COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH

Program Support Bureau-MHSA Implementation & Outcomes Division

SUMMARY FOR:

Aggression Replacement Training (ART) Learning Network
August 21, 2014

Location:

600 S. Commonwealth Ave 6th floor conference room Los Angeles, CA 90005

Facilitator:

Michael Villaescusa, L.C.S.W, Psychiatric Social Worker II

Practice Lead:

Sermed Alkass, Psy.D., Clinical Psychologist II

Participants:

Rosa Barajas, SSG/OTTP
David Barclay, Phoenix House Academy, LVT
Seth Bricklin, Tobinworld
Josh Cornell, MHSA Implementation & Outcomes
George Eckart, MHSA Implementation & Outcomes
Tameika Gonder, Shields for Families, Inc.
Christian Hermann, California Hispanic Commission on Alcohol and Drugs
Taji Huang, Starview
Kristen Jones, SSG/OTTP
Kyra James, Starview

Morris Lawson, JJTAS
Victoria Otto, Penny Lane
James Overall, Child & Family Guidance Center
Fraces Pavon-Lara, MHSA Implementation & Outcomes
Jeffrey Schmidt, Penny Lane
Kathy Saucedo, Starview
Alex Silva, MHSA Implementation & Outcomes
Alison Tarczynski, Penny Lane
Edward Washington, MHSA PEI Admin
David Zableckis, CIFHS

Welcome and Introductions

Participants briefly introduced themselves.

II. Updates and Announcements

- ART training update
- ART Agency-Trainer Verification Form update
- M. Villaescusa announced the Ind CBT Learning Network will start November 1, 2014.

S. Alkass clarified several items: DMH requirse participation in all 16 conference calls, even though CIBHS does not; the DMH ART Agency Trainer Verification form was retracted shortly after the last ART Learning Network because CIBHS already provides certification and to send DMH a copy of the CIBHS certificate to verify training.

III. Review of Reports

- Review of available reports
- How is data being shard with clinical staff and clients?





- How is data being utilized?
- What data/information may be helpful in future meetings?
- G. Eckart briefly compared the current ART aggregate report data with data from the last ART Aggregate report; presented; presented "A Closer Look," which described the newly included Compliance Stats Report and how it ties into table 1 of the ART Aggregate Report; provided an overview of the Exception Report; and presented an analysis of treatment dispositions for ART Tx "completers" and a second one for Tx "dropouts"; described Exception Report's use to show clients billed to a PEI funded EBP that have not had Tx cycles entered in PEI OMA and A. Silva added the Aggregate Report will be provided only by request at ART LNs
- M. Villaescusa stated the Unable to Collect (UCL) reports only included data for FY 13-14 in order to make the data more relevant than when the reports included UCL data since inception.
- S. Alkass stated many core services reports showed more billing to individual services than group, which is concerning since ART is a group Tx and same reports showed a higher than expected billing to collateral, which should be low since ART should be focused only on the client.

IV. Open Forum

- Provider recommended forum discussion topics:
 - Outreach & Engagement (O&E)
 - ART appropriate clients
 - o Parent/guardian treatment buy-in
 - Supervision and model fidelity
 - Outcome measure (collection and utility)
 - Other suggestions

An ART LN participant announced Pam Hawkins is looking to use ART with adults at some point and anyone interested ART working with her should contact her.

Participants discussed strategies to reduce dropout rates and increase post treatment outcomes collection for clients in school based and residential Tx programs, with problem being clients often end treatment prematurely due to circumstances beyond their control. Participants shared strategies, e.g., parent support groups and collateral meetings to go over ART materials, for increasing parent buy-in and understanding of concepts taught in ART.

S. Alkass introduced topic, difficulty adhering to model's requirement that groups occur three times weekly, with several participants reporting multiple barriers that only allow once weekly Tx. S. Alkass suggested participants review the ART FAQ, which he will email to participants, on how often groups should occur. S. Alkass, responding to participant question, stated clients may miss "a couple of sessions" but good attendance is critical to success since psychoeducation is a large Tx component.

V. Next PPLN Meeting

- Future agenda items
- Scheduling of date/time

Date/time TBA.