

**COUNTY OF LOS ANGELES – DEPARTMENT OF MENTAL HEALTH  
PROGRAM SUPPORT BUREAU – MHSA IMPLEMENTATION AND OUTCOMES DIVISION**



**Prevention & Early Intervention: Seeking Safety  
Countywide Aggregate Practice Outcomes Dashboard Report**

**Outcome Data Submission August 1, 2013**

**Participating Legal Entities Include:**

ALCOTT CENTER FOR MENTAL HEALTH SERVICES	HILLVIEW MHC, INC.	THE GUIDANCE CENTER
ASSOCIATED LEAGUE OF MEXICAN AMERICANS	INTERCOMMUNITY CHILD GUIDANCE CENTER	THE HELP GROUP CHILD AND FAMILY CENTER
AVIVA CENTER	JEWISH FAMILY SERVICE OF LA	TOBINWORLD
BARBOUR AND FLOYD ASSOCIATES	LEROY HAYNES FOUNDATION INC.	TRINITY YOUTH SERVICES
BRIDGES INC	LOS ANGELES CHILD GUIDANCE	UNITED AMERICAN INDIAN INVOLVEMENT
CALIFORNIA HISPANIC COMMISSION ALCOHOL & DRUG ABUSE	MENTAL HEALTH AMERICA OF LA	VISTA DEL MAR CHILD AND FAMILY SERVICES
CHILD AND FAMILY CENTER	OPTIMIST YOUTH HOMES	WRAP FAMILY SERVICES
CHILDREACH	PACIFIC CLINICS	<b>L.A. COUNTY DMH</b>
CHILDRENS HOSPITAL OF LOS ANGELES	Pacific Lodge Youth Services	AMERICAN INDIAN COUNSELING CENTER
COMMUNITY COUNSELING SERVICES	PASADENA UNIFIED SCHOOL DISTRICT	ARCADIA MHS
COUNSELING AND RESEARCH ASSC INC.	PENNY LANE CENTERS	COASTAL API FAMILY MHC
CRITTENTON SERVICES FOR CHILD AND FAMILY	PHOENIX HOUSE OF LOS ANGELES, INC.	COMPTON FAMILY MHS
D VEAL FAMILY AND YOUTH SERVICES	ROSEMARY CHILDRENS SERVICE	DOWNTOWN MHC
DAVID AND MARGARET HOME INC.	SAN FERNANDO VALLEY CHILD GUIDANCE	EDMUND D. EDELMAN WESTSIDE MHC
DIDI HIRSCH PSYCHIATRIC SERVICE	SAN FERNANDO VALLEY COMMUNITY MHC	HARBOR-UCLA MEDICAL CENTER
EISNER PEDIATRIC FAMILY CENTER	SAN GABRIEL CHILDRENS CENTER INC.	JUVENILE JUSTICE TRANSITION AFTERCARE SVCS
EL CENTRO DE AMISTAD, INC.	SHIELDS FOR FAMILIES	LONG BEACH API FAMILY MHC
EL CENTRO DEL PUEBLO INC.	SOUTH CENTRAL HEALTH AND REHAB PROGRAM	LONG BEACH CHILD & ADOLESCENT CLINIC
ENKI HEALTH AND RESEARCH SYSTEMS, INC.	SPECIAL SERVICE FOR GROUPS	LONG BEACH MHS ADULT CLINIC
ETTIE LEE HOMES, INC.	SPIRITT FAMILY SERVICES	NORTHEAST MENTAL HEALTH CENTER
EXCEPTIONAL CHILDRENS FOUNDATION	ST. JOHNS HOSPITAL CHILD STUDY CTR	RIO HONDO COMMUNITY MHC
FIVE ACRES	ST. JOSEPH CENTER	SAN PEDRO MENTAL HEALTH SERVICES
FOOTHILL FAMILY SERVICES	TARZANA TREATMENT CENTERS INC.	SOUTH BAY MHS
HATHAWAY SYCAMORES CHILD FAMILY SERVICES	TELECARE CORPORATION	WEST CENTRAL FAMILY MHS
HILLSIDES	TESSIE CLEVELAND COMM SERVICES	

**Agencies submitting outcomes that are not approved to provide Seeking Safety by PEI Administration:**

ASIAN AMERICAN DRUG ABUSE PROGRAM	<b>L.A. COUNTY DMH</b>
MCKINLEY CHILDREN'S CENTER	ANTELOPE VALLEY MHS
VENICE FAMILY CLINIC	HOLLYWOOD MHC

# of Clients Claimed to Practice	# of Clients entered into PEI OMA	# of Tx cycles in PEI OMA	Clients with Multiple Tx Cycles	Clients Completing Tx	Clients Dropping-Out of Tx
15971	39.69%	6664	4.78%	18.50%	29.08%
n=	6339	n=	303	1233	1938

Note 1: Clients claimed was based on Seeking Safety being selected as the EBP in a PEI Plan and having  $\geq 1$  core services claimed to the practice.

Note 2: Number of clients Completing Tx or Dropping-Out of Tx was determined by whether the EBP was said to be completed (e.g. answered “yes” or “no”) in the PEI OMA.

Total Number of Clients	Age	Gender			Ethnicity					Primary Language		
	Average	Female	Male	Unknown	African-American	Asian / Pacific Islander	Caucasian	Hispanic / Latino	Other	English	Spanish	Other
6339	22	47.82%	52.11%	0.08%	21.31%	2.68%	11.59%	59.35%	5.06%	76.16%	20.67%	3.17%
n=		3031	3303	5	1351	170	735	3762	321	4828	1310	201

Note1: Age is calculated at the date of the first EBP.

Note2: Percentages may not total 100 due to missing data and/or rounding.

Total Treatment Cycles	Depressive Disorder NOS	Oppositional Defiant Disorder	Mood Disorder NOS	Post-Traumatic Stress Disorder	Dysthymic Disorder	Other
6664	10.47%	9.03%	9.00%	8.91%	6.84%	55.73%
n=	698	602	600	594	456	3714

\*See breakout of “Other” on the supplemental information page.

Table 4: Program Process Data - Clients Who Entered Seeking Safety			
Outcome Measures Administered	Pre-Test with Scores	Post-test with Scores	Clients Who Completed both a Pre and Post Measure with Scores
UCLA PTSD-RI - Parent n= Ackn=	36.71%	19.39%	6.15%
	1564	396	262
	4260	2042	4260
UCLA PTSD-RI - Child/Adolescent n= Ackn=	65.36%	31.81%	11.30%
	3041	697	526
	4653	2191	4653
UCLA PTSD-RI - Adult n= Ackn=	66.57%	27.71%	6.71%
	952	120	96
	1430	433	1430
Youth Outcome Questionnaire (YOQ) - 2.01 (Parent) n= Ackn=	48.29%	25.33%	8.22%
	1985	492	338
	4111	1942	4111
Youth Outcome Questionnaire – Self Report – 2.0 (YOQ-SR) n= Ackn=	74.61%	37.97%	13.37%
	3342	775	599
	4479	2041	4479
Outcome Questionnaire – 45.2* n= Ackn=	73.64%	36.52%	7.92%
	1302	191	140
	1768	523	1768

Note 1: Number of acknowledged measures (Ackn=) is determined by the number of required measures that receive a score or an unable to collect reason code.

