

**COUNTY OF LOS ANGELES – DEPARTMENT OF MENTAL HEALTH  
PROGRAM SUPPORT BUREAU – MHSA IMPLEMENTATION AND OUTCOMES DIVISION**



WELLNESS • RECOVERY • RESILIENCE

**Prevention & Early Intervention: Incredible Years  
Countywide Aggregate Practice Outcomes Dashboard Report**

**Outcome Data Submission through April 12, 2013**

**Participating Legal Entities Include:**

Child and Family Center	San Fernando Valley Child Guidance
Children’s Hospital Of Los Angeles	Star View Adolescent Center
Children’s Institute Inc.	VIP Mental Health Center, Inc.
Community Counseling Services	<b>L.A. COUNTY DMH</b>
Foothill Family Services	Long Beach Child & Adolescent Program
Hathaway Sycamores Child & Family Services	South Bay Ties For Families
Hillsides	

**Agencies submitting outcomes that are not approved to provide IY by PEI Administration:**

Center for Integrated Family Health
Special Service for Groups

Table 1. IY Status Since Inception to April 12, 2013					
# of Clients Claimed to Practice	# of Clients Entered into PEI OMA	# of Tx Cycles in PEI OMA	Clients with Multiple Tx Cycles	Clients Completing Tx	Clients Dropping-Out of Tx
1264	48.89%	629	1.78%	40.86%	26.07%
n=	618	n=	11	257	164

Note 1: Clients Claimed was based on IY being selected as the EBP in a PEI Plan and having  $\geq 1$  core services claimed to the practice.

Note 2: Number of clients Completing Tx or Dropping-Out of Tx was determined by whether the EBP was said to be completed (e.g. answered “yes” or “no”) in the PEI OMA.

Table 2. Client Demographics - Clients Who Entered IY											
Total Number of Clients	Age	Gender		Ethnicity					Primary Language		
	Average	Female	Male	African-American	Asian / Pacific Islander	Caucasian	Hispanic / Latino	Other	English	Spanish	Other
	618	7	34.30%	65.70%	10.03%	0.97%	4.37%	80.42%	4.21%	48.87%	50.16%
n=		212	406	62	6	27	497	26	302	310	6

Note1: Age is calculated at the date of the first EBP.

Note2: Percentages may not total 100 due to rounding and/or missing data.

Table 3a: Top 5 Most Frequently Reported DSM-IV Primary Axis Diagnosis - Clients Who Entered IY							
Total Treatment Cycles	Disruptive Behavior Disorder NOS	Attention-Deficit/Hyperactivity Disorder, Combined Type or Hyperactive Impulse Type	Oppositional Defiant Disorder	Disorder of Infancy, Childhood, or Adolescence NOS	Generalized Anxiety Disorder	Anxiety Disorder NOS	Other
629	24.32%	21.46%	8.90%	5.41%	5.09%	5.09%	29.73%
n=	153	135	56	34	32	32	187

Table 4: Program Process Data - Clients Who Entered IY			
Outcome Measures Administered	Pre-Test with Scores	Post-test with Scores	Clients Who Completed both a Pre and Post Measure with Scores
Eyberg Child Behavior Inventory (ECBI)	65.54%	44.93%	21.49%
	n= 369	164	121
	Ackn= 563	365	563
Sutter Eyberg Student Behavior Inventory - Revised (SESBI-R)	0.37%	0.27%	0.00%
	n= 2	1	0
	Ackn= 535	366	535
Youth Outcome Questionnaire - (YOQ) 2.01 (Parent)	88.67%	62.50%	36.20%
	n= 485	220	198
	Ackn= 547	352	547
Youth Outcome Questionnaire – Self Report – 2.0 (YOQ-SR)	0.00%	0.00%	0.00%
	n= 0	0	0
	Ackn= 19	16	19

Note 1: Number of acknowledged measures (Ackn=) is determined by the number of required measures that receive a score or an unable to collect reason code.

Note 2: The % indicated for Pre-test with scores, Post-test with scores, and both a Pre- and Post-test with scores is calculated by dividing the (n=#) by the number acknowledged (Ackn=#) in the PEI OMA system for each measure. The number acknowledged (Ackn=#) for those with Pre and Post scores is an estimate based on the greatest number of matches that could be expected given the number of Pre scores acknowledged.

