcommittee how they spend the remainder of the dollars. • Who is the audience? It depends on the project.
SLT Update	<ul style="list-style-type: none"> • Sunnie Whipple shared that the workgroups had reviewed the 3-year PEI Plan • SLT voted to approve DMH's 3-year plan
Next Meeting	<p>TBD</p> <p><u>First Conference planning meeting:</u> Tuesday, 2/7 from 2-4pm American Indian Counseling Center (AICC) 17707 Studebaker Rd. #208 Cerritos, CA 90703</p>