

# COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH Program Support Bureau-MHSA Implementation & Outcomes Division

## SUMMARY FOR: Seeking Safety Learning Network August 31, 2016

### Location:

L.A. Child Guidance Clinic  
3787 South Vermont Avenue  
Los Angeles, CA 90007

### Facilitator:

Ivy Levin, LCSW, Psychiatric Social Worker II

### Practice Lead for Seeking Safety:

Sermed Alkass, Psy.D., TAY Division

### Participants:

Bethlehem Assefa, JJTAS  
Ryna Baldwin, New Direction Inc.  
Andria Bibler, Uplift Family Services  
Hannah Bobrosky, New Direction Inc.  
Giselle Collins, Didi Hirsch  
Brian Fields, New Direction Inc.  
Linnea Fuchs, Exceptional Children's Foundation  
Diana Garcia, SFMHC  
Hilary Kornbluth, SSG  
Christopher Lanik, New Direction Inc.  
Gina Leggio, Optimist Youth Homes & Family Services  
Kalani Makanui, Didi Hirsch MHS  
Andrea Segal, The HELP Group  
Nancy Uberto, D'Veal Family & Youth Services  
George Eckart, MHSA Implementation and Outcomes Division  
Sarah Schreiber, El Centro del Pueblo

Suzanne Markey, LAUSD  
Ed Waiskopf, The Guidance Center  
Gaby Vinazza, Barbour & Floyd Medical Associates  
Lori Bauer, Child & Family Center  
Ani Harutyunyan, SFMHC  
Esmeralda Garcia, Alma Family Services  
Jennifer Maravola, New Direction Inc.  
Courtney Marshall, New Direction Inc.  
Azine Neiman, The Village Family Services  
Teri Paulsen, Long Beach CAP  
Ani Sargsyan, St. Anne's  
Kara Taguchi, MHSA Implementation and Outcomes Division  
Alex Silva, MHSA Implementation and Outcomes Division  
Alex Elliot, MHSA Implementation and Outcomes Division

### I. Welcome and Introductions

### II. Review of Reports

- Individual provider reports and Aggregate data
- The new UCLA PTSD-RI-5 Advanced Scoring Template

*I. Levin walked attendees through the individual reports in their packets and briefly explained that due to inaccurate counts in the data that Questionnaire Statistics Report was not included this time around.*

*G. Eckart briefly reviewed the current Seeking Safety aggregate report and pointed out changes to the structure of the report. He reported that Table 3. that reported the top five diagnoses for the practice was removed because we stopped collecting that data field as of October 27, 2015. In addition, he reported that future Seeking Safety aggregate reports will only have analysis data for the DSM-5 trauma measures. G. Eckart went on to present the UCLA PTSD-RI-5 Advanced Scoring Template.*



*He thanked the H.E.L.P Group for piloting the template for us. He reviewed how to use it, where to find it, and answered all related questions.*

### III. Updates

*S. Alkass informed providers of the appropriate core vs. noncore services ratio and reported that he noticed an increase in the units of service for “Psycho-diagnostic assessment”. He stated that other core services like individual or group psychotherapy should be more prevalent than the amount of time being used for assessment purposes. He informed providers that he’s been working on a three year contract with the Seeking Safety developer to provider future trainings. In addition, he reported that Seeking Safety Champions training was tentatively being scheduled for January 10<sup>th</sup> and April 11<sup>th</sup> of 2017.*

*K. Taguchi provided an update on the most recent deployment for PEI OMA that occurred on August 3, 2016. She stated that those providers that were on IBHIS are now able to enter outcomes data into PEI OMA. She also reported that National Provider Identifier (NPI) numbers have taken the place of staff codes in PEI OMA. K. Taguchi also discussed setting a matched pair benchmark that is currently being reviewed and will be announced in the near future.*

### IV. Networking

- Theme Based Break-Out Groups
- Larger group discussion with open forum

*Clinical Utility Outcomes group– Discussed the importance of embracing the outcomes and ways how DMH can support providers in analyzing their own data (i.e, assist in creating visual aids, using OMA lab in other ways than just data entry, bringing back general learning networks or using webinars to increase learning of clinical utility of measures, etc.). Discussed the availability of electronic scoring systems such as the OQ Analyst and how providers can request demonstrations of the software by contacting OQ measures.*

*Adult/Older group- Discussed strategies to engage and support male and female veteran clients in Seeking Safety treatment. Implementing Seeking Safety treatment in a group setting was reported to be more effective with this population.*

*Child/Adolescent group– Discussed how the treatment was implemented with this population and shared materials that would be useful in working with Children and adolescents. S. Alkass reported that the developer was still working on the Adolescent Manual for Seeking Safety.*

*Sustainability group– Discussed strategies for sustaining the practice such as having a Champion and having fidelity measures. In addition, not having sufficient trainings were reported to be a problem with sustainability.*

*Documentation group- Discussed the structure of the note and making sure all required elements are included. Group members discussed decreasing cookie cutter written notes by individualizing them instead of cutting and pasting from previous notes. The concept of “Collaborative Note Writing” was discussed which involves writing the note in session and having the client be part of that process which can help with commitment/investing in the treatment.*

*Engagement and Orientation group– Discussed and focused on strategies for client “buy-in” and how to pitch the treatment model to the client. Group members emphasized that the treatment is about building coping skills and empowering the client to continue the treatment. Orienting the client and clinician about the goals of the treatment is needed throughout treatment.*

*Screening and Assessment group- Discussed having a checklist for clinicians to see what to look for in a client in determining their appropriateness for the EBP. Some group members discussed that they have a case disposition meeting that follows the initial screening/assessment phase which results in a collaborative decision about which EBP is most appropriate for the client. Others reported using screening tools (i.e., trauma screeners) to assist in this process.*

V. Next PPLN Meeting

- We invite provider presentations
- Future agenda items?

*Please email proposed future agenda items to: [PEIOutcomes@dmh.lacounty.gov](mailto:PEIOutcomes@dmh.lacounty.gov).*

*Date/Time/location of next meeting TBD*