Note 2: The % indicated for Pre-test with scores, Post-test with scores, and both a Pre- and Post-test with scores is calculated by dividing the (n=#) by the number acknowledged (Ackn=#) in the PEI OMA system for each measure. The number acknowledged (Ackn=#) for those with Pre and Post scores is an estimate based on the greatest number of matches that could be expected given the number of Pre scores acknowledged.

UCLA PTSD-RI - Parent	Total Pre 2697		Parent/care provider unavailable	Administration date exceeds acceptable range	Outcome measure unavailable	Clinician not trained in outcome measure	Parent/care provider refused	Other Reasons
		percent	52.13%	14.02%	12.31%	8.05%	6.01%	7.49%
		n	1406	378	332	217	162	202
	Total Post 1646		Parent/care provider unavailable	Premature termination	Outcome measure unavailable	Invalid outcome measure	Parent/care provider refused	Other Reasons
		percent	46.78%	21.75%	7.47%	6.87%	5.47%	11.66%
		n	770	358	123	113	90	192

UCLA PTSD-RI - Child/Adolescent	Total Pre 1612		Administration date exceeds acceptable range	Outcome measure unavailable	Client refused	Clinician not trained in outcome measure	Client unavailable	Other Reasons
		percent	27.67%	19.85%	19.04%	14.45%	9.31%	9.68%
		n	446	320	307	233	150	156
	Total Post 1494		Premature termination	Client unavailable	Client refused	Lost contact with client	Outcome measure unavailable	Other Reasons
		percent	28.45%	27.24%	10.24%	9.24%	8.03%	16.80%
		n	425	407	153	138	120	251

UCLA PTSD-RI - Adult	Total Pre 478		Not available in primary language	Outcome measure unavailable	Clinician not trained in outcome measure	Client refused	Administration date exceeds acceptable range	Other Reasons
		percent	33.68%	20.50%	12.13%	11.30%	9.83%	12.55%
		n	161	98	58	54	47	60
	Total Post 313		Lost contact with client	Client unavailable	Not available in primary language	Premature termination	Client refused	Other Reasons
		percent	24.92%	18.21%	17.89%	14.70%	11.18%	13.10%
		n	78	57	56	46	35	41

Youth Outcome Questionnaire (YOQ) 2.01 (Parent)	Total Pre 2126		Parent/care provider unavailable	Administration date exceeds acceptable range	Outcome measure unavailable	Clinician not trained in outcome measure	Parent/care provider refused	Other Reasons
		percent	55.97%	17.78%	9.55%	5.88%	5.36%	5.46%
		n	1190	378	203	125	114	116
	Total Post 1450		Parent/care provider unavailable	Premature termination	Outcome measure unavailable	Lost contact with parent/care provider	Parent/care provider refused	Other Reasons
		percent	49.17%	24.00%	5.52%	5.17%	5.17%	10.97%
		n	713	348	80	75	75	159

Youth Outcome Questionnaire Self Report – 2.0 (YOQ-SR)	Total Pre 1137		Administration date exceeds acceptable range	Outcome measure unavailable	Client refused	Clinician not trained in outcome measure	Client unavailable	Other Reasons
		percent	35.62%	18.91%	17.94%	11.79%	8.00%	7.74%
		n	405	215	204	134	91	88
	Total Post 1266		Premature termination	Client unavailable	Lost contact with client	Client refused	Outcome measure unavailable	Other Reasons
		percent	31.99%	29.15%	10.35%	8.29%	7.19%	13.03%
		n	405	369	131	105	91	165

Outcome Questionnaire – 45.2*	Total Pre 466		Outcome measure unavailable	Not available in primary language	Administration date exceeds acceptable range	Clinician not trained in outcome measure	Client refused	Other Reasons
		percent	31.12%	18.88%	14.81%	10.30%	8.37%	16.52%
		n	145	88	69	48	39	77
	Total Post 332		Lost contact with client	Client unavailable	Premature termination	Client refused	Outcome measure unavailable	Other Reasons
		percent	24.70%	23.49%	19.88%	9.34%	7.83%	14.76%
		n	82	78	66	31	26	49

Total Treatment Cycles	Average Length of Treatment in Weeks	Range of Treatment Weeks		Average Number of Sessions	Range of Sessions	
		Min	Max		Min	Max
1233	31	0	127	37	1	334

		Percent Improvement from Pre to Post	Percent of Clients Showing Reliable Change* from Pre-SS to Post-SS		
			Positive Change	No change	Negative Change
UCLA PTSD-RI - Parent	TOTAL	35.44% (n=157)	20.38%	74.52%	5.10%
			32	117	8
UCLA PTSD-RI - Child/Adolescent	TOTAL	29.44% (n=349)	22.06%	73.64%	4.30%
			77	257	15
UCLA PTSD-RI - Adult	TOTAL	20.58% (n=81)	25.93%	67.90%	6.17%
			21	55	5
Youth Outcome Questionnaire (YOQ) - 2.01 (Parent)	TOTAL	30.77% (n=206)	50.49%	35.44%	14.08%
			104	73	29
Youth Outcome Questionnaire - Self Report - 2.0 (YOQ-SR)	TOTAL	31.61% (n=433)	46.19%	43.88%	9.93%
			200	190	43
Outcome Questionnaire – 45.2*	TOTAL	19.43% (n=115)	41.74%	49.57%	8.70%
			48	57	10

\*Please see Appendix A. for a description of the Seeking Safety outcome measures and the outcome indicators (percent improvement in average scores; and, percent of clients showing reliable change).

Note1: Possible PTSD-RI range from 0-68, with a clinical cutpoint of 38.

Note2: Possible YOQ Total Scores range from -16-240, with a clinical cutpoint of 46.

