### COUNTY OF LOS ANGELES – DEPARTMENT OF MENTAL HEALTH PROGRAM SUPPORT BUREAU – MHSA IMPLEMENTATION AND OUTCOMES DIVISION





WELLNESS • RECOVERY • RESILIENCE

## Prevention & Early Intervention: Incredible Years Countywide Aggregate Practice Outcomes Dashboard Report

# Outcome Data Submission through October 10, 2013

#### Participating Legal Entities Include:

Child and Family Center	San Fernando Valley Child Guidance
Children's Hospital of Los Angeles	Special Service for Groups
Children's Institute Inc.	Star View Adolescent Center, Inc.
Community Counseling Services	VIP Mental Health Center, Inc.
Foothill Family Services	L.A. COUNTY DMH
Hathaway Sycamores Child & Family Services	Long Beach Child & Adolescent Program
Hillsides	South Bay Ties For Families

#### Agencies submitting outcomes that are not approved to provide IY by PEI Administration:

Center for Integrated Family Health

Table 1. IY St	Table 1. IY Status Since Inception to October 10, 2013								
			Clients						
# of Clients	# of Clients	# of Tx	with	Clients	Clients				
Claimed to	Entered into	Cycles in	Multiple	Completing	Dropping-				
Practice	PEI OMA	PEI OMA	Тx	Тx	Out of Tx				
			Cycles						
1678	56.02%	964	2.45%	45.95%	24.07%				
n=	940	n=	23	443	232				

Note 1: Clients Claimed was based on IY being selected as the EBP in a PEI Plan and having  $\geq 1$  core services claimed to the practice.

Note 2: Number of clients Completing Tx or Dropping-Out of Tx was determined by whether the EBP was said to be completed (e.g. answered "yes" or "no") in the PEI OMA.

Table 2. Client Demographics - Clients Who Entered IY											
	Age	Ger	lder			Ethnicity	/	Primary Language			age
Total Number of Clients	Average	Female	Male	African-American	Asian / Pacific Islander	Caucasian	Hispanic / Latino	Other	English	Spanish	Other
940	7	33.62%	66.38%	9.89%	0.85%	3.72%	81.60%	3.94%	51.70%	47.34%	0.96%
	n=	316	624	93	8	35	767	37	486	445	9

Note 1: Age is calculated at the date of the first EBP.

Note 2: Percentages may not total 100 due to rounding and/or missing data.

Table	Table 3: Top 5 Most Frequently Reported DSM-IV Primary Axis Diagnosis - Clients Who Entered IY									
Tota Treatn Cycl	nent	Disruptive Behavior Disorder NOS	Attention- Deficit/Hyperactivity Disorder, Combined Type or Hyperactive Impulse Type	Oppositional Defiant Disorder	Anxiety Disorder NOS	Disorder of Infancy, Childhood, or Adolescence NOS	Other			
964	4	25.21%	19.29%	8.20%	6.43%	5.08%	35.79%			
	n=	243	186	79	62	49	345			

Table 4: Program Proces	s Data - Clients	s Who Entered	Y IY
Outcome Measures Administered	Pre-Test with Scores	Post-test with Scores	Clients Who Completed both a Pre and Post Measure with Scores
Eyberg Child Behavior Inventory (ECBI)	73.36%	54.87%	30.20%
n=	639	327	263
Ackn=	871	596	871
Sutter Eyberg Student Behavior Inventory - Revised (SESBI-R)	0.35%	0.50%	0.00%
n=	3	3	0
Ackn=	859	599	859
Youth Outcome Questionnaire - (YOQ) 2.01 (Parent)	89.37%	66.32%	40.73%
n=	757	384	345
Ackn=	847	579	847
Youth Outcome Questionnaire – Self Report – 2.0 (YOQ-SR)	0.00%	4.17%	0.00%
n=	0	1	0
Ackn=	28	24	28

Note 1: Number of acknowledged measures (Ackn=) is determined by the number of required measures that receive a score or an unable to collect reason code.

