

COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH

Program Support Bureau-MHSA Implementation & Outcomes Division

SUMMARY FOR:

Aggression Replacement Training (ART) Learning Network
June 29, 2016

Location:

550 S. Vermont Ave
9th floor conference room
Los Angeles, CA 90020

Facilitator:

Ivy Levin, L.C.S.W., Psychiatric Social Worker II

Practice Lead:

Sermed Alkass, Psy.D, ART Practice Lead

Participants:

Gabriel Cohen, Star View
Josh Cornell, MHSA Implementation & Outcomes
Diliana Estrada, Penny Lane
Sarah Meyerowitz, Penny Lane

Victoria Otto, Penny Lane
Frances Pavon-Lara, MHSA Implementation & Outcomes
Jessica Pena, Child and Family Guidance Center
Stephen Reasoner, Penny Lane

I. Welcome and Introductions

Participants briefly introduced themselves.

II. Review of Reports

- Review of available reports
- How is data being shared with clinical staff and clients?
- How is data being utilized?
- What data/information may be helpful in future meetings?

I. Levin stated that for all PEI EBP learning networks, aggregate reports will be run every 6 months, i.e., every other meeting, instead of every 3 months.

I. Levin had participants review data in their packets and encouraged asking questions and making comments. A participant shared that staff persons at their agency compare data in their reports to the data in aggregate reports, using the aggregated data as a kind of "benchmark." A participant shared she uses data reports from learning networks to create PowerPoints on outcomes collection rates. S. Alkass noted the importance of outcomes compliance because measuring treatment effectiveness has become integral to the provision of healthcare.

A participant asked if reports could be broken down by fiscal year to show recent trends and J. Cornell responded, there are ways to separate recent data from cumulative and to email PEI Outcomes staff persons or our mailbox (PEIoutcomes@dmh.lacounty.gov) for assistance. I. Levin encouraged



participants to use the PEI Outcomes Report Order form, available on the OMA Wiki, to request reports and to contact PEI Outcomes staff persons to request custom reports not listed on the form.

S. Alkass referred participants to the Core vs Non-Core Report and stated there should be more core billing to group services than individual because ART is a group treatment. Persons in treatment shouldn't receive more than 1-2 individual sessions and the sessions should only be used for clients who missed the previous session to go over that session's materials. S. Alkass also stated, to maintain model fidelity, ART participants should attend 3 groups per week for ten weeks, not once a week for 30 weeks, except for ART Skillstreaming, which participants should attend once a week for 10 weeks.

III. Updates

S. Alkass reported CIBHS may provide more ART trainings and asked participants inform him of their agencies' training needs either in this meeting or by email (salkass@dmh.lacounty.gov). One participant stated 6 staff persons at his agency may want to attend ART Train the Trainer after they finish their Initial ART Training.

IV. ART Certification Requirements

S. Alkass stated Initial ART Training must be completed within a year and to contact him as soon as possible if you know a staff person's training won't be completed with a year to see if something can be worked out.

In answer to a participant's question, S. Alkass stated that 3 ART session tapes are required as a part of ART Initial Training, not two.

V. Open Forum

- Provider Recommended Forum Discussion Topics

S. Alkass and I. Levin announced MHSa Implementation and Outcomes will stop hosting ART Learning Networks after today. S. Alkass asked participants if they are interested in attending ART Learning Networks he would host annually or semiannually. A couple participants mentioned they would like to continue receiving ART data reports I. Levin responded, that reports can be requested anytime using the PEI Outcomes Reports Order form. S. Alkass stated he would probably schedule an ART meeting for early in FY 17-18 and would contact ART providers once it's scheduled. S. Alkass encouraged anyone who wants to get added to his ART contact list to let him know by email (salkass@dmh.lacounty.gov).