

Purpose

- The CBCL 6-18 is a 120-item parent-report checklist that assesses the most frequent emotional and behavioral problems of children

Administration

- Completed by parent/care provider of clients ages **6-18 years**
- Parent/care provider should be encouraged to **answer every item**



CBCL 6-18 Quick Guide

Child Behavior Checklist for Ages 6-18®

Completed by parents/care providers of children ages 6-18 years, during the first and last EBP treatment sessions, and every 6 months for EBPs exceeding 6 months, for the following practices:

- Caring for Our Families (CFOF)
- Loving Intervention Family Enrichment (LIFE)

Clinical Utility

- The CBCL 6-18 can be used for:
 - Measuring initial behavior severity
 - Tracking changes in emotional, acting out or behavior problems over the course of treatment
 - Identifying behaviors/problems interfering with client's functioning
 - Treatment planning

Scoring Information

- Parents are asked to rate their child for how true each item is now or within the past 6 months using the following:

0 = not true

1 = somewhat or sometimes true

2 = very true or often true

- The CBCL 6-18 provides raw scores, T scores and percentiles for 3 competence scales (Activities, Social, School), a Total Competence score, 8 scale scores, and Internalizing, Externalizing, and Total Problems scores
- Scales
 - Anxious/Depressed
 - Withdrawn/Depressed
 - Somatic Complaints
 - Social Problems
 - Thought Problems
 - Attention Problems
 - Rule-Breaking Behavior
 - Aggressive Behavior
- Scales Related to DSM-IV Disorders
 - Affective Problems
 - Anxiety Problems
 - Somatic Problems
 - Attention Deficit/Hyperactivity Problems
 - Oppositional Defiant Problems
 - Conduct Problems
- Total Problems Score
 - Is derived from the following scales:
 - Activities Scale
 - Social Scale
 - School Scale
 - **A higher score reflects parent's report of greater presence and severity of symptoms in the child or youth**