Eyberg Child Behavior Inventory (ECBI)	Total Pre 194		Outcome measure unavailable	Administration date exceeds acceptable range	Not available in primary language	Clinician not trained in outcome measure	Parent/care provider unavailable	Other Reasons
		percent	56.19%	11.34%	9.79%	6.19%	6.19%	10.31%
		n	109	22	19	12	12	20
	Total Post 201		Premature termination	Parent/care provider unavailable	Not available in primary language	Outcome measure unavailable	Administration date exceeds acceptable range	Other Reasons
		percent	39.30%	17.91%	13.93%	7.46%	6.97%	14.43%
		n	79	36	28	15	14	29

Sutter Eyberg Student Behavior Inventory-Revised (SESBI-R)	Total Pre 533		Not required (SESBI only)	Outcome measure unavailable	Teacher unavailable	Premature termination	Clinician not trained in outcome measure	Other Reasons
		percent	61.35%	20.83%	11.07%	2.06%	1.88%	2.81%
		n	327	111	59	11	10	15
	Total Post 365		Not required (SESBI only)	Outcome measure unavailable	Premature termination	Teacher unavailable	Clinician not trained in outcome measure	Other Reasons
		percent	51.51%	14.79%	14.79%	14.25%	2.47%	2.19%
		n	188	54	54	52	9	8

Table 5c. Top Reasons Given for "Unable to Collect"								
Youth Outcome Questionnaire - (YOQ) 2.01 (Parent)	Total Pre 62		Administration date exceeds acceptable range	Lost contact with parent/care provider	Parent/care provider unavailable	Outcome measure unavailable	Invalid outcome measure	Other Reasons
		percent	41.94%	12.90%	12.90%	12.90%	9.68%	9.68%
		n	26	8	8	8	6	6
	Total Post 132		Premature termination	Parent/care provider unavailable	Administration date exceeds acceptable range	Lost contact with parent/care provider	Outcome measure unavailable	Other Reasons
		percent	55.30%	23.48%	7.58%	6.82%	3.03%	3.79%
		n	73	31	10	9	4	5

Table 5d. Top Reasons Given for "Unable to Collect"							
Youth Outcome Questionnaire - Self Report - 2.0 (YOQ-SR)	Total Pre 19		Client unavailable	Invalid outcome measure	Outcome measure unavailable	Other Reasons	
		percent	73.68%	15.79%	10.53%	0.00%	
		n	14	3	2	0	
	Total Post 16		Client unavailable	Premature termination	Invalid outcome measure	Outcome measure unavailable	Other Reasons
		percent	37.50%	31.25%	18.75%	12.50%	0.00%
		n	6	5	3	2	0

Total Treatment Cycles 257	Average Length of Treatment in Weeks	Range of Treatment Weeks		Average Number of Sessions	Range of Sessions	
	22	Min 5	Max 40	18	Min 3	Max 57

Note: Completed IY is defined as having a ‘yes’ for completion indicated in the PEI OMA.

		Percent Improvement from Pre to Post	Percent of Clients Showing Reliable Change* from Pre-IY to Post-IY		
			Positive Change	No change	Negative Change
Eyberg Child Behavior Inventory (ECBI)	Intensity Raw Score	13.92% (n=115)	40.00%	51.30%	8.70%
			46	59	10
	Problem Raw Score	26.60% (n=115)	40.87%	53.04%	6.09%
			47	61	7
Youth Outcome Questionnaire - (YOQ) 2.01 (Parent)	TOTAL	23.43% (n=191)	43.46%	47.64%	8.90%
			83	91	17

\*Please see Appendix for a description of the IY outcome measures and the outcome indicators (percent improvement in average scores; and, percent of clients showing reliable change).

