

COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH
Program Support Bureau-MHSA Implementation & Outcomes Division

SUMMARY FOR:

Group Cognitive Behavioral Therapy (Group CBT) Learning Network
May 7, 2014

Location:

695 S. Vermont Ave
15th floor large conference room
Los Angeles, CA 90005

Facilitator:

Michael Villaescusa, L.C.S.W, Psychiatric Social Worker II

Practice Lead:

Urmi Patel, Psy.D., Supervising Psychologist

Participants:

Li-Ting Chao, Long Beach Adult MHC
Abby Chappall, Edelman MHC
Joshua Cornell, MHSA Implementation & Outcomes
Valerie Curtis, MHSA Implementation & Outcomes
Andreas DiMeo, ASOC Admin
George Eckart, MHSA Implementation & Outcomes
Kyra Garland, West Valley MHC
Linda Lee, Coastal API Family MHC
Ivy Levin, Long Beach Adult MHC

Jocelyn Morris-Bryant, Edelman MHC
Trinh Thi Nguyen, San Pedro MHC
Jorge Ortega, West Valley MHC
Sharan Namita, ASOC Admin
Alex Silva, MHSA Implementation & Outcomes
Lucian Song, Long Beach API MHC
Toya Swan, West LA Service Areas 5 Admin
Vania Vilchis-Schauf, Rio Hondo MHC
Dulce Santoya, West Valley MHC

I. Welcome and Introductions

Participants introduced themselves.

II. Updates and Announcements

- Action item follow-up and announcement since previous meeting

None.

III. Review of Reports

- Review of available reports
- What information is unexpected
- What data/information may be helpful in future meetings
- Hot tips or new strategies that are being utilized to integrate outcomes into clinical practice



G. Eckart presented, "A Closer Look," which described the newly included Compliance Stats Report and how it ties into table 1 of the Group CBT Aggregate Report; and presented graphs that showed dropout rates and outcome measure data (OQ Series and PHQ-9) broken down by age group funding source (TAY, Adult, Older Adult) and then by age ranges.

G. Eckart provided an overview of the Exception Report.

M. Villaescusa stated Detailed Reports were not included in the data packets because they are being revised.

U. Patel referred participants to their Group and Ind Rehab claiming from Core Services Reports and encouraged participants to consider reasons the codes were billed since, per the model, the treatment provider must be a clinician, which would necessitate billing therapy codes; participants suggested the Rehab codes are billed in error by staff members who provide meds services.

M. Villeascusa stated several agencies' Expenditure Reports showed far less billing to the EBP in the last Quarter of FY 13-14 than the rest of the FY. Participants were encouraged to think of possible causes for the decline; suggestions included, for agencies that switched from the IS to IBHIS, reports not including IBHIS billing and, at some agencies, a drop in appropriate referrals in the last few months w/ a couple of participants suggesting outreach to local VA Hospitals as a possible strategy for increasing referrals.

IV. Open Forum

- Sustainability check-in
- Next stage of Group CBT Learning Network
- Open question & discussion

U. Patel asked participants to share experiences as Group CBT Clinic Champions; responses included the role being rewarding yet more time consuming than anticipated and the difficulty of having clinicians' time protected when consulting with champions.

U. Patel reported a Group CBT booster for clinicians and a Group CBT Booster Champions are scheduled for September. Participants, citing scheduling conflicts, requested trainings be rescheduled for later in the year. U. Patel stated she would look into having the trainings rescheduled and will follow-up with an announcement.

U. Patel stated, hopefully, clinicians trained in Ind CBT will soon be allowed to also provide Group CBT services with supplemental training in the Muñoz Group CBT treatment model.

M. Villeascusa and U. Patel reported the Group CBT Learning Network will discontinue after today and Ind CBT Learning Network will begin in November. Participants and U. Patel agreed to start an "unofficial" Group CBT Learning Network, scheduled for the hour prior Ind CBT Learning Networks.

V. Next PPLN Meeting

- Individual CBT Learning Network
November 4, 2014; 10:30am – 12:30pm
600 S. Commonwealth Ave, 9th Floor
Los Angeles, CA 90005