

# Triple P Parenting

## LA PEI Aggregate Program Performance Dashboard Report June 2011 Data Submission

### Prepared by the California Institute for Mental Health (CIMH)

This aggregate program performance dashboard report describes children for whom data were submitted in June of 2011 that participated in LA PEI-funded Triple P Parenting programs in Los Angeles County, reflecting clients served through the end of May 2011.

**Thirty-two private-provider agencies submitted data to CIMH in June and July of 2011, reflecting clients served in their Triple P Parenting programs through May of 2011. This report presents data from:**

- AADAP, Inc.
- Child and Family Center
- Child & Family Guidance Center
- Counseling4Kids
- Didi Hirsch
- D'Veal Family & Youth Services
- El Centro de Amistad
- Eisner Pediatric & Family Medical Center
- ENKI Health and Research Systems
- Five Acres
- Foothill Family Services
- Gateways Hospital
- Harbor View CSC
- Hathaway-Sycamores
- Hillside
- Kedren Mental Health
- Koreatown Youth & Community Center
- Los Angeles Child Guidance Clinic
- Maryvale
- Masada Homes
- Optimist Youth Homes and Family Services
- Pacific Clinics
- Penny Lane
- Rosemary Children's Services
- San Fernando Valley Community Mental Health Centers
- St. Francis Medical Center
- The Guidance Center of Long Beach
- The Help Group
- The Village
- The Whole Child
- VIP
- Vista del Mar

This dashboard report reflects a total of **845** clients referred to Triple P programs offered by these 32 private-provider agencies.

<b>Table 1. Triple P Level 4/5 Status (N=845)</b>	
<b>Entry Rate</b>	<b>Dropout Rate</b>
97.5% n=824	20.9% n=172

Note1: Entry Rate is defined as children who were referred to Triple P Level 4/5 and have a first session documented.  
 Note2: Dropout Rate is defined as children who stopped participating prior to successfully completing Triple P.

<b>Table 2. Client Demographics – Children Who Entered Triple P Level 4/5 (n=824)</b>										
<b>Age</b>	<b>Gender</b>		<b>Ethnicity</b>					<b>Primary Language</b>		
<b>(in years)</b>	<b>Female</b>	<b>Male</b>	<b>African American</b>	<b>Asian/Pacific Islander</b>	<b>Caucasian</b>	<b>Hispanic/Latino</b>	<b>Other</b>	<b>English</b>	<b>Spanish</b>	<b>Other</b>
9.0 n=811	35.7% n=294	64.3% n=530	8.3% n=68	1.3% n=11	9.5% n=78	77.7% n=640	3.3% n=27	53.2% n=438	45.1% n=372	1.7% n=14

Note: Age calculated as the difference between the date of the first contact and the child client's date of birth.

<b>Table 3. DSM-IV Diagnosis – Children Who Entered Triple P Level 4/5 (n=824)</b>					
<b>Primary DSM-IV Axis I Diagnosis</b>					
<b>Disruptive Behavior Disorders</b>	<b>Attention Deficit/Hyperactivity Disorders</b>	<b>Mood/Anxiety/Adjustment Disorders</b>	<b>Post-Traumatic Stress Disorder</b>	<b>Other</b>	<b>Missing/Not Reported</b>
28.2% n=232	27.5% n=227	32.9% n=271	4.0% n=33	7.0% n=58	0.4% n=3

<b>Table 4. Level and Type of Triple P Parenting – Children Who Entered Triple P Level 4/5 (n=824)</b>						
<b>Level 4 Standard Child</b>	<b>Level 4 Standard Teen</b>	<b>Level 4 Group Child</b>	<b>Level 4 Group Teen</b>	<b>Level 5 Enhanced</b>	<b>Level 5 Pathways</b>	<b>Missing/Not Reported</b>
71.5% n=589	18.4% n=152	0.7% n=6	0.2% n=2	0.2% n=2	0.2% n=2	8.6% n=71

<b>Table 5. Process Data – Children Who Entered Triple P Level 4/5 (n=824)</b>	
<b>Clients with an Eyberg Child Behavior Inventory Completed Prior to Triple P (Pre-ECBI)</b>	<b>Clients With At Least One* Youth Outcome Questionnaire Completed Prior to Triple P (Pre-YOQ or Pre-YOQ-SR)</b>
35.7% n=294	65.8% n=542

\*Including parent/caregiver report and/or youth self-report.