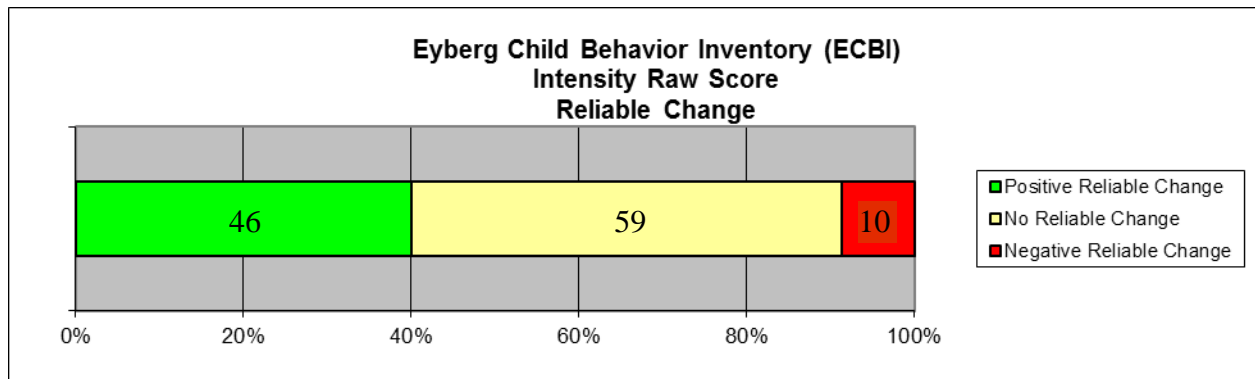
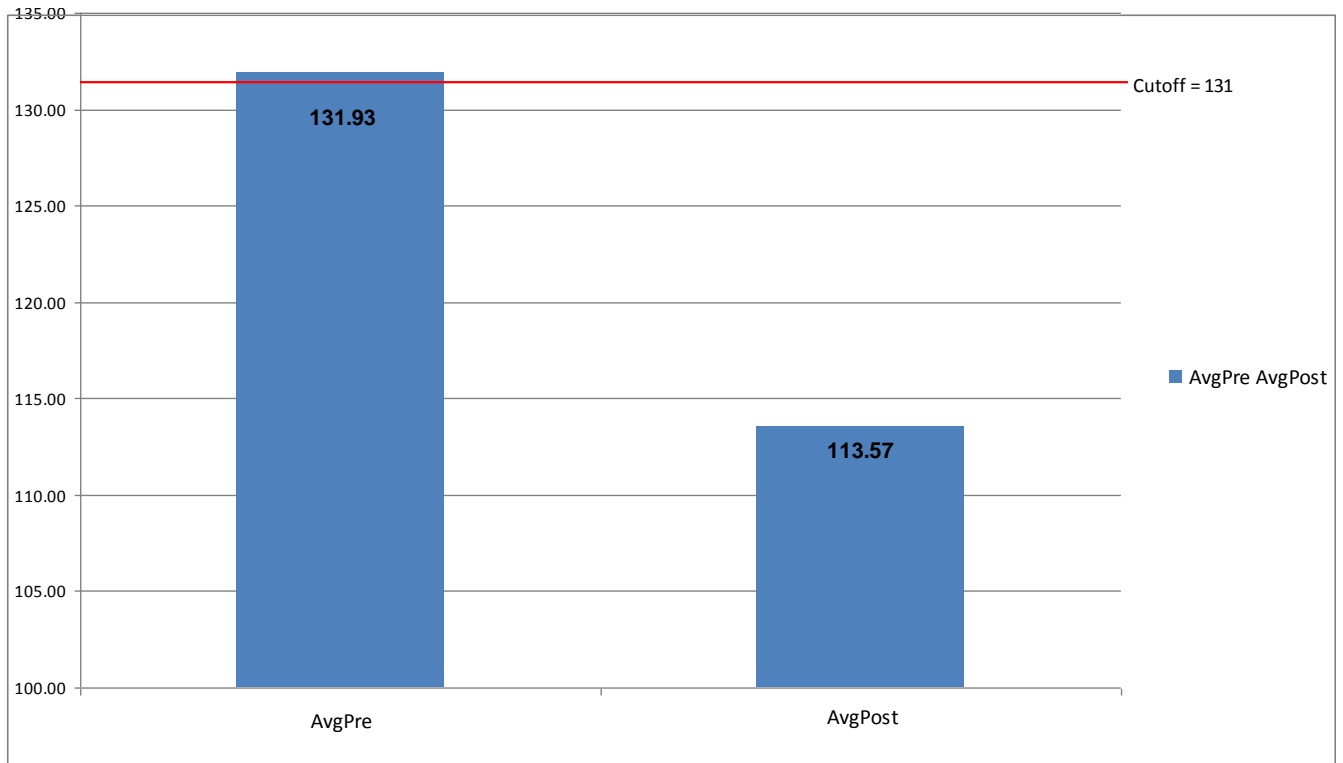
Note1: Possible ECBI Intensity Raw Scores range from 36-252, with a clinical cutpoint of 131; and possible ECBI Problem Raw Scores range from 0-36, with a clinical cutpoint of 15.

