

COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH
Program Support Bureau-MHSA Implementation & Outcomes Division

SUMMARY FOR:

Child Parent Psychotherapy (CPP) Learning Network
March 21, 2016

Location:

550 S. Vermont Ave
2nd Floor conference room
Los Angeles, CA 90020

Facilitator:

Valerie Curtis, L.C.S.W., Training Coordinator

Practice Lead:

Allegra Klacsmann, Ph.D., Clinical Psychologist II

Participants:

Elaine Bagario, Para Los Ninos
Brooke Balliett, Hollygrove
Shelfali D'Sa, Hathaway-Sycamores
George Eckart, MHSA Implementation and Outcomes
Lummy Galbusera, Alafia Mental Health Institute
Alejandra Gomez, Foothill Family
Jenna Haeflinger, LA Child Guidance Clinic
Juliet Johnson, Bienvenidos
Karrie Johnson, LA Child Guidance Clinic
Ana Larco, Child and Family Center
Ivy Levin, MHSA Implementation & Outcomes
Kalani Makaanui, Didi Hirsch
Nathalie May, The Help Group

Annica Nilson, The Guidance Center
Rocio Parra, The Whole Child
Frances Pavon-Lara, MHSA Implementation and Outcomes
Katia Perez, VIP-CMHC
Ellen Rogelberg, The Help Group
Susan Salinger, Child and Family Guidance Center
Lara Sando, Providence Saint John's CFDC
Andrea Segal, The Help Group
Alex Silva, MHSA Implementation & Outcomes
Cynthia Thompson-Randle, CII
Eugenia Tsao, The Regents- UCLA Ties for Families
Julia Tucker, Prototypes
Bridget Womelduff, Childnet

I. Welcome and Introductions

Participants briefly introduced themselves.

II. Review of Reports and A Closer Look

V. Curtis provided a brief overview of the data reports enclosed in participant's packets and encouraged providers to verify the information was congruent with what they submitted into PEI OMA.

G. Eckart presented, "A Closer Look," on the following topics:

The number of clients claimed to CPP has increased over 1,300 clients since last year, and the data acquisition rate in PEI OMA has increased to 59%. He presented the most common disposition entries for clients who leave the practice without completing were "client withdrew" or "client lost contact with provider". He presented general demographic information for each



population and the similarities in the average treatment length and number of sessions they received. Providers discussed the varying terminology and definitions of the dispositions for clients who did not complete the practice. Providers noted the highest dropout rates on average were after session 6, “the feedback session”, and discussed the varying factors which may contribute to clients not completing the practice.

III. First Session Updates

A. Klacsmann provided clarification on determining the first session in CPP. She provided a handout detailing the language the CPP developer changed to indicate the “The First Session” is now called “Introducing the Child to CPP”.

*A. Klacsmann announced, **for the purpose of entering data into the PEI OMA, the “first session” should be counted when CPP is first introduced to the child.** A. Klacsmann stated providers did not need to go back and change old treatment cycles already entered in PEI OMA to reflect any changes in the date of first session, but should to use this definition from this point forward when identifying the date in PEI OMA.*

IV. Presentation and Reflection on Adverse Childhood Experience

- Nadine Burke Harris, MD TED Talk on ACES
- Discussion of ACES in young Children

Participants watched the Ted Talk, Nadine Burke Harris: How Childhood Trauma Affects Health Across a Lifetime which describes how the repeated stress of adverse childhood experiences (ACEs) creates lasting and tangible effects on brain development. Following the video providers dispersed into small groups to discuss their reactions and how the content relates to providing CPP.

V. Resource for CPP from UCSF

A. Klacsmann announced there is a new manual for CPP, the second edition of Don’t Hit My Mommy. The new manual has substantial updates to the first edition, including new and updated fidelity forms. Circle of Security International’s parenting video, Shark Music, was also screened and offered as a helpful resource for caregivers of CPP clients.

VI. Next CPP LN Meeting

Date/time/location TBD