

COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH

Program Support Bureau-MHSA Implementation & Outcomes Division

SUMMARY FOR: Seeking Safety Learning Network May 29, 2014

Location:

L.A. Child Guidance Clinic
3787 South Vermont Avenue
Los Angeles, CA 90007

Facilitator:

Joshua Cornell, Psy.D., Clinical Psychologist II

Practice Lead for Seeking Safety:

Sermed Alkass, Psy.D., TAY Division

Participants:

Sermed Alkass, SS Practice Lead
Azima Shohreh, Stirling Behavioral Health Institute
David Barclay, Phoenix House Academy
Joseph Bologna, Trinity Youth Services
Danette Cantrell, The Whole Child
Jennifer Carmona, Child and Family Guidance Center
Chris Carney, Crittenton Services
Stephanie Castillo, SSG
Michelle Coburn, Penny Lane Centers
Joshua Cornell, MHSA Implementation and Outcomes
George Eckart, MHSA Implementation and Outcomes
Alex Silva, MHSA Implementation and Outcomes
Michael Villaescusa, MHSA Implementation and Outcomes
M. Frances Pavon-Lara, MHSA Implementation and Outcomes
Lisa Gold, BHS/Lincoln Heights
Persephone Gonzalez, Edelman MHC
Stephanie Gregory, Vista Del Mar Child & Family Services
Jose Guerra, Eisner Pediatric & Family MC
John Heylar, SSG
Dee Dee Hitchcock, Children's Institute Inc.
Hsiang-Ling Hsu, Asian Pacific Counseling
Farimah Khalilifard, Penny Lane Centers
Philip Khoury, Counseling4kids
Theresa Kjeldgaard, SFVCMHC
Joceyln Morris-Bryant, Edelman MHC
Michael Olsen, ENKI Health and Research Systems
Victoria Otto, Penny Lane Centers
Melissa Pace, Foothill Family Services
Jessica Pena, Child & Family Guidance Center
Mari Radzik, Children's Hospital of L.A.
Ellen Rogelberg, The Help Group
Linda Shing, Exceptional Children's Foundation
Lucian Song, Long Beach API Family MHC
Ann-Marie Stephenson, Pacific Clinics
Kevin Koffler, Drew Child Development Corporation
Karla Lagunas, El Centro Del Pueblo, Inc.
Morris Lawson, JJT Aftercare Services
Andrea Letamendi, Hathaway-Sycamores
Beverly Looman, L.A. Child Guidance Clinic
Stacy Low, Tessie Cleveland Community Services Corp.
Efrain Marquez, BHS
Rick Martone, Rosemary Children's Services
Kanisha McReynolds, Amanecer CCS
Lauren Menor, The Village Family Services
Karina Mercado, St. Anne's
Eric Steward Thomas, San Gabriel Children's Center
Joyce Toledo, Helpline Youth Counseling Svs
Tyra Torian, Tessie Cleveland Community Services Corp.
Nancy Uberto, D'Veal Family and Youth Services
Jonnie Russ, McKinley Children's Center
Carnie Hanson, Crittenton Services
Abby Chappell, Edelman MHC
Cindy Tafoya, San Pedro MHC
Sandra Aldrete, SSG
Rosalie Finer, PEI Administration
Stephanie Spector, PEI Administration
Monica Dedhia, Vista Del Mar Child & Family Services
Marcie Gibbs, Downtown MHC
Ricky Williams, Jewish Family Services
Arine Neiman, The Village Family Services
Jennifer Calmelet, SCHARP
Christian Herman, CHCADA

I. Updates and Announcements

- Action item follow-up

None

II. Review of Reports

- Review of available reports
- What data/information may be helpful in future meetings?

Dr. Eckart introduced two new reports the Compliance Stats Report and Clients claimed to an EBP that have not been entered in PEI OMA report which we call the "Exception report". He discussed the usefulness of each report and was able to link these reports with the countywide aggregate report for Seeking Safety specifically table 1 which provides the number of clients claimed to the practice; clients entered into the PEI OMA; the number of treatment cycles in the PEI OMA; and the number of clients completing treatment, dropping out, and still active in treatment.

Sermed informed providers that although Assessment/Psychiatric Diagnostic Evaluation was made core to all PEI EBPs including Seeking Safety that providers should be cognizant that it shouldn't be higher than individual and group psychotherapy. A discussion about core and noncore services ensued.

III. Agency Presentation

Ellen Rogelberg from the Help Group made a presentation in how their organization collects, reviews, and uses outcome measures data. Handouts included a PEI Outcome Measures Checklist and an Outcome Measures Newsletter. She reviewed how they teach new staff when and how to collect the general and specific outcome measures for each practice they implement. She informed providers how they use outcome measures clinically, in group and individual supervision, and how they share the information with the clients. They also keep track internally why they were unable to collect a score at pre, update and at post. Data packets are completed and shared with supervisors, PEI Coordinators, and Outcome Measure Coordinators. It was reported that various checks are performed to verify accuracy and completion of outcome measures. Clinicians are alerted when outcome measures need to be completed. Data is cross-checked and scores are entered into the agency database. An agency outcome measures newsletter has been the most efficient way to disseminate the information and has increased staff buy-in for measure administration. In addition, the newsletter highlights changes, provides resources and tips for using outcome measures in sessions and in supervision.

IV. Networking

- Theme Based Break-Out Groups
- Larger group discussion

Participants participated in various breakout groups including but not limited to Outreach and Engagement, clinical utility of outcome measures, using SS with older adult population, and fidelity and sustainability of the practice. Participants shared ongoing struggles/barriers regarding the breakout group topics and discussed possible solutions. Sermed answered practice related questions and the MHSA Implementation & Outcomes staff persons who attended answered outcome measure related questions. Each breakout group presented on what was discussed to the larger group and questions arose from the discussion. Questions included but were not limited to "Can parents continue to receive services through the Medi-Cal expansion dollars if their child's case is closed?" Sermed reported that the parent can continue to be seen, if the child client is no longer being seen at the agency, through the parent's entire course of treatment. Other information included modifications to how materials are presented that increase engagement with the material when working with TAY and older adults. Providers discussed the difference from providing concurrent EBPs (e.g., ART and SS) opposed to providing them sequentially in residential placement. Sermed encouraged participants to consider, when providing concurrent

EBP's to a client, if PEI is a high enough level of care. Other topics included interest by participants in themed based calls focused on providing services to older adults and TAY.

V. Updates

Sermed reported that SS initial training is scheduled for September or October of 2014. Announcements will be sent out. SS Champion training will tentatively be scheduled some time in the beginning of the new year (January 2015). In addition, there will be 2 or 3 consultation calls for the use of SS posters, deck cards, etc... in the near future.

VI. Open Forum

- Q&A

None

VII. Next PPLN Meeting

*Location: The California Endowment, Room: Yosemite B
100 N. Alameda Street
Los Angeles, CA 90012*

Date/Time: Thursday, September 4, 2014, 9 a.m.-12 p.m.