

**COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH**  
Adult System of Care-MHSA Implementation & Outcomes Division

**SUMMARY FOR:**

Interpersonal Psychotherapy (IPT) for Depression Learning Network  
December 14, 2016

**Location:**

600 South Commonwealth Ave.  
Los Angeles, CA 90005  
2nd Floor Conf. Room 113

**Facilitator:**

Ivy Levin, LCSW, Psychiatric Social Worker II

**Practice Lead for IPT:**

Keri Pesanti, Psy.D.

**Participants:**

Oreta Draper, The Guidance Center  
Art Escamilla, Rio Hondo Mental Health  
Amanda Gentz, Hathaway-Sycamores Child and Family Services  
Sharon Greene, Saint John's CFDC  
Nicole Gutman, Downtown MHC  
Kristin Howard, Los Angeles Child Guidance Clinic  
Casey Meinster, Hathaway-Sycamores Child and Family Services  
Shivani Patel Escamilla, Telecare Older Adult PEI Program  
Jennifer Regan, Hathaway-Sycamores Child and Family Services  
Malia Thorpe, VIP-CMHC  
Christina Gracia, AICC

Adam Sternberg, LACGC  
Scott Hanada, DMH-ASOC  
Valerie Williams-Siler, VIP-CMHC  
Michelle Bilotta-Smith, Amanecer  
Lucian Song, Long Beach API  
Latesa Madkins, PEI Administration  
ChingFang Chan, Downtown MHC  
Victoria Lee, DMH-ASOC  
Joshua Cornell, MHSA Implementation and Outcomes Division  
Alex Silva, MHSA Implementation and Outcomes Division  
George Eckart, MHSA Implementation and Outcomes Division

I. Welcome and Introductions

II. Review of Reports

- Individual provider reports and Aggregate data

*G. Eckart reviewed the contents of participants' data packet. He provided a detailed overview of the aggregate report including but not limited to number of clients entering the practice, diagnoses, unable to collect reasons, average number of sessions, and reliable change for each outcome measure. G. Eckart then went over other reports such as the Compliance Stats, Questionnaire Stats, Complete Client List, Core Services report and the Unable to Collect report, and described the usefulness of each report. He also had participants calculate their own dropout rate and had them compare it to the countywide IPT dropout rate of 46.7%. Participants had many intriguing questions regarding the data which were answered by the PEI outcomes team. G. Eckart also informed participants that we were in the process of making changes to several of our reports which will be available at our next learning network meeting.*

III. PEI Administration

- Training Updates



- IPT Meet and Greet with the IPT Institute
- IPT Practice Successes and Challenges

*K. Pesanti, informed participants of an upcoming IPT booster training on Friday, January 20, 2017 at Children's Bureau, 1910 Magnolia Blvd, Los Angeles, CA 90007 at 8:30 a.m. The training is for clinicians that have completed Level A training on IPT. The course is designed to instruct participants in the advanced use of IPT. Participants who were interested were instructed to register online at IPTINSTITUTE.COM. In addition, she reported that the Department would also be providing some IPT training sometime in 2017. She reported that DMH was looking to train 120 clinicians in IPT. K. Pesanti also mentioned that pursuant to "Not Qualified to Claim", clinicians should do their due diligence in requesting a certificate of completion for IPT training so they can continue to claim for the practice. Providers shared barriers in implementing IPT with certain individuals and other issues that impede their ability to receive the full benefits of the treatment. Members requested doing some case conceptualizations and involving Dr. Scott Stuart via conference call to help walk participants through difficult cases for future learning networks.*

#### IV. Next PPLN Meeting

- Future agenda items?

*Please email proposed future agenda items to: [PEIOutcomes@dmh.lacounty.gov](mailto:PEIOutcomes@dmh.lacounty.gov).*

*Date/Time/location of next meeting TBD*