

COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH

Program Support Bureau-MHSA Implementation & Outcomes Division

SUMMARY FOR: Seeking Safety Learning Network May 12, 2016

Location:

L.A. Child Guidance Clinic
3787 South Vermont Avenue
Los Angeles, CA 90007

Facilitator:

Joshua Cornell, Psy.D., MHSA Implementation & Outcomes

Practice Lead for Seeking Safety:

Sermed Alkass, Psy.D., TAY Division

Participants:

Sandra Aldrete, SSG/APCTC
Zuleika Andrade, SCHARP/Step Out
Lori Bauer, Child and Family Center
Joe Bologna, Trinity Youth Services
Tracy Brackin, Pacific Lodge
Jacqueline Camacho-Gurierrez, HillSides
Ana Contreras, MHA-AV
Kathleen Dice, The Guidance Center
George Eckart, MHSA Implementation & Outcomes
Rosalie Finer, PEI Administration
Amanda Gentz, Hathaway-Sycamores
Michelle Hayes, Eggleston Youth Centers
Katherine Hert, Rio Hondo MHC
Jennifer Henry, HillSides
Kristin Howard, LA Child Guidance Clinic
Pamela Jones, MHA-AV
Theresa Kjeldgaard, SFVCMHC -TY
Karla Lagunas, El Centro Del Pueblo
Jill Landefeld, Aviva Family and Children Services
Ivy Levin, MHSA Implementation & Outcomes
Beverly Looman, LA Child Guidance Clinic

Stephen Lovato, Stirling Behavioral Health Institute
Suzanne Markey, LAUSD
Casey Meinster, Hathaway-Sycamores
Azine Neiman, The Village Family Services
Marianna Oganessian, St. Anne's
Victoria Otto, Penny Lane Centers
Frances Pavon-Lara, MHSA Implementation & Outcomes
Katia Perez, VIP-CMHC
Elizabeth Powers, AICC
Tracey Radick, Hollygrove: EMQ Families First
Ellen Rogelberg, The Help Group CFC
Julia Saldana, Bienvenidos
Lisa Santamaria, Mckinley Children's Center
Andrea Segal, The Help Group
Linda Shing, Exceptional Children's Foundation
Alejandro Silva, MHSA Implementation & Outcomes
Malia Thorpe, VIP
Cynthia Ulloa, ECDA
Choong Harry Um, Edelman MHC
Michael Villaescusa, Arcadia MHC

- I. Welcome and Introductions
- II. Review of Reports
 - Individual provider reports
 - A Closer Look

A. Silva encouraged providers to review their provider-specific reports and contact PEI Outcomes with any questions or if they find any errors in the data.



G. Eckart presented "A Closer Look" which focused on reducing drop-outs in Seeking Safety treatment. G. Eckart began by explaining, "drop-out" is a bit of a misnomer. He stated, "drop-out" simply means someone did not complete the practice. He went on to define drop-out rate as the percent of clients who leave the practice without completing. He presented the countywide dropout rate for clients enrolled in Seeking Safety is 60.66%. He showed how providers can calculate their agency's drop-out rate by referencing their compliance report and using the following calculation:

The number of clients dropping-out / (The number of clients dropping-out + clients completing) x 100

G. Eckart presented on proposed barriers to staying in treatment and proposed strategies to reduce drop-outs from the article, Early Withdrawal from Mental Health Treatment: Implications for Psychotherapy Practice from Marna S. Barrett.

G. Eckart presented further on the most common drop-out dispositions, top diagnoses and average length of treatment for Seeking Safety clients entered into PEI OMA. S. Alkass reminded providers that the clinician providing the EBP makes the determination for indicating when a client completes the practice. The clients need to complete at least six topics before the clinician can consider whether or not the client has completed treatment.

III. Updates

R. Finer from PEI Administration provided an update and overview of the current round of PEI Technical Assistance Site Visits. She noted the PEI Handbook and PEI 101 session were outgrowths of the visits and may be used to assist agencies in identifying their strengths and challenges. She also noted PEI is not a "step-down" model and clinicians should always document their rationale for changing a client from one EBP to another.

S. Alkass announced DMH is continuing to offer Seeking Safety trainings. The next upcoming training will take place on 5/31/16.

One provider asked if the clinician completing an intake assessment for a client needed to be trained in Seeking Safety in order to refer them to the practice and S. Alkass clarified they did not.

S. Alkass also clarified that clients receiving Seeking Safety should have a history of trauma however they do not need to have the formal diagnosis of Post-Traumatic Stress Disorder to be appropriate for the practice.

IV. "Driving Your Decision Making with Data: An Agency Perspective," presented by Casey Meinster, Hathaway-Sycamores' Director of Evidenced Based Practices Amanda Gentz, Hathaway-Sycamores' EBP Research Assistant

C. Meinster and A. Gentz presented on their agencies data collection and evaluation process. They highlighted the utilization of PEI outcome data for clinical decision-making at the practitioner, macro and leadership levels. They also discussed their agency's yearly outcome data report for stakeholders, their quarterly program meetings and their EBP overview planning meetings.

V. Next PPLN Meeting

Please email proposed future agenda items to: PEIOutcomes@dmh.lacounty.gov.

Date/Time/location of next meeting TBD