COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH
Program Support Bureau-MHSA Implementation & Outcomes Division

SUMMARY FOR:
Incredible Years (IY) Learning Network
July 8, 2015

Location:
600 S. Commonwealth Ave
6th floor Conference Room A
Los Angeles, CA 90005

Facilitator:
Frances Pavon-Lara, MPA, Mental Health Services Coordinator II

Practice Lead:
Allegra Klacsmann, Ph.D., Clinical Psychologist II

Participants:

Jonathan Aceves, Hillsides	Angie Lu, Prototypes
Evelyn Castro-Guillen, The Whole Child	Cristina Nolf, Children's Bureau
Kate Chambers, Foothill Family Service	Jessica Maust, Hathaway-Sycamores
Dean Coffey, CHLA	Laura Mazariegos, CHLA
Ellie Du, Amanecer	Casey Meinster, Hathaway-Sycamores
George Eckart, MHSA Implementation & Outcomes	Micah Orliss, CHLA
Rosalie Finer, MHSA PEI Admin	Rocio Parra, The Whole Child
Andie Gonzalez, Hathaway-Sycamores	Evelyn Santana, LBCAP
Marta Lear, Providence Community Services	Alex Silva, MHSA Implementation & Outcomes
Susie Lee, VIP	Carmen Rubio, Shields for Families
Ivy Levin, MHSA Implementation & Outcomes	Stephanie Yu, MHSA PEI Admin
Luis Lopez, Children's Institute	

I.   Welcome and Introductions

> *F. Pavon-Lara and A. Klacsmann welcomed participants and facilitated introductions.*

II.   Updates since previous PPLN

III.   Review of Reports
- Review of available reports
- How is data being shard with clinical staff and clients?
- How is the data being utilized?
- What data/information may be helpful in future meetings?
- Hot tip or new strategies being utilized to integrate outcomes into clinical practice

> *G. Eckart briefly reviewed the IY aggregate report and went over the number of new clients claimed, entered into PEI OMA, and the number of clients completing, dropping out, and that are still in treatment since the last IY quarterly meeting. A discussion about dropout rates ensued where*

providers wanted to know how they could decrease their dropout rates. Providers shared the importance of assessing the client's willingness and motivation to enter into treatment as an important factor in having them complete the treatment. Other factors or variables such as having transportation, daycare, and food available for families participating in treatment appear to have a positive impact on clients completing the treatment.

G. Eckart explained reasons why some providers have a compliance rates over a 100%. One of the reasons discussed was having clients entered into PEI OMA but not claimed to that EBP. A. Silva shared other reason why providers may have a compliance rate over 100% such as entering clients into PEI OMA with only one core claim that never received the treatment. This would increase their compliance rate, but also increase their dropout rate. He explained that if clients never received the treatment that they should not be entered into PEI OMA.

IV.   Supporting Implementation of IY
   - Supporting New Clinicians; Dean Coffey, PhD
   - IY Training Updates; Dean Coffey, PhD
   - IY Recruitment: The Benefits of IY to Local Elementary Schools; Luis Lopez, LCSW

D. Coffey presented on the three levels of IY certification and discussed model fidelity. He passed around a sample chart and 2 fidelity checklists for participants to review. He shared the consultants who review audio recordings for certification provide strengths-based support and thorough feedback. He referenced the IY website for further details on the certification process. D. Coffey also announced the dates for the upcoming IY trainings in the Los Angeles area. Lastly he passed around IY training materials for participants to review, including training manuals, videos and printed handouts. Participants discussed the potential for creating a shared IY training material library.

A participant requested clarification about the DMH requirements to bill PEI for IY. A. Klacsmann clarified the definition in the PEI Required Training Protocols per the Training Protocols for PEI Programs rev. 12/04/2014 was: A) Complete the 3-day training for each program selected (Babies, Toddlers, Early Child (ages 3-6), School Age Basic (ages 6-12), or Advanced (ages 6-12). B) Attend 1-consultation day per program (Trainees must bring in videos of their sessions). C) Additional consultations are available upon request. S. Yu recommended participants review the DMH IY training protocols for further information.

L. Lopez spoke about the use of IY in elementary school settings and offered strategies to support client engagement in treatment. L. Lopez then gave a brief presentation with the IY puppets.

V.   Who is a PEI Client?
   - Rosalie Finer, PhD, & Stephanie Yu, MSW; PEI Administration

R. Finer and S. Yu provided clarification of the PEI target population and presented the following definition:

According to the Prevention and Early Intervention Plan for Los Angeles County (August 2009), PEI focuses on evidence-based, promising or community defined evidence practices, education, support, and outreach to help inform and identify those who may be affected by some level of mental health issue. Specifically, early intervention services are directed towards individuals and families for whom a short-term (usually less than one year), relatively low-intensity intervention is appropriate to

measurably improve a mental health situation early in its manifestation. Early intervention services may avoid the need for more extensive mental health treatment, or prevent the mental health problem from becoming worse.

VI.   IY Website

A. Klacsmann announced the IY parent books are now available as audiobooks. Participants were encouraged to access the Incredible Years website (www.incredibleyears.com) for additional practice information and resources.

VII.   Open Forum

- IY Protocol Questions

One participant inquired if administering and submitting outcome data would continue to be mandatory for PEI. A. Silva clarified that reporting on client outcomes is a State requirement and also allows providers the opportunity to demonstrate the efficacy of their PEI services. A. Silva encouraged participants to use the PEI Optional Worksheets to assist with data collection and entry, as well as to visit the PEI Outcomes project website for more resources.

VIII. Next PPLN Meeting

- Future agenda items

F. Pavon-Lara encouraged participants to email topics of conversation for the next LN. Date/time of the next IY LN TBA.