Note2: Possible YOQ Total Scores range from -16-240, with a clinical cutpoint of 46.

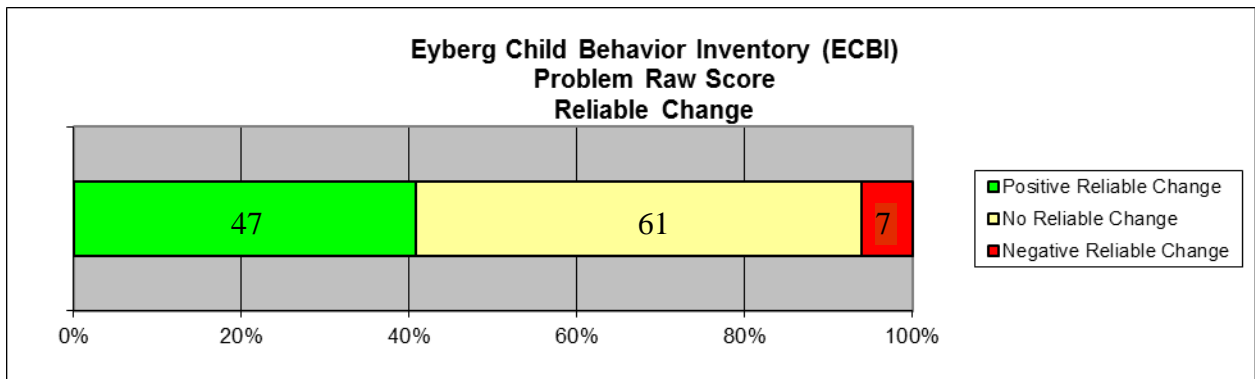
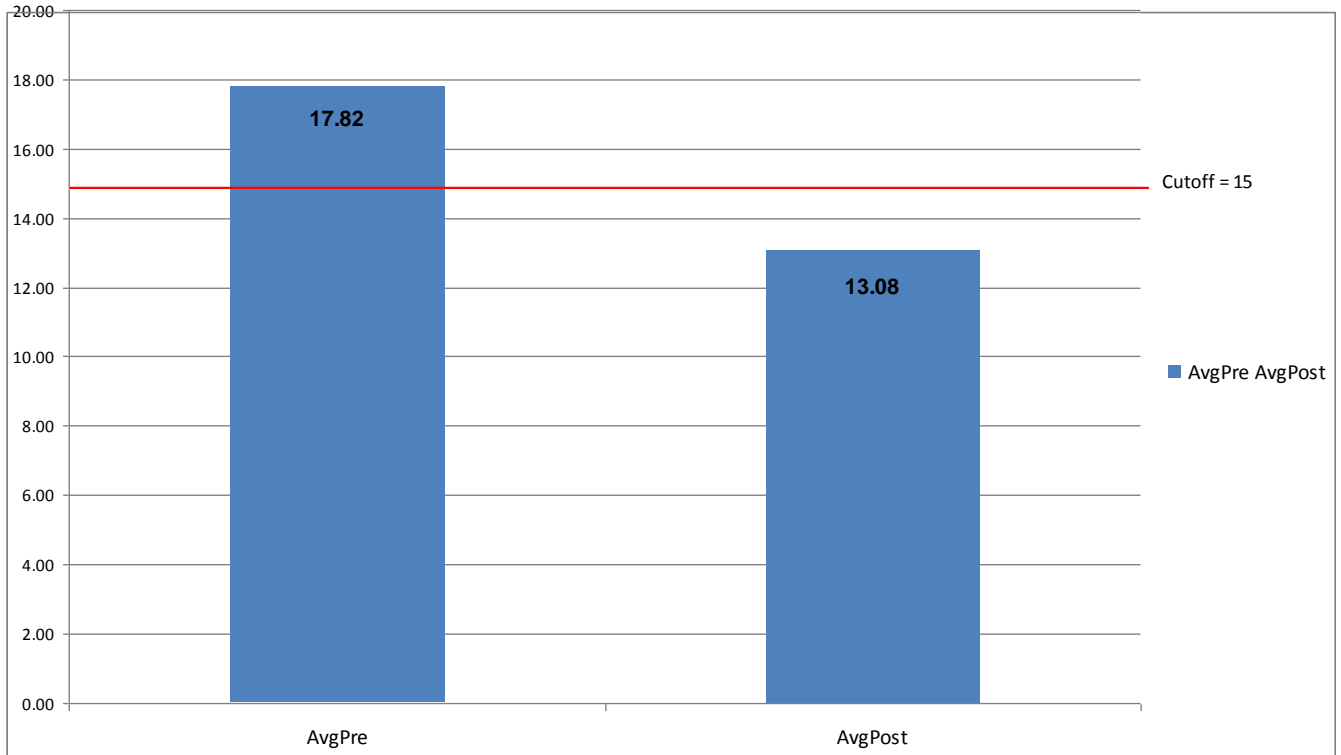
Note3: Aggregate outcome data based on fewer than 20 children are not reported.