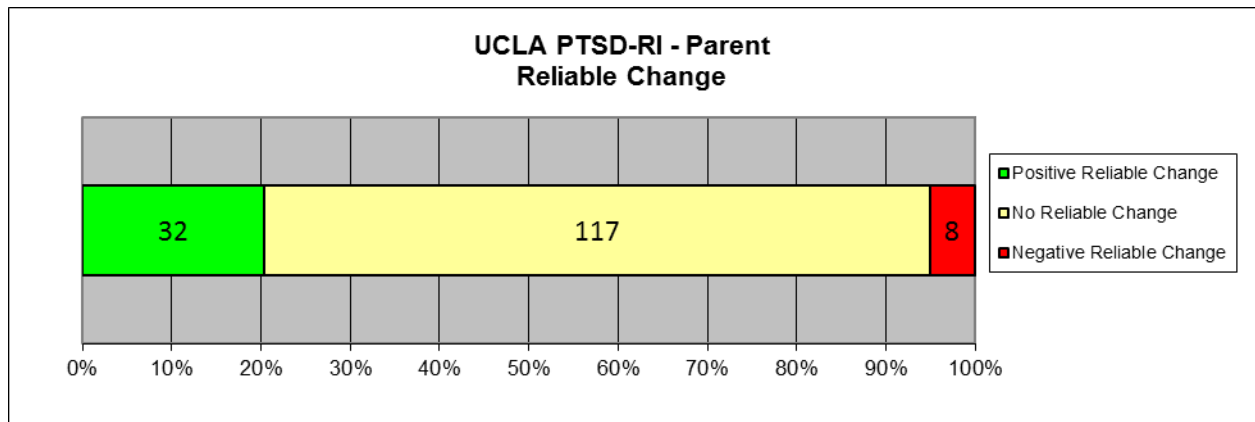
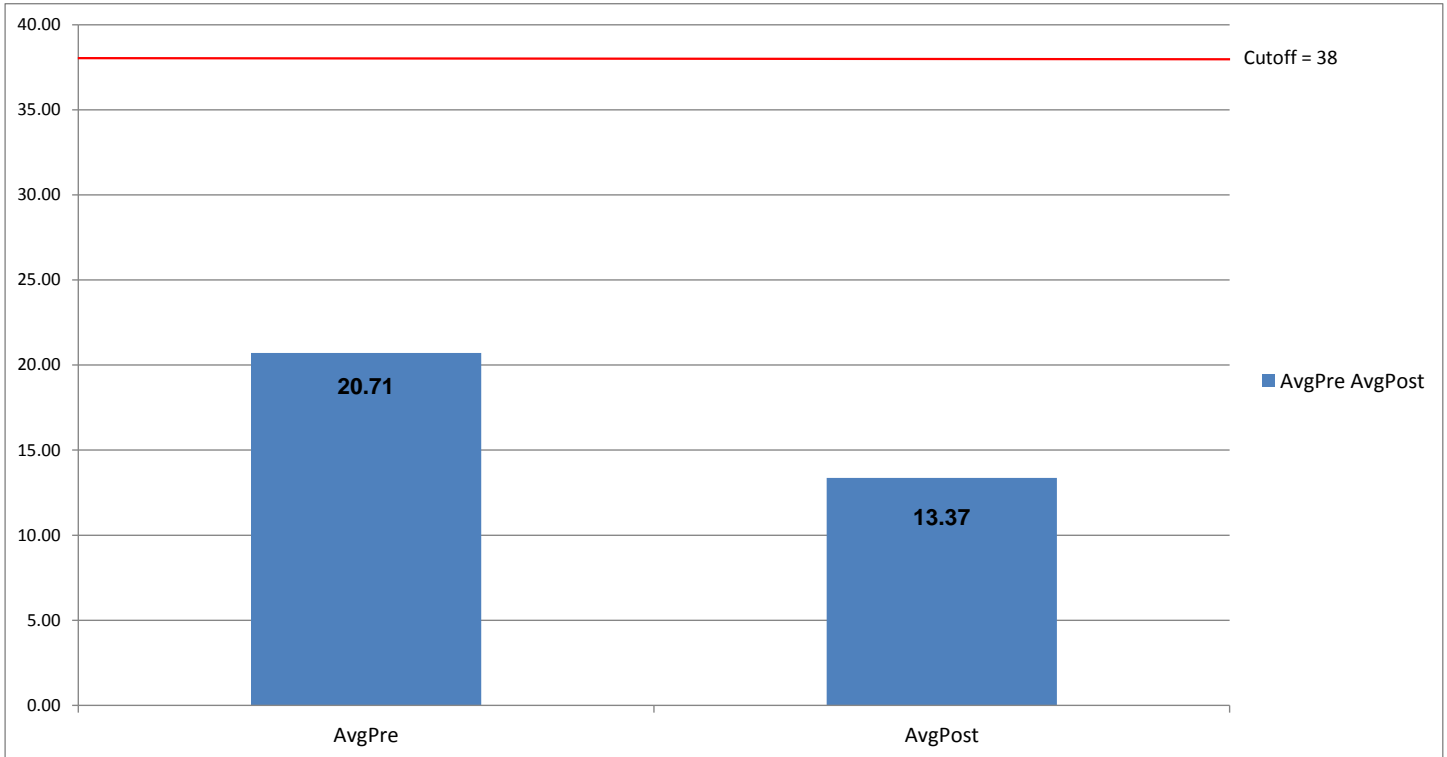
Note3: Possible YOQ-SR Total Scores range from -16-240, with a clinical cutpoint of 47.

Note4: Possible OQ Total Scores range from 0-180, with a clinical cutpoint of 63.