‡Please see Appendix A. for a description of the Eyberg Child Behavior Inventory and the Youth Outcome Questionnaires.

<b>Table 6. Service Delivery Data – Children Who Completed Triple P Level 4/5 (n=194)</b>	
<b>Average Length of Triple P</b>	<b>Average Number of Sessions</b>
20.0 weeks (±9.8) Range 1 – 65 weeks n=189	14.9 sessions (±5.4) Range 1 – 30 sessions n=163

Note1: Completion of Triple P is defined as having a “yes” documented for completion status.

Note2: Duration is calculated as the difference between the date of the last session and the date of the first session.

<b>Table 7. Outcome Data<sup>‡</sup> – Children Who Completed Triple P Level 4/5 (n=194)</b>			
	<b>Percent Improvement From Pre Triple P to Post Triple P</b>		
	<b>Eyberg Child Behavior Inventory (ECBI)</b>		<b>Youth Outcome Questionnaire (YOQ and YOQ-SR)</b>
	<b>Intensity Raw Score</b>	<b>Problem Raw Score</b>	<b>Total Score</b>
<b>Parent/Caregiver Report</b>	35.3%* n=46 [pre=139.4]	59.8%* n=44 [pre=18.2]	30.2%* n=78 [pre=57.6]
<b>Youth Self-Report</b>			n too small

‡Please see Appendix A. for a description of the Triple P Level 4/5 outcome measures.

Note1: Possible ECBI Intensity Raw Scores range from 36-252, with a clinical cutpoint of 131; and, possible ECBI Problem Raw Scores range from 0-36, with a clinical cutpoint of 15.

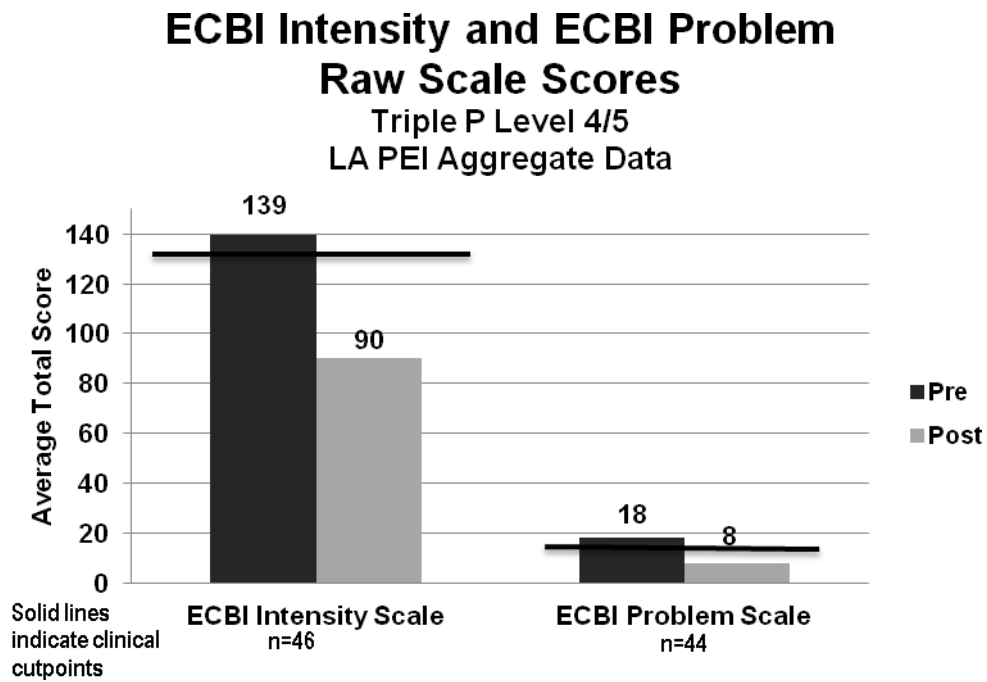
Note2: Possible YOQ and YOQ-SR Total Scores range from -16-240, with a clinical cutpoint of 47 for parent/caregiver report and 46 for youth self-report.

Note3: Aggregate outcomes based on fewer than 20 clients are not reported.

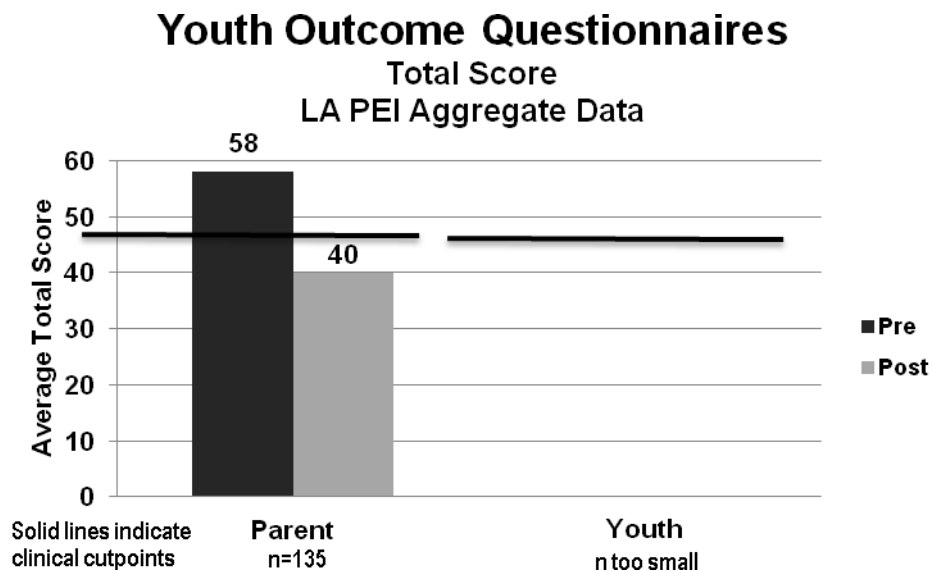
Note4: Follow-up analyses of aggregate data revealed no significant differences in entry rate, dropout rate, duration of therapy, number of sessions, or change in outcomes by gender or ethnicity.

\*A statistically significant improvement,  $p \leq .01$ .

Graph 1. LA PEI Triple P Outcomes: ECBI Scores for Clients Who Completed Level 4/5 (n=194)



Graph 2. LA PEI Triple P Outcomes: YOQ and YOQ-SR Total Scores for Clients Who Completed Level 4/5 (n=194)



## **Appendix A. Description of Triple P Outcome Measures**

### Eyberg Child Behavior Inventory (ECBI)

The *Eyberg Child Behavior Inventory* (ECBI) is an outcome measure completed before and after participation in Triple P Level 4/5. This 36-item parent-report measure has two components: one that assesses the frequency, or intensity, of current child behavior problems displayed by children between the ages of 2-16; and one that assesses the extent to which these behaviors are currently perceived as problematic to the child's parent/caregiver.

Possible ECBI Intensity Raw Scores range from 36-252, with a clinical cutpoint of 131; and possible ECBI Problem Raw Scores range from 0-36, with a clinical cutpoint of 15.

The percent improvement in both the ECBI Intensity and Problem Raw Scores from pre-Triple P Level 4/5 to post-Triple P Level 4/5 is reported when available.

### Youth Outcome Questionnaires (YOQ and YOQ-SR)

The *Youth Outcome Questionnaires* (YOQ and YOQ-SR) are outcome measures completed before and after participation in Triple P Level 4/5. These 64-item standardized questionnaires assess children's global mental health functioning within the prior week according to both youth self-reports (ages 12-18) and reports of their parents/caregivers (for children ages 4-17).

Possible Total YOQ and YOQ-SR scores range from -16-240. Scores of 47 or higher for parent/caregiver report and 46 or higher for youth self-report are most similar to clinical populations.

The percent improvement in Total YOQ and YOQ-SR Scores from pre-Triple P Level 4/5 to post-Triple P Level 4/5 is reported when available.