# COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH

Program Support Bureau-MHSA Implementation & Outcomes Division

## **SUMMARY FOR:**

Child Parent Psychotherapy (CPP) Learning Network November 5, 2015

### Location:

600 S. Commonwealth Ave 2<sup>nd</sup> Floor conference room Los Angeles, CA 90005

## **Facilitator:**

Valerie Curtis, L.C.S.W., Training Coordinator

#### **Practice Lead:**

Allegra Klacsmann, Ph.D., Clinical Psychologist II

# Participants:

Brooke Balliett, Hollygrove
Jacqueline Camacho-Gutierrez, Hillsides
Jamie Chaignart, Para Los Ninos
Sandra Davis, VIP
Shelfali D'Sa, Hathaway-Sycamores
Rosalie Finer, PEI Administration
Amanda Gentz, Hathaway-Sycamores
Mari Gregory, Starview
Loretta Herndon, LA Child Guidance
Ivy Levin, MHSA Implementation & Outcomes
Nathalie May, Help Group
Casey Meinster, Hathaway-Sycamores
Terry Nestel, Didi Hirsch
Frances Pavon, MHSA Implementation and Outcomes

Katia Perez, CIP-CMHC
Kari Rehmann, SFVCMHC, Inc.
Ellen Rogelberg, The Help Group
Carmen Rubio, Shields for Families
Stephanie Salinger, Child and Family Guidance Center
Lara Sando, Providence Saint John's CFDC
Mercedes Serafini, Childnet Youth and Family Services
Mariana Shpall, Hollygrove
Alex Silva, MHSA Implementation & Outcomes
Janet Stier, Child and Family Guidance Center
Stacy Tang, LACGC
Eugenia Tsao, UCLA TIES for Families
Bridget Womelduff, Childnet
Stephanie Yu, PEI Administration

## Welcome and Introductions

Participants introduced themselves, providing details about their role and agency. Participants presented practice-specific or outcomes related questions.

In response to a provider's question about uploading completed outcome measures into an electronic health record, A. Silva stated, for outcome measures not freely available online, only completed copies of the OQ series and PTSD-RI measures may be scanned into an electronic health record due to copyright restrictions.

Another provider inquired about the consultation calls and indicated the cohort size for the consult calls at CII recently increased.

## II. Review of Reports





V. Curtis briefly reviewed the reports in each participant's data packet. She noted the aggregate reports will now be provided on a biannual schedule and there was not a CPP aggregate report created for this learning network, but one will be provided at the next learning network.

V. Curtis encouraged participants to join the CPP Learning Network distribution list by emailing <a href="mailto:PElOutcomes@dmh.lacounty.gov">PElOutcomes@dmh.lacounty.gov</a> if they have not already done so. She encouraged participants RSVP for the learning network by the designated deadlines to ensure they will receive a provider specific data packet.

III. CPP Community Question: What is the First Session?

A. Klacsmann facilitated discussion about determining the "Date of First Session" in CPP for the purpose of entering treatment cycles into PEI OMA. Participants discussed the developer's term of the "First Session" in the core intervention phase in CPP however for the purpose of DMH PEI implementation, the date of first session may be earlier in treatment. The discussion concluded with A. Klacsmann stating she will discuss this further with the CPP developers at UCSF and then will provide an update with a firm definition at the next CPP learning network.

IV. UCSF Resource: The Pathway to Being Trained & Rostered in CPP

A. Klacsmann presented a PowerPoint from CPP developers identifying the minimum criteria requirements to be trained and rostered in the practice.

- V. Presentation & Reflection on Adverse Childhood Experience
  - a. Nadine Burke Harris, MD TED Talk on ACEs
  - b. Discussion of ACEs in young children

Due to limitations with time this portion of the learning network was postponed for the next learning network meeting.

VI. Resource for CPP from UCSF

A. Klacsmann also encouraged providers to visit the CPP Facebook page for additional CPP videos, coloring books and other resources.

VII. Next CPP LN Meeting

Date/time/location TBD