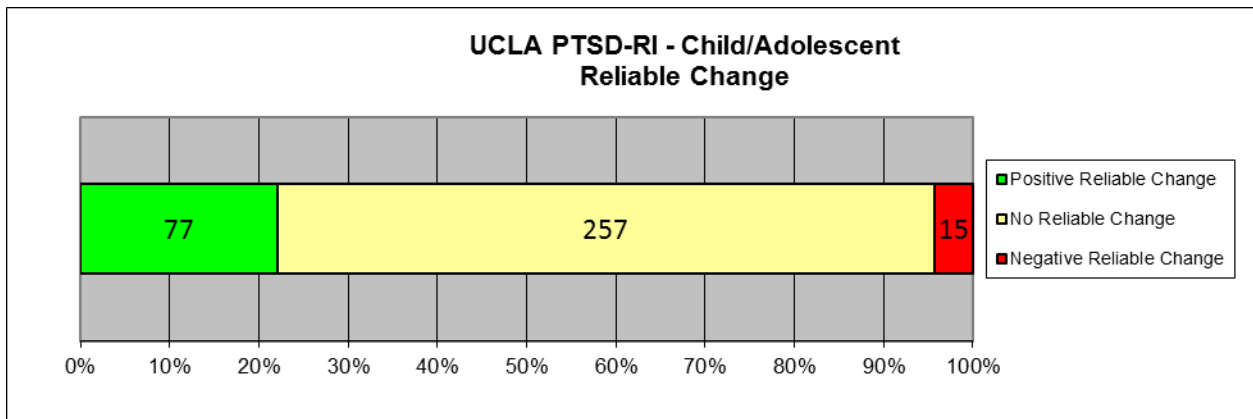
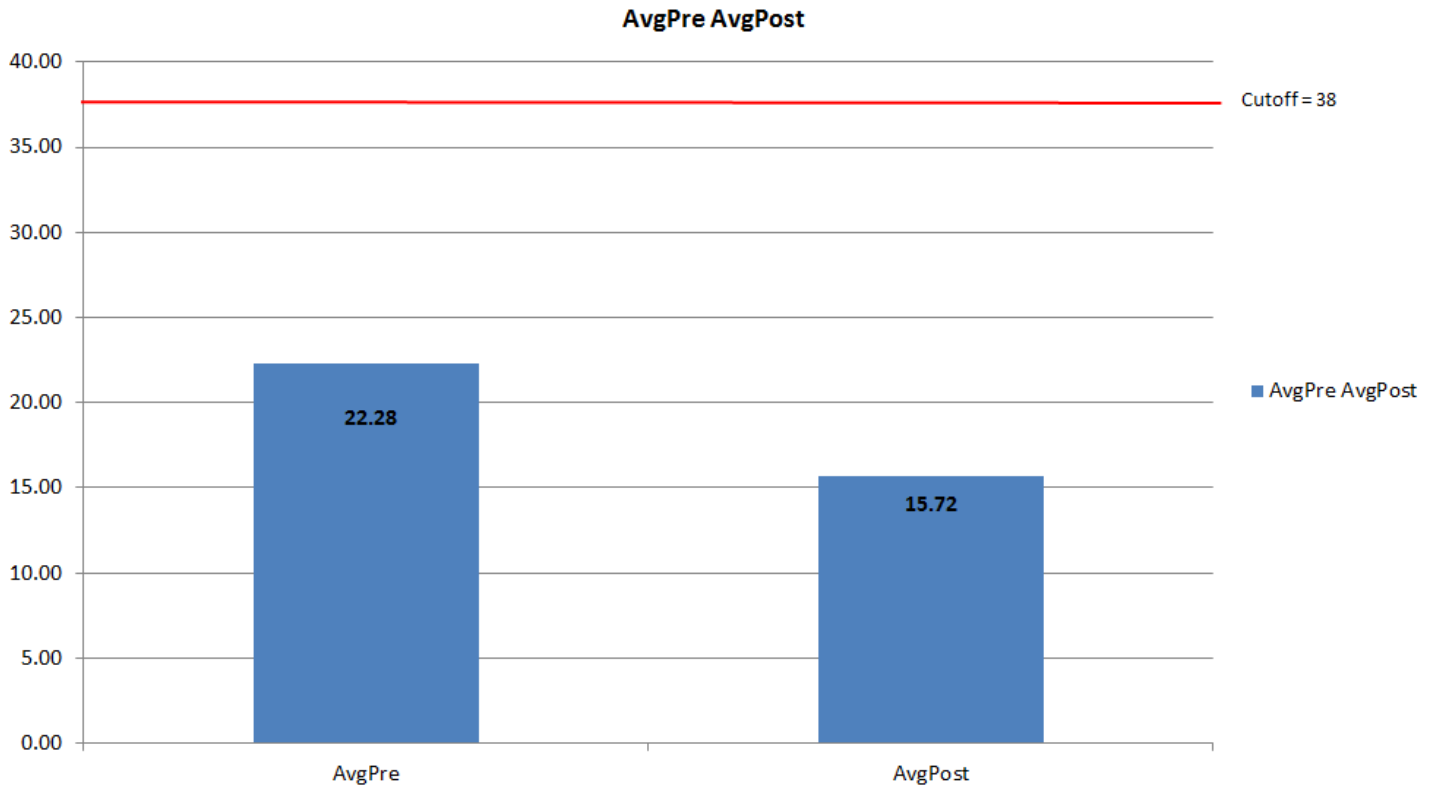
Note5: Unable to compute Reliable Change for the PTSD-RI Adult scale.

Note6: Positive Change indicates that the scores decreased from the pre to the post measures.

## UCLA PTSD RI – Parent (n=157)

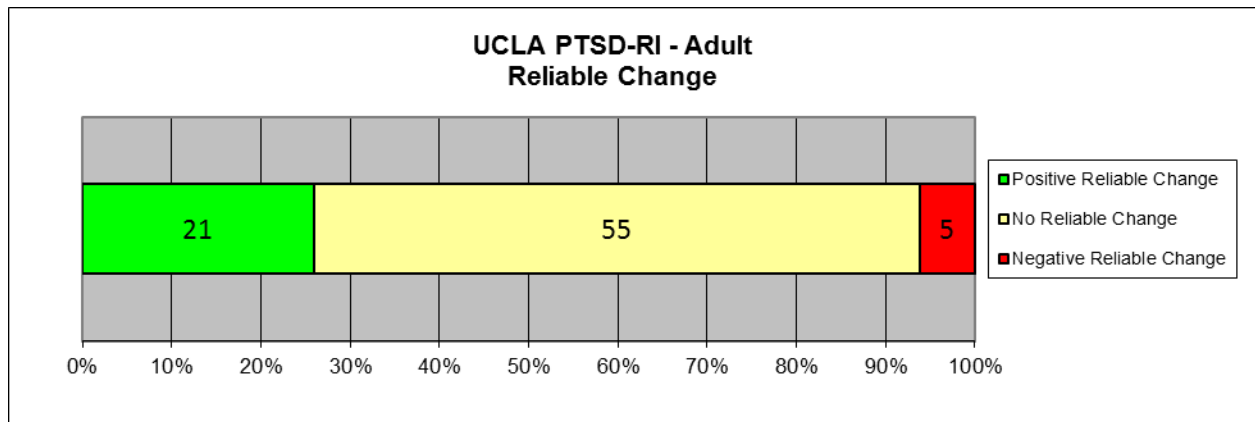
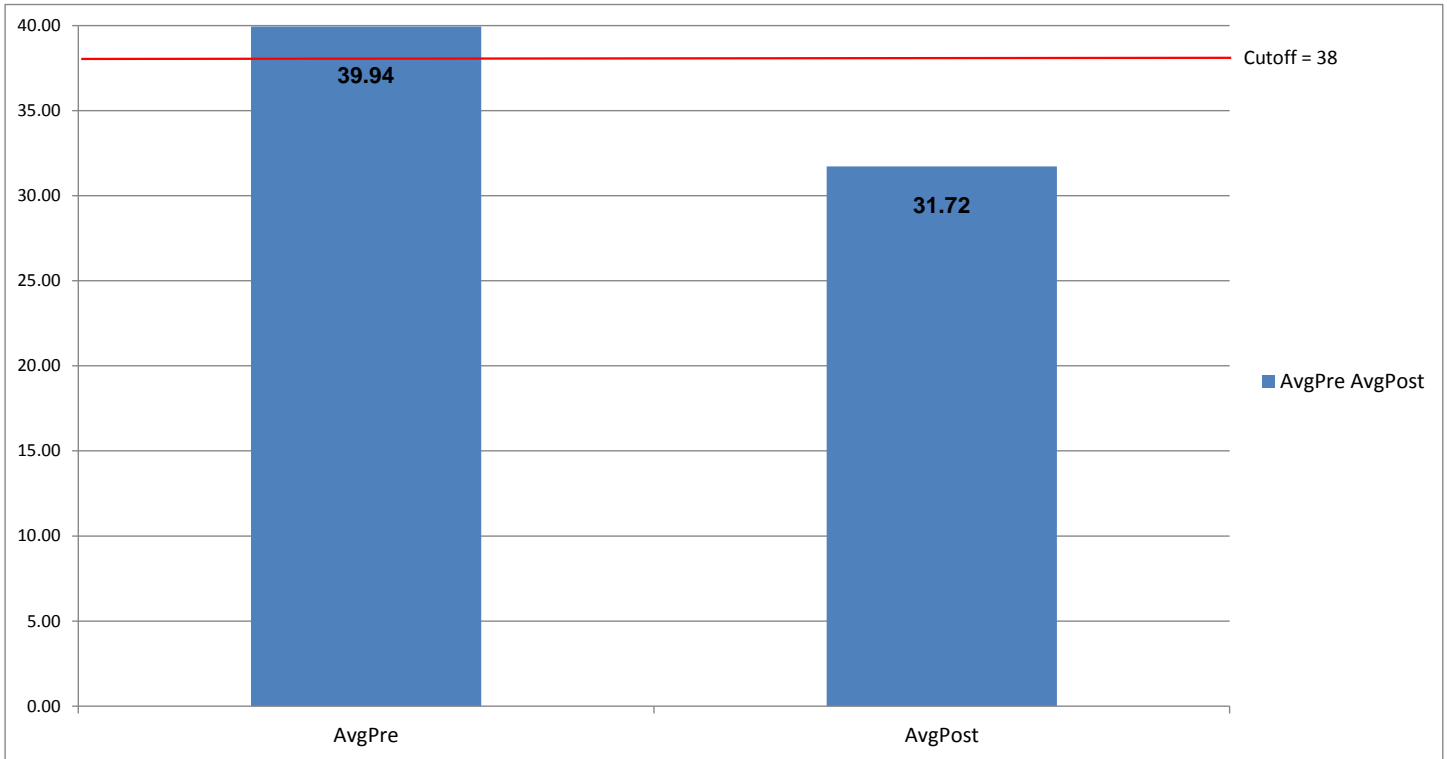