Note4: Positive Change indicates that the scores decreased from the pre to the post measures.

## Eyberg Child Behavior Inventory (ECBI) Intensity Raw Score (N=115)

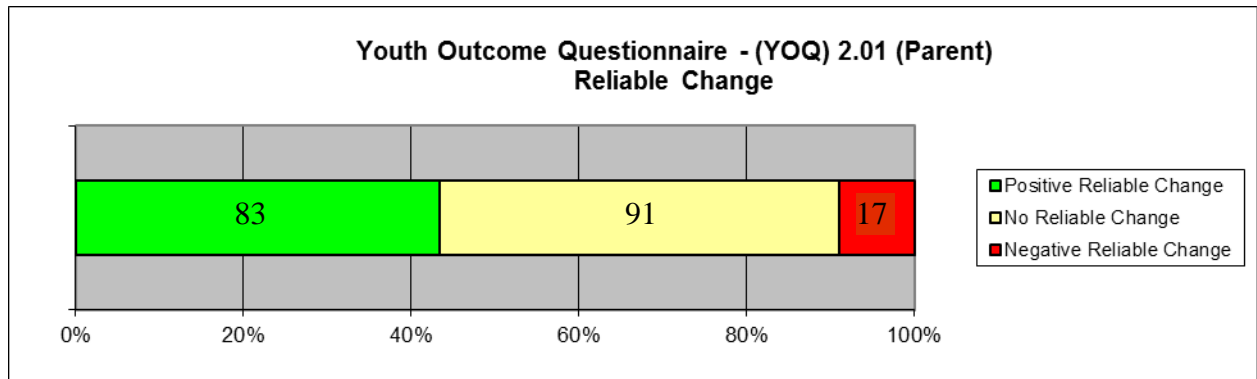
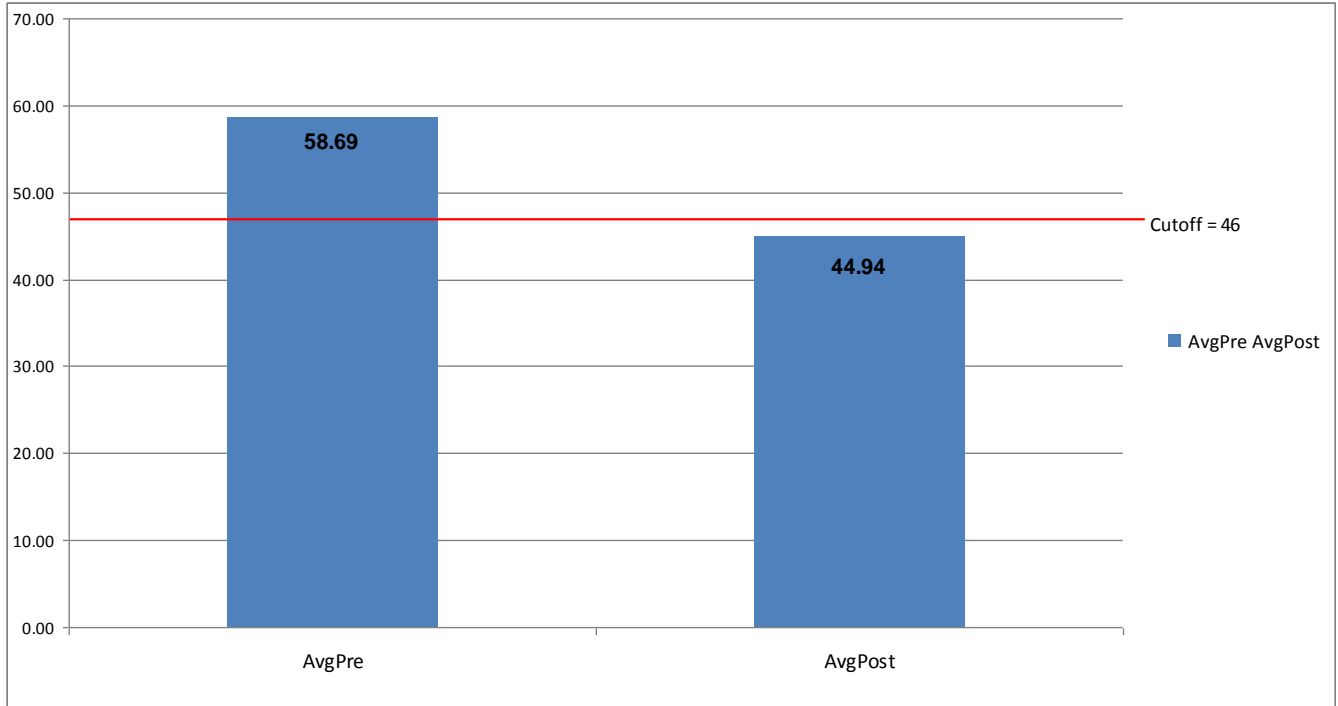


