

# COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH

## Program Support Bureau-MHSA Implementation & Outcomes Division

### SUMMARY FOR:

Child Parent Psychotherapy (CPP) Learning Network  
August 8, 2016

#### Location:

600 S. Commonwealth Ave  
2<sup>nd</sup> Floor, room 113  
Los Angeles, CA 90020

#### Facilitator:

Valerie Curtis, L.C.S.W., Training Coordinator

#### Practice Lead:

Allegra Klacsmann, Ph.D., Clinical Psychologist II

#### Participants:

Ayese Allah, The Guidance Center  
Lisa Althen, TIES for Families-South Bay  
Elaine Bagorio, Para Los Niños  
Sharon Berg, Para Los Niños  
Marcelita Cobian, ChildNet  
Muriel Cormier, PEI Administration  
Josh Cornell, MHSA Implementation & Outcomes  
Noya Dekel, CII  
Chheng Ear, VIP CMHC  
George Eckart, MHSA Implementation & Outcomes  
Alejandra Gomez, Foothill Family Services  
Marianna Gregory, Star View  
Jenna Haeflinger-Kurtz, LA Child Guidance  
Juliet Johnson, Bienvenidos  
Patricia Lakatos, CHLA  
Martha Lear, Pathways Community Services

Ivy Levin, MHSA Implementation & Outcomes  
Catherine Lippincott, UCLA TIES for Families  
Sherry Nourian, Vista Del Mar  
Melissa Pace, Foothill Family Services  
Rocio Parra, The Whole Child  
Katrina Paulino, Para Los Niños  
Francis Pavon-Lara, MHSA Implementation & Outcomes  
Kari Rehmman, SFVCMHC  
Ellen Rogelberg, The Help Group  
Misty Ryman, ChildNet  
Andrea Segal, The Help Group  
Alex Silva, MHSA Implementation & Outcomes  
Claudia Torres, Village Family Services  
Amy Warren, Child Family Center  
Amy West, Aviva

#### I. Welcome and Introductions

*Participants briefly introduced themselves.*

#### II. Review of Reports

*V. Curtis briefly reviewed the data reports in participants' packets and noted, included in the packet, is a new PEI OMA Alerts form that shows how to get added to the PEI Alert email list. A. Klacsmann, in response to a participant's question about the core vs non-core services report, stated billing to core services should be at least 51% for the EBP and PEI Administration staff member, M. Cormier, added that across all PEI EBPs, at least 51% of billing should be to core services.*

*G. Eckart presented "A Closer Look." He encouraged participants to take data presented with "a big grain of salt," because sample sizes are very small. Presentation included: 1) exploring the "drop out"*



*rate, showing how to calculate dropout rate using the Compliance Report, 2) an article, “Early Withdrawal from Mental Health Treatment”, by Barrett, M. S. (2008) that argued calculating dropout rates is difficult, with studies finding dropout rates after the first session range from 20 – 57% and about 65% of clients dropout by session 10. G. Eckart noted how problematic 65% of clients dropping out by session 10 may be since studies on EBPs often show it takes 11-13 sessions for half the clients in treatment to be considered “recovered” 3) top 5 dropout reasons 4) dropout rate graphs by number of sessions and CPP dropout rate compared with dropout rates of other practices with the same focus 5) graphs comparing average outcome measure scores at pre and post treatment for dropouts vs “completers” 6) graphs of cumulative number of clients completing treatment by number of sessions for all clients in CPP and then broken down by ethnicity 7) discussion of potential barriers to completing treatment and proposed solutions.*

III. Presentation by Patricia Lakatos, Ph.D., Childrens Hospital

a. 2015 CPP fidelity measures-review measures, forms, and checklists

*In her presentation, P. Lakatos described: the main purposes of the fidelity measures; the dimensions of fidelity; the fidelity strands handout included in participants’ packets; the three phases of CPP and that the 2015 version is organized around the three phases of CPP; that all fidelity strands are included in each phase, the addition of the contact log to track sessions and add objectives/items of content fidelity; when fidelity measures should be completed; ways to use the measures in supervision.*

IV. CPP Resources

*A. Klacsmann presented a PowerPoint on CPP resources including: links to videos on CPP available on the CPP Facebook page and the CPP Pinterest page. A. Klacsmann showed a couple of the videos available on YouTube, one on the varying educational needs of children and another called “The Still Face Experiment with Fathers” by Project ABC that showed the importance of parent-child engagement.*

V. Next CPP LN Meeting

*Date/time/location TBD*