## UCLA PTSD RI – Child/Adolescent (n=349)

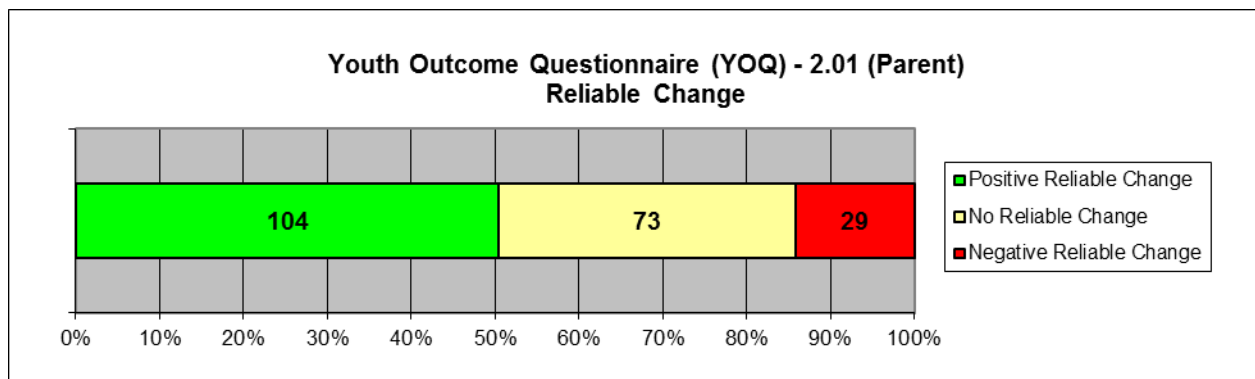
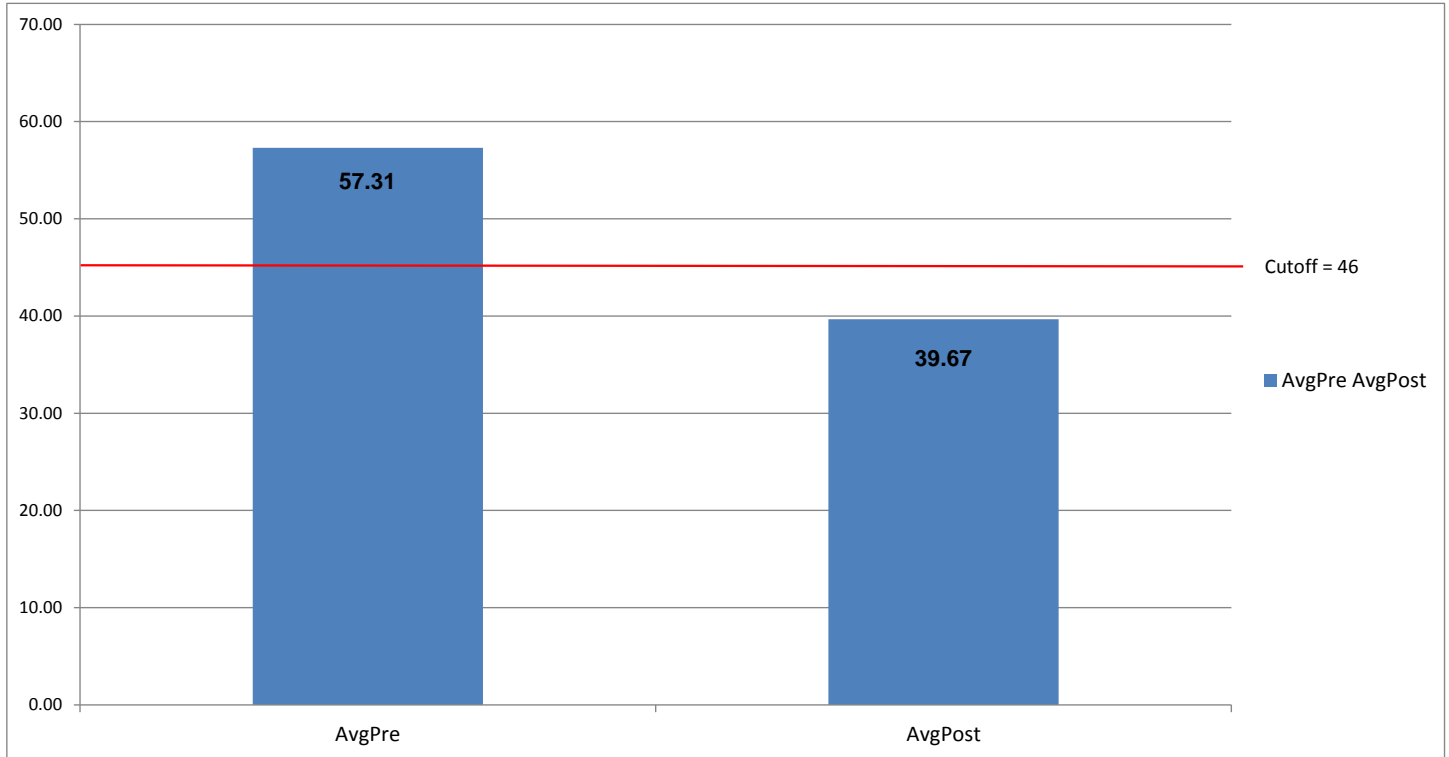