## Eyberg Child Behavior Inventory (ECBI) Problem Raw Score (N=115)





### Youth Outcome Questionnaire - 2.01 (Parent) (N=191)



## Appendix

Eyberg Child Behavior Inventory (ECBI) The Eyberg Child Behavior Inventory is a 36-item parent-report measure that assesses behavioral problems in children from the ages of 2 through 16. Each behavior problem is rated on a 7-point intensity scale and a Yes-No problem scale that indicates whether the child's behavior is a problem for the parent. The ECBI Intensity scale scores can range from 36-252 with a clinical cut point of 131. The ECBI problem scale can range from 0-36 with a clinical cut point of 15.

Sutter-Eyberg Student Behavior Inventory-Revised (SESBI-R) The Sutter-Eyberg Student Behavior Inventory-Revised is a 38-item measure that assesses behavior problems in children from ages 2 through 16. The SESBI is similar in format and content to the ECBI but is designed to be completed by teachers in a school setting. The SESBI Intensity scale scores can range from 38-266 with a clinical cut point of 151. The SESBI problem scale can range from 0-38 with a clinical cut point of 19. The number and percent improvement in ECBI (SESBI) problems and Intensity scales scores from Incredible Years (IY) is reported when available.

Youth Outcomes Questionnaires (YOQ and YOQ-SR) The Youth Outcome Questionnaire is a 64-item parent-report that assesses global distress in a child's/adolescent's life from 4-17 years of age. The YOQ-SR is the Self-report version of the YOQ and is completed by the child/adolescent him or herself. Scores on both measures can range from -16 to 240. Scores of 46 or higher are most similar to a clinical population on the YOQ. A score of 47 is most similar to that of a clinical population on the YOQ-SR.

Reliable Change Index When comparing Pre and Post scores, it is very helpful to know whether the change reported represents the real effects of the treatment or errors in the system of measurement. The Reliability of Change Index (RCI) is a statistical way of helping to insure that the change recorded between pre and post assessments exceeds that which would be expected on the basis of measurement error alone. The RCI has been calculated using the Jacobson and Truax (1991) method and indicates when change exceeds that which would be expected on the basis of error at the  $p < .05$  probability level. For a more in-depth discussion of Reliability of Change see Jacobson, N. S., & Truax, P. (1991). Clinical Significance: A statistical approach to defining meaningful change in psychotherapy research. *Journal of Consulting and Clinical Psychology*, 59, 12-19. Also see Wise, E. A. (2004). Methods for analyzing psychotherapy outcomes: A review of clinical significance, reliable change, and recommendations for future directions. *Journal of Personality Assessment*, 82(1), 50-59.

The number and percent of clients experiencing positive change, no change and negative change are recorded in table 6. Healthful change in each of the measures cited here means that scores have decreased in value from pre to post test administrations (i.e. recorded a negative change on the RCI). To help avoid confusion, healthful reliable change is presented as positive while unhealthful reliable change is presented as negative change.