

COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH

Program Support Bureau-MHSA Implementation & Outcomes Division

SUMMARY FOR: Child Parent Psychotherapy (CPP) Learning Network February 19, 2014

Location:

LACDMH Headquarters
550 South Vermont Avenue, 2nd floor conference room
Los Angeles, CA 90020

Facilitator:

Valerie Curtis, L.C.S.W., Training Coordinator

Practice Lead:

Seth Meyers, Psy.D., Clinical Psychologist II

Participants:

Jennifer Campos, MHSA PEI Admin
Josh Cornell, MHSA Implementation & Outcomes
Shefali D'Sa, Hathaway-Sycamores
George Eckart, MHSA Implementation & Outcomes
Monica Guggenheim, The Help Group
Jenna Haeflinger, LA Child Guidance
Yolanda Hernandez Lara, Roybal Family MHS
Karrie Johnston, LA Child Guidance
Marta Lear, Providence Community Services
Traci Levi, Hollygrove EMQ Families First
Maricella Mendez-Sherwin, Children's Institute Inc.
Lauren Menor, The Village Family Services
Karina Mercado, St. Anne's
Cesar Moreno, The Whole Child
Melissa Pace, Foothill Family Services

Jessica Pena, Child & Family Guidance Center
Bill Peters, Foothill Family Services
Jacqueline Preston-Opatik, St. Anne's
Kari Rehmman, SFVCMHC
Martin Ribiero, Children's Bureau
Ellen Rogelberg, The Help Group
Jaclyn Sagun, Alafia
Stephanie Saliger, Child & Family Guidance Center
Samantha Sangana, Prototypes
Maria Serafini, Childnet
Alex Silva, MHSA Implementation & Outcomes
Stephanie Spector, MHSA PEI Admin
Amy Sutherland, The Whole Child
Eugenia Tsao, UCLA TIES For Adoption

I. Welcome and Introductions

Participants introduced themselves and described their roles at their agencies.

II. Updates and Announcements

V. Russell announced the death of CPP co-developer and trainer, Dr. Patricia Van Horn, and offered a forum to share experiences about Dr. Van Horn, with many participants sharing.

III. Review of Reports (Aggregate Data)

- Review of available reports
- How can the reports/data inform clinical practice?
 - a. What specific information, from a report, might be helpful in treatment planning: i.e., developing treatment goals, selecting interventions, collateral treatment, etc.
 - b. What information is unexpected?
 - c. What information would you or your clinical supervisors want to share during clinical supervision? And how would you approach this subject in supervision?

G. Eckart gave a presentation, using PowerPoint, called "CPP: A Closer Look," that showed, at 6 month intervals, CPP outcomes trends since outcomes collection began in 2011.

IV. Training and General Information

- CPP Measures for Providers
- Future Training Plans
 - a. Train the Trainer
 - b. CII available to train @ CIITrainingCenter@ChildrensInstitute.org
- QA and Claiming Questions

S. Meyers announced plans to conduct Train-the-Trainer CPP trainings in LA, hopefully starting near the end of FY 13-14, updates will be provided as they become available.

S. Meyers stated DMH does not require cohort 6 or 7 to complete fidelity measures but strongly recommends completing them.

Per participant request, S. Meyers went over actions agencies can take if its CPP supervisor is lost. Until a new permanent supervisor is in place, staff can: 1) meet in a group for reflective peer supervision 2) receive supervision from the regional CPP trainer in the County and S. Meyers passed out the supervisor's contact information; S. Meyers encouraged contacting him for assistance should an agency lose its CPP supervisor.

S. Meyers answered a billing question posed at the previous CPP Learning Network: multifamily group can be billed occasionally as an ancillary service, but since it is not part of the CPP treatment model, make sure to document the rationale

V. Open Forum

- Discussion about Engagement and Assessment: Dr. Maricella Mendez-Sherwin
- CPP Supervision Requirements: Dr. Maricella Mendez-Sherwin

M. Mendez-Sherwin delivered a presentation on engagement and assessment in CPP that focused on typical causes of failure of connection with the caregiver during the engagement phase and how use of framing the reason the child is in treatment is critical for fostering connection with the caregiver.

M. Mendez-Sherwin described CPP supervision requirements. S. Meyers clarified, per participants' request, that it is not a requirement for staff persons who were in cohort 6 and 7 to receive their supervision from a CPP supervisor.

VI. Next PPLN Meeting

- Provider Recommended Agenda Items

Date/Time/location of next meeting TBD.