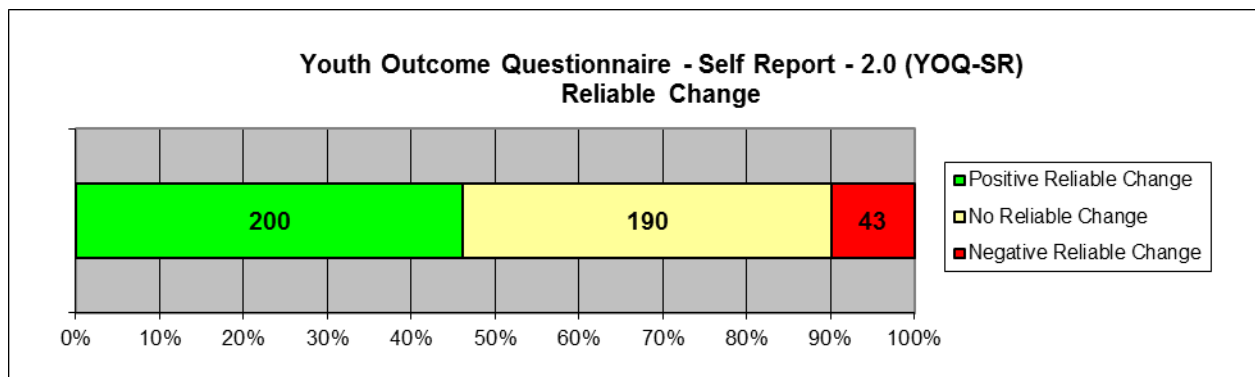
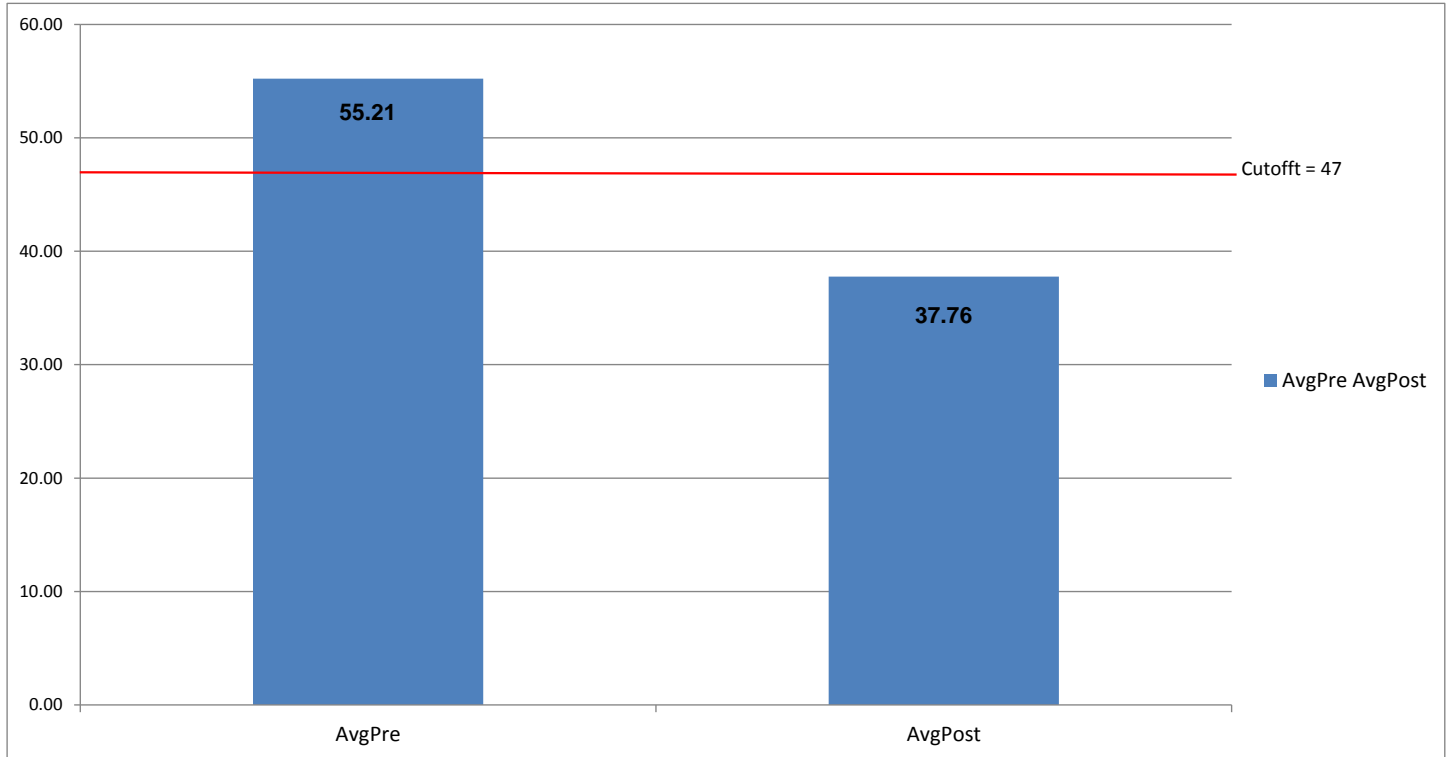
## UCLA PTSD-RI – Adult (n=81)



