

LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH
OFFICE OF ADMINISTRATIVE OPERATIONS – CULTURAL COMPETENCY UNIT PRESENTS



MULTICULTURAL

MENTAL HEALTH CONFERENCE:

Health Integration Through a

“WHO-LISTIC” APPROACH

TUESDAY
8A - 5P

|

6.18.19

LOS ANGELES CONVENTION CENTER - 1201 S FIGUEROA ST., LOS ANGELES, CA 90015



BOARD OF SUPERVISORS COUNTY OF LOS ANGELES

856 Kenneth Hahn Hall of Administration | Los Angeles, CA 90012

June 18, 2019

Dear friends,

On behalf of the Los Angeles County Board of Supervisors and the First District, it is my pleasure to support the Department of Mental Health's Multicultural Mental Health Conference!

Thank you for creating this space for diverse communities to come together and discuss mental health. Today's workshops bridge cultural values and provide a space to discuss how mental health affects some of our most vulnerable residents: foster care youth, immigrants, people experiencing homelessness, older adults, people who are incarcerated or recently released from prison, people with disabilities, and those who have substance use disorders, among others.

My sincere congratulations and appreciation for this year's Multicultural Mental Health Conference, and I wish you and your partners continued success. Thank you for countering the stigma often tied to mental health, and raising awareness of how we can improve our "WHO - LISTIC" wellbeing, and that of our families and our communities.

Sincerely,

A handwritten signature in black ink that reads "Hilda L. Solis".

Hilda L. Solis

Supervisor, First District

Los Angeles County Board of Supervisors





JONATHAN E. SHERIN, M.D., PH.D.

Director, Los Angeles County Department of Mental Health

A warm “heart forward” welcome to each of you and thanks for being here today. LACDMH is honored to sponsor the 2019 Multicultural Mental Health Conference with a special focus on integrated health. The theme for this year’s conference is Health Integration Through a “WHO-LISTIC Approach.”

This conference highlights models of integrated health for underserved populations in a learning environment that promotes health care coordination across systems, collaborative partnerships, prevention and early intervention, cultural and linguistic inclusion, and health equity as ways to maximize health outcomes for persons receiving services, their family members, and communities.

Thank you for taking your valuable time to attend this conference. We are proud to be a partners, working together to improve the health and wellbeing of the communities in which we live and serve.

Sincerely,

A handwritten signature in blue ink, appearing to read "J E Sherin".

Jonathan E. Sherin, M.D., Ph.D.
Director





CURLEY BONDS, M.D.

*Chief Deputy Director, Clinical Operations
Los Angeles County Department of Mental Health*

I am pleased to welcome you to the 2019 Multicultural Mental Health Conference: Health Integration Through a “WHO-LISTIC Approach,” on behalf of the Los Angeles County Department of Mental Health.

This conference has taken the initiative of highlighting the necessity for integrated health as a means for optimal healthcare provision. Your attendance and participation are extremely important, as your presence will enrich our conversations about topics that will range from prevention and crisis intervention to state-of-the-art therapeutic options to improve the health outcomes of everyone impacted by mental illness. The world around us is rapidly changing, and it requires all of us to pause momentarily to evaluate where we are as a society and collective system of care.

My sincere hope for you is that you will leave this gathering feeling that you have received nourishment for your mind and your soul. And I want to thank you sincerely for attending today and for helping us make this a successful event.

Sincerely,

A handwritten signature in black ink, appearing to read 'Curley Bonds'.

Curley Bonds, M.D.
Chief Deputy Director, Clinical Operations



GREGORY C. POLK, