

COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH

Program Support Bureau-MHSA Implementation & Outcomes Division

SUMMARY FOR: Seeking Safety Learning Network August 13, 2015

Location:

L.A. Child Guidance Clinic
3787 South Vermont Avenue
Los Angeles, CA 90007

Facilitator:

Joshua Cornell, Psy.D., Clinical Psychologist II

Practice Lead for Seeking Safety:

Sermed Alkass, Psy.D., Clinical Psychologist II, TAY Division

Participants:

Susanne Afuso-Sugano, SSG/OTTP	Casey Meinster, Hathaway-Sycamores
Amanda Ajmel, Ettie Lee Youth & Family Services	Nely Meza, Spiritt Family Services
Sandra Aldrete, SSG/APCTC	Wendy Mielke, Crittenton
Jacqueline Anthony, Alafia Mental Health Institute	Marianna Oganessian, St. Anne's
Maria Avila-Gengenbacher, CBHC	Michael Olsen, Enki Health and Research Systems
Lori Bauer, Child and Family Center	Victoria Otto, Penny Lane Centers
Michelle Bilotta-Smith, Amanecer CCS	Teri Paulsen, LBCAP
Lindsey Bogan, Hathaway-Sycamores	Frances Pavon-Lara, MHSA Implementation & Outcomes
Sonal Dani, Long Beach Mental Health Center	Jennifer Pemberton, Child and Family Guidance Center
George Eckart, MHSA Implementation & Outcomes	Jessica Pena, Child and Family Guidance Center
Stephen Fefferman, Stirling Behavioral Health Institute	Ellen Rogelberg, The Help Group CFC
Larry Fernandez, The Whole Child	Diana Scott, Rosemary Children Services
Meghan, Gorden, Leroy Haynes Center	Simone Scott, American Indian Counseling Center
Denise Johnson, Alafia	Razan Seikaly, Didi Hirsch MHS
Theresa Kjeldgaard, SFVCMHC	Linda Shing, Exceptional Children's Foundation
Thuan Lam, San Fernando Mental Health Center	Alex Silva, MHSA Implementation & Outcomes
Annie Lang, Hollywood Mental Health Center	Jasmynn Smith, Olive Crest
Linda Lee Coastal API Family MHC	Adam Sternberg, LA Child Guidance Clinic
Ivy Levin, MHSA Implementation & Outcomes	Janie Strasner, Tobinworld
Thomas Leppold, Ettie Lee Youth & Family Services	Tyra Torian, Tessie Cleveland Community Services Corporation
Luisa Lowe, SSG/OTTP	Angel Towler, D'Veal Family and Youth Services
Kalani Makanui, Didi Hirsch MHS	Melissa Trouche, Hollygrove
Amber Marinoff, Spiritt Family Services	Nancy Uberto, D'Veal Family and Youth Services
	Edward Washington, PEI Administration

- I. Welcome and Introductions
- II. Review of Reports
 - Aggregate data
 - Individual provider reports
 - Clinical utility: OQ Series



G. Eckart discussed the current Seeking Safety aggregate report data, highlighting the increase in clients entered into PEI OMA since the last learning network. He then discussed trends observed in the countywide aggregate report for diagnosis, age, sessions and length of treatment for clients receiving Seeking Safety.

G. Eckart presented "A Closer Look" which highlighted the following:

*-The varying age ranges and demographic data of client's receiving Seeking Safety.
-Pre-post analysis for the OQ family of measures and PTSD-RI by diagnosis and length of treatment. The results of the analysis suggest clients with varying diagnosis are improving.*

J. Cornell presented on the clinical utility of the OQ series' critical items.

S. Alkass encouraged providers to review their ratio of core versus non-core report to ensure their claiming and practice is in alignment with PEI and the Seeking Safety model. He reminded providers the primary interventions are individual and group psychotherapy and rehabilitation under PEI with Seeking Safety and suggested participants take note of their claims with special consideration of the amount of ancillary services or medication management.

E. Washington answered participant's questions regarding core versus non-core services.

III. Updates

S. Alkass provided the following updates: There will be a Seeking Safety champion training in January 2016; the theme-based calls are available for current Seeking Safety providers, regardless of when they completed the initial training; the new Seeking Safety manual with additional sections on adolescents is expected to be released in 2016 and will need to be vetted by the PEI EBP committee for approval. He encouraged providers interested in the initial Seeking Safety trainings to contact him (salkass@dmh.lacounty.gov).

S. Alkass addressed the following topics: He will make the recommendation for targeted case management to be a non-core service for Seeking Safety; the session count entered in PEI OMA at the end of treatment should only include sessions in which the EBP was delivered.

A. Silva announced DMH will change the required specific outcome measure for several PEI EBPs from the UCLA PTSD-RI for DSM-IV to the UCLA PTSD-RI for DSM-5 with clients ages 7-18 and the PCL-5 with clients ages 19 and older. The Change is likely to occur in the next few months. Announcements will go out once the changes are finalized.

IV. Networking

- Theme Based Break-Out Groups
- Larger group discussion with open forum

Documentation group– discussed different agencies' preferences for components to document in a session note, including labeling the session count and topic.

Adult/Older group- discussed strategies to support client engagement and buy-in through choosing topics that are of interest to the client and tailoring certain topics to be appropriately suited.

Sustainability group– compared the benefits and challenges of training staff through Seeking Safety Champions or attending the 1-day Seeking Safety training. Participants offered suggestions to provide ongoing supervision or group consultation to discuss clinical issues and encourage fidelity.

Child/Adolescent group– discussed engagement strategies and involving parents, friends, other family members in treatment.

V. Next PPLN Meeting

Please email proposed future agenda items to: PEIOutcomes@dmh.lacounty.gov.

Date/Time/location of next meeting TBD