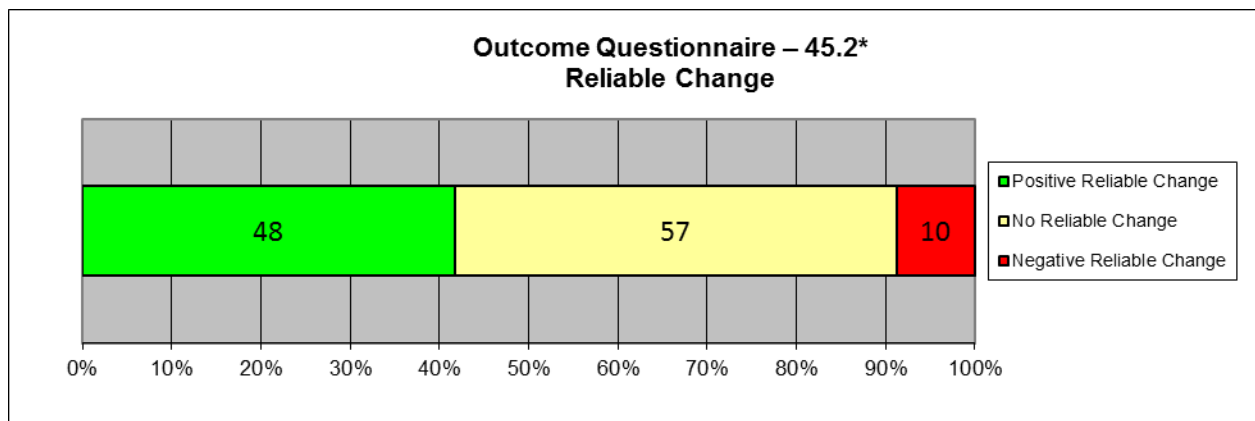
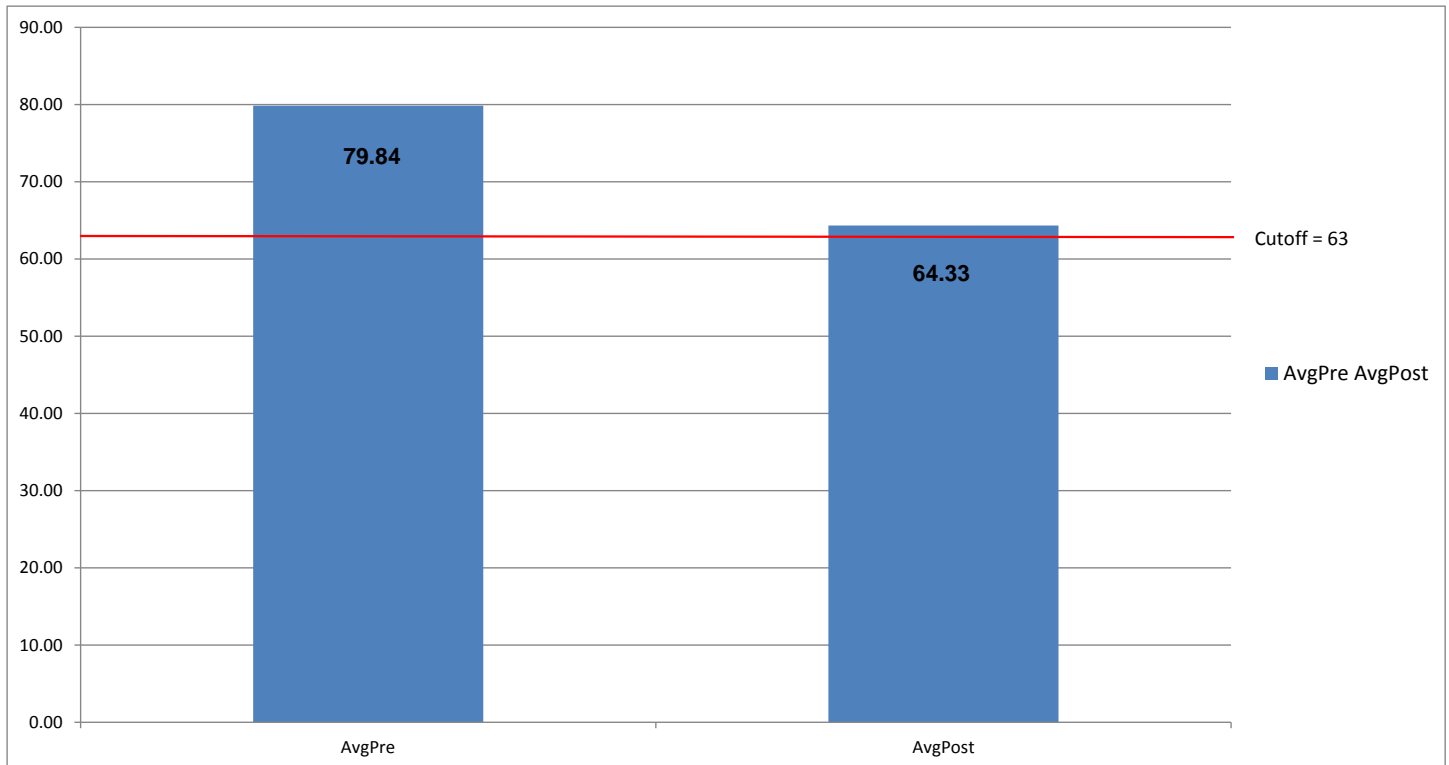
**Youth Outcome Questionnaire (YOQ) – 2.01 (Parent)**  
**(N=206)**



**Youth Outcome Questionnaire – Self Report – 2.0 (YOQ-SR)**  
**(N=433)**



**Outcome Questionnaire-45.2**  
**(N=115)**



## Appendix

### Youth Outcomes Questionnaires (YOQ and YOQ-SR)

The Youth Outcome Questionnaire is a 64-item parent-report that assesses global distress in a child's/adolescent's life from 4-17 years of age. The YOQ-SR is the Self-report version of the YOQ and is completed by the child/adolescent. Total scores on both measures can range from -16 to 240. Total scores of 46 or higher are most similar to a clinical population on the YOQ. A total score of 47 is most similar to that of a clinical population on the YOQ-SR.

### Outcomes Questionnaires (OQ)

The Outcome Questionnaire is a 45-item self-report that assesses global distress in a client's life from ages 19 and older. Total Scores on this measure can range from 0 to 180, with scores of 63 or higher indicating clinical significance.

### Post-Traumatic Stress Disorder Reaction Index (PTSD-RI)

The UCLA Post-Traumatic Stress Disorder Reaction Index (PTSD-RI) is a brief (21 or 22-item measure depending on the version) that measures the frequency of occurrence of post-traumatic stress disorder symptoms during the month prior to the assessment. The Child/Adolescent Version is appropriate for clients age 6-20. The Parent Version is appropriate for clients age 3-18. The Adult Short-form is appropriate for clients age 21+.

Possible Total PTSD Severity Scores range from 0-68; and scores of 38 or higher have the greatest sensitivity and specificity for detecting PTSD.

### Reliable Change Index (RCI)

When comparing Pre and Post scores, it is very helpful to know whether the change reported represents the real effects of the treatment or errors in the system of measurement. The Reliability of Change Index (RCI) is a statistical way of helping to insure that the change recorded between pre and post assessments exceeds that which would be expected on the basis of measurement error alone. The RCI has been calculated using the Jacobson and Truax (1991) method and indicates when change exceeds that which would be expected on the basis of error at the  $p < .05$  probability level. For a more in-depth discussion of Reliability of Change see Jacobson, N. S., & Truax, P. (1991). Clinical Significance: A statistical approach to defining meaningful change in psychotherapy research. *Journal of Consulting and Clinical Psychology*, 59, 12-19. Also see Wise, E. A. (2004). Methods for analyzing psychotherapy outcomes: A review of clinical significance, reliable change, and recommendations for future directions. *Journal of Personality Assessment*, 82(1), 50-59.

The number and percent of clients experiencing positive change, no change and negative change are recorded in table 6. Healthful change in each of the measures cited here means that scores have decreased in value from pre to post test administrations (i.e. recorded a negative change on the RCI). To help avoid confusion, healthful reliable change is presented as positive while unhealthful reliable change is presented as negative change.

The Reliable Change analysis for the PTSD-RI Adult Short-Form used the same Cronbach Alpha score found in the other PTSD-RI versions.

### Supplemental Information for Table 3 “Other” Diagnosis Category

DSM-IV Primary Axis Diagnosis - Clients Who Entered Seeking Safety	n	Percent
Disruptive Behavior Disorder NOS	431	11.60%
Major Depressive Disorder, Recurrent, Moderate	317	8.54%
Conduct Disorder, Adolescent-Onset Type	277	7.46%
Attention-Deficit/Hyperactivity Disorder, Combined Type or Hyperactive Impulse Type	273	7.35%
Major Depressive Disorder, Rec., Severe W/O Psychotic Features	230	6.19%
Anxiety Disorder NOS	176	4.74%
Generalized Anxiety Disorder	151	4.07%
Bipolar Disorder NOS	139	3.74%
Major Depressive Disorder, Single Episode, Moderate	129	3.47%
Major Depressive Disorder, Rec., Severe With Psychotic Features	117	3.15%
Major Depressive Disorder, Recurrent, Unspecified	88	2.37%
Psychotic Disorder NOS	85	2.29%
Adjustment Disorder With Anxiety and Depressed Mood	80	2.15%
Adjustment Disorder With Depressed Mood	73	1.97%
Schizoaffective Disorder	70	1.88%
Major Depressive Disorder, SE, Severe W/O Psychotic Features	62	1.67%
Major Depressive Disorder, Recurrent, Mild	62	1.67%
Conduct Disorder, Childhood-Onset Type	60	1.62%
Major Depressive Disorder, Single Episode, Mild	60	1.62%
Major Depressive Disorder, Single Episode, Unspecified	58	1.56%
Attention-Deficit/Hyperactivity Disorder, Predominantly Inattentive Type	57	1.53%
Adjustment Disorder W/Mixed Disturbance Emotion and Conduct	54	1.45%
Major Depressive Disorder, SE, Severe With Psychotic Features	52	1.40%
Schizophrenia, Paranoid Type	50	1.35%
Bipolar II Disorder	35	0.94%
Attention-Deficit/Hyperactivity Disorder NOS	32	0.86%
Adjustment Disorder Unspecified	28	0.75%
Panic Disorder Without Agoraphobia	26	0.70%
Adjustment Disorder With Anxiety	22	0.59%
Bipolar I Disorder, MRE, Depressed, Unspecified	21	0.57%
Bipolar I Disorder, MRE, Depressed, Severe With Psychotic Features	19	0.51%
Bipolar I Disorder, MRE, Depressed, Severe W/O Psychotic Features	19	0.51%
Adjustment Disorder With Disturbance of Conduct	19	0.51%
Conduct Disorder, Unspecified Onset	16	0.43%
Major Depressive Disorder, Recurrent, In Partial Remission	15	0.40%
Obsessive-Compulsive Disorder	15	0.40%
Bipolar I Disorder, MRE, Mixed, Moderate	15	0.40%
Bipolar I Disorder, MRE, Mixed, Severe W/O Psychotic Features	15	0.40%
Intermittent Explosive Disorder	14	0.38%

<b>DSM-IV Primary Axis Diagnosis - Clients Who Entered Seeking Safety</b>	<b>n</b>	<b>Percent</b>
Bipolar I Disorder, MRE, Mixed, Unspecified	14	0.38%
No Diagnosis (code invalid as Secondary/Axis III Diagnosis)	14	0.38%
Bipolar I Disorder, MRE, Depressed, Moderate	13	0.35%
Diagnosis Deferred (code invalid as Secondary/Axis II Diagnosis)	12	0.32%
Bipolar I Disorder, MRE, Mixed, Severe With Psychotic Features	12	0.32%
Social Phobia	10	0.27%
Bipolar I Disorder, MRE, Hypomanic/Manic Unspecified	10	0.27%
Bipolar I Disorder, MRE, Manic, Severe With Psychotic Features	10	0.27%
Reactive Attachment Disorder of Infancy or Early Childhood	9	0.24%
Bipolar I Disorder, MRE, Unspecified	9	0.24%
Bipolar I Disorder, MRE, Manic, Moderate	8	0.22%
Panic Disorder With Agoraphobia	8	0.22%
Schizophrenia, Disorganized Type	7	0.19%
Acute Stress Disorder	7	0.19%
Mood Disorder Due to ...(Indicate Medical Condition)	6	0.16%
Schizophrenia, Undifferentiated Type	6	0.16%
Bipolar I Disorder, MRE, Manic, Severe W/O Psychotic Features	6	0.16%
Pervasive Developmental Disorder NOS/Asperger's Disorder/Rett's Disorder	5	0.13%
Major Depressive Disorder, Single Episode, In Partial Remission	5	0.13%
Cyclothymic Disorder	5	0.13%
Bipolar I Disorder, MRE, Depressed, Mild	4	0.11%
Separation Anxiety Disorder	4	0.11%
Bipolar I Disorder, MRE, Depressed, In Partial Remission	4	0.11%
Disorder of Infancy, Childhood, or Adolescence NOS	4	0.11%
Bipolar I Disorder, Single Manic Episode, Unspecified	4	0.11%
Impulse-Control Disorder NOS	4	0.11%
Major Depressive Disorder, Recurrent, In Full Remission	3	0.08%
Drug Induced Psychotic Disorder, With Delusions	3	0.08%
Drug Induced Mood Disorder	3	0.08%
Bipolar I Disorder, MRE, Mixed, Mild	3	0.08%
Bereavement	3	0.08%
Gender Identity Disorder in Adolescents or Adults	3	0.08%
Delusional Disorder	2	0.05%
Cannabis Abuse	2	0.05%
Eating Disorder NOS	2	0.05%
Schizophrenia, Residual Type	2	0.05%
Anxiety Disorder Due to General Medical Condition	2	0.05%
Drug Induced Psychotic Disorder, With Hallucinations	2	0.05%
Catatonic Disorder Due to General Medical Condition	1	0.03%
Somatoform Disorder NOS and Undifferentiated Somatoform Disorder	1	0.03%
Bulimia Nervosa	1	0.03%
Anorexia Nervosa	1	0.03%

<b>DSM-IV Primary Axis Diagnosis - Clients Who Entered Seeking Safety</b>	<b>n</b>	<b>Percent</b>
Psychotic Disorder Due to ...(Indicate Medical Condition) with Delusions	1	0.03%
Bipolar I Disorder, MRE, Depressed, In Full Remission	1	0.03%
Dyspareunia (Not Due to a Medical Condition)	1	0.03%
Religious or Spiritual Problem/Phase of Life Problem	1	0.03%
Drug Induced Disorder NEC	1	0.03%
Drug Related Disorder NOS	1	0.03%
Parent-Child Relational Problem	1	0.03%
Polysubstance Dependence	1	0.03%
Brief Psychotic Disorder	1	0.03%
Bipolar I, SME, Severe W/O Psychotic Features	1	0.03%
Schizophreniform Disorder	1	0.03%
Adult Antisocial Behavior	1	0.03%
Agoraphobia Without History of Panic Disorder	1	0.03%
Pain Disorder Associated w/Psychological and Medical	1	0.03%
Bipolar I Disorder, MRE Manic, In Full Remission	1	0.03%
Unspecified Mental Disorder (Nonpsychotic)	1	0.03%
Bipolar I Disorder, Single Manic Episode, Moderate	1	0.03%
Drug Induced Delirium	1	0.03%
<b>Total Other</b>	<b>3714</b>	<b>100.00%</b>