## □ Cultural Competency

## **DE-ESCALATION: PREVENTION, INTERVENTION AND AFTERWARD**

DATE & TIME: August 27, 2019 9:30AM- 12:30PM

Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE: 550 S. Vermont Ave.

9th Floor Conference Room Los Angeles, CA., 90020

PARKING: Free parking at DMH at 523 Shatto Place parking structure

(floors 3-8)

This training teaches staff to manage overly emotional, unpredictable, potentially violent behavioral episodes of consumers served both in outpatient programs and in the field. It covers: phases of de-escalation including prevention, intervention and follow-up with a focus on self-control, assessment, decision-making, intervention, and communication. A review of diagnoses most typically associated with escalating behaviors include Post-Traumatic Stress Disorder, Oppositional Defiant Disorder, Attention Deficit Hyperactivity Disorder, Depression, and Bipolar Disorder. Other factors such as drug and alcohol use, medication adherence, access to weapons, and staff turnover are discussed. Finally, incorporated in the training are self-care and self-monitoring strategies intended to mitigate burnout.

TARGET AUDIENCE: Housing/Homeless FSP providers at DMH & Contracted Agencies

OBJECTIVES: As a result of attending this training, participants should be

able to:

1. Identify signs of escalation and agitation

2. Apply strategies to help consumers prevent themselves from

becoming escalated

3. Demonstrate techniques for calming others, including both

consumers and collaterals.

**CONDUCTED BY:** Scott Fairhurst, Ph.D., Pacific Clinics Institute

**COORDINATED BY: Joaquin Castor, LCSW Training Coordinator** 

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DEADLINE: August 20, 2019 or when maximum capacity is reached

CONTINUING 3 CEU's for BBS, BRN, CCAPP-EI

**EDUCATION:** 3 CE's for Psychologists

COST: NONE