Note 2: The % indicated for Pre-test with scores, Post-test with scores, and both a Pre- and Post-test with scores is calculated by dividing the (n=#) by the number acknowledged (Ackn=#) in the PEI OMA system for each measure. The number acknowledged (Ackn=#) for those with Pre and Post scores is an estimate based on the greatest number of matches that could be expected given the number of Pre scores acknowledged.

Table 5	Table 5a. Top Reasons Given for "Unable to Collect"									
entory (ECBI)	Total Pre		Outcome measure unavailable	Administration date exceeds acceptable range	Parent/care provider unavailable	Not available in primary language	Invalid outcome measure	Other Reasons		
lnve	232	percent	50.43%	12.07%	9.48%	8.19%	7.76%	12.07%		
ior		n	117	28	22	19	18	28		
Eyberg Child Behavior Inventory	Total Post		Premature termination	Parent/care provider unavailable	Not available in primary language	Administration date exceeds acceptable range	Outcome measure unavailable	Other Reasons		
Eyb	269	percent	39.41%	19.33%	10.78%	6.69%	5.95%	17.84%		
		n	106	52	29	18	16	48		

Table 5b	Table 5b. Top Reasons Given for "Unable to Collect"									
Behavior Inventory - SESBI-R)	Total Pre		Not required (SESBI only)	Teacher unavailable	Outcome measure unavailable	Administration date exceeds acceptable range	Premature termination	Other Reasons		
lavi 31-R	856	percent	66.59%	14.84%	13.32%	1.64%	1.40%	2.22%		
t Behavic (SESBI-R)		n	570	127	114	14	12	19		
Sutter Eyberg Student Revised (S	Total Post		Not required (SESBI only)	Teacher unavailable	Premature termination	Outcome measure unavailable	Administration date exceeds acceptable range	Other Reasons		
ĒY	596	percent	66.28%	11.24%	10.57%	9.06%	1.51%	1.34%		
Sutter		n	395	67	63	54	9	8		

Table 5c	Table 5c. Top Reasons Given for "Unable to Collect"								
ire - (YOQ)	Total Pre		Administration date exceeds acceptable range	Parent/care provider unavailable	Outcome measure unavailable	Lost contact with parent/care provider	Invalid outcome measure	Other Reasons	
nna t)	90	percent	37.78%	18.89%	16.67%	8.89%	6.67%	11.11%	
stio		n	34	17	15	8	6	10	
Youth Outcome Questionnaire 2.01 (Parent)	Total Post		Premature termination	Parent/care provider unavailable	Lost contact with parent/care provider	Administration date exceeds acceptable range	Outcome measure unavailable	Other Reasons	
out	195	percent	51.28%	23.59%	7.69%	7.18%	3.08%	7.18%	
7		n	100	46	15	14	6	14	

Table 5d.	Table 5d. Top Reasons Given for "Unable to Collect"								
Questionnaire - 2.0 (YOQ-SR)	Total Pre		Client unavailable	Outcome measure unavailable	Invalid outcome measure				
esti (YO	28	percent	71.43%	17.86%	10.71%				
		n	20	5	3				
Outcome Report -	Total Post		Client unavailable	Premature termination	Outcome measure unavailable	Invalid outcome measure			
Youth C Self	23	percent	47.83%	21.74%	17.39%	13.04%			
Хоі		n	11	5	4	3			

Table 6. Service Delivery Data – Clients Who Completed IY								
Total Treatment Cycles	Average Length of Treatment in Weeks	Rang Treatmei		Average Number of Sessions	Range of	Sessions		
443		Min	Max		Min	Max		
	20	5	69	17	1	57		

Note: Completed IY is defined as having a 'yes' for completion indicated in the PEI OMA.

Table 7. Outcon	Table 7. Outcome Data <sup>*</sup> – Clients who Completed IY								
		Percent Improvement	Percent of Clients Showing Reliable Change* from Pre-IY to Post-IY						
		from Pre to Post	Positive Change	No change	Negative Change				
	Intensity								
Eyberg Child	Raw Score	15.80%	43.78%	47.79%	8.43%				
Behavior		(n=249)	109	119	21				
Inventory (ECBI)	Problem								
(ECDI)	Raw	28.54%	41.37%	52.21%	6.43%				
	Score	(n=249)	103	130	16				
Youth Outcome									
Questionnaire -	TOTAL	24.01%	43.64%	47.27%	9.09%				
(YOQ) 2.01 (Parent)	IUIAL	(n=330)	144	156	30				

<sup>±</sup>Please see Appendix for a description of the IY outcome measures and the outcome indicators (percent improvement in average scores; and, percent of clients showing reliable change).

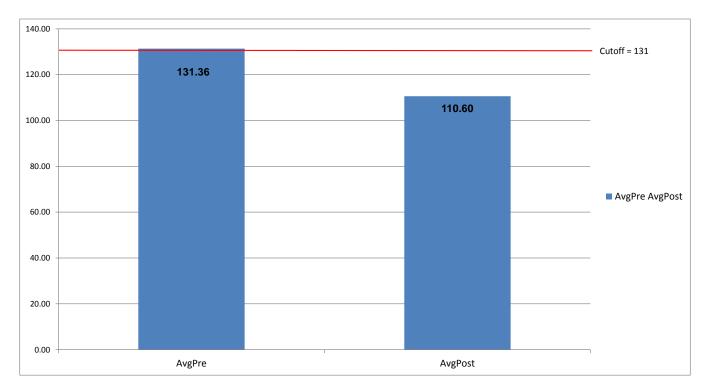
Note 1: Possible ECBI Intensity Raw Scores range from 36-252, with a clinical cutpoint of 131; and possible ECBI Problem Raw Scores range from 0-36, with a clinical cutpoint of 15.

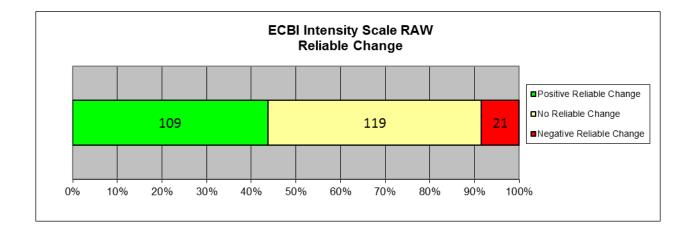
Note 2: Possible YOQ Total Scores range from -16-240, with a clinical cutpoint of 46.

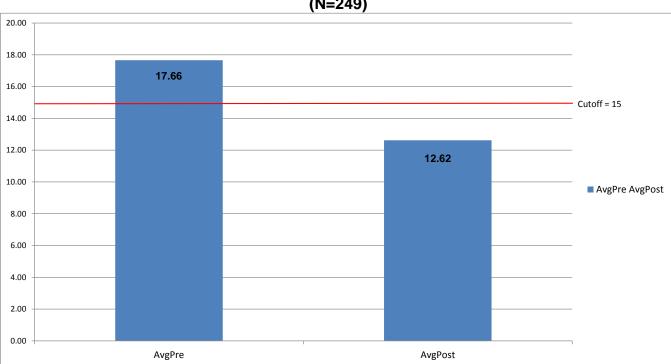
Note 3: Aggregate outcome data based on fewer than 20 matched pairs are not reported.

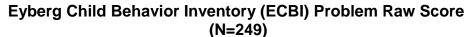
Note 4: Positive Change indicates that the scores decreased from the pre to the post measures.

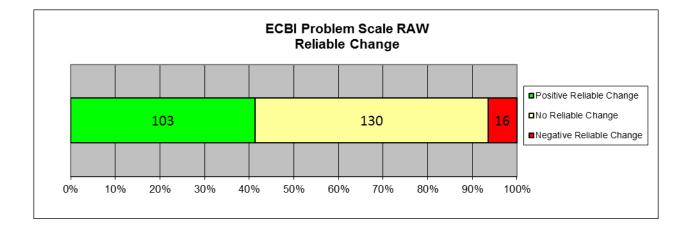
Eyberg Child Behavior Inventory (ECBI) Intensity Raw Score (N=249)



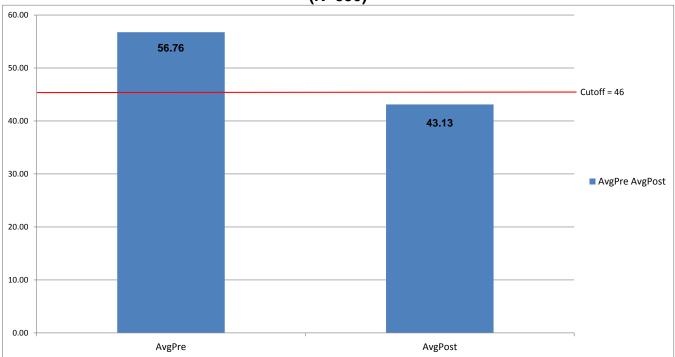


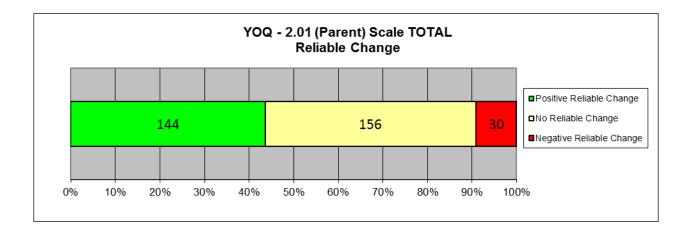






Youth Outcome Questionnaire - 2.01 (Parent) (N=330)





## Appendix

<u>Eyberg Child Behavior Inventory (ECBI)</u> The Eyberg Child Behavior Inventory is a 36-item parent-report measure that assesses behavioral problems in children from the ages of 2 through 16. Each behavior problem is rated on a 7-point intensity scale and a Yes-No problem scale that indicates whether the child's behavior is a problem for the parent. The ECBI Intensity scale scores can range from 36-252 with a clinical cut point of 131. The ECBI problem scale can range form 0-36 with a clinical cut point of 15.

<u>Sutter-Eyberg Student Behavior Inventory-Revised (SESBI-R)</u> The Sutter-Eyberg Student Behavior Inventory-Revised is a 38-item measure that assesses behavior problems in children from ages 2 through 16. The SESBI is similar in format and content to the ECBI but is designed to be completed by teachers in a school setting. The SESBI Intensity scale scores can range from 38-266 with a clinical cut point of 151. The SESBI problem scale can range form 0-38 with a clinical cut point of 19. The number and percent improvement in ECBI (SESBI) problems and Intensity scales scores from Incredible Years (IY) is reported when available.

<u>Youth Outcomes Questionnaires (YOQ and YOQ-SR)</u> The Youth Outcome Questionnaire is a 64-item parent-report that assesses global distress in a child's/adolescent's life from 4-17 years of age. The YOQ-SR is the Self-report version of the YOQ and is completed by the child/adolescent him or herself. Scores on both measures can range from -16 to 240. Scores of 46 or higher are most similar to a clinical population on the YOQ. A score of 47 is most similar to that of a clinical population on the YOQ-SR.

<u>Reliable Change Index</u> When comparing Pre and Post scores, it is very helpful to know whether the change reported represents the real effects of the treatment or errors in the system of measurement. The Reliability of Change Index (RCI) is a statistical way of helping to insure that the change recorded between pre and post assessments exceeds that which would be expected on the basis of measurement error alone. The RCI has been calculated using the Jacobson and Truax (1991) method and indicates when change exceeds that which would be expected on the basis of error at the p<.05 probability level. For a more in-depth discussion of Reliability of Change see Jacobson, N. S., & Truax. P. (1991). Clinical Significance: A statistical approach to defining meaningful change in psychotherapy research. *Journal of Consulting and Clinical Psychology*, 59, 12-19. Also see Wise, E. A. (2004). Methods for analyzing psychotherapy outcomes: A review of clinical significance, reliable change, and recommendations for future directions. *Journal of Personality Assessment*, 82(1), 50-59.

The number and percent of clients experiencing positive change, no change and negative change are recorded in table 6. Healthful change in each of the measures cited here means that scores have <u>decreased</u> in value from pre to post test administrations (i.e. recorded a negative change on the RCI). To help avoid confusion, healthful reliable change is presented as positive while unhealthful reliable change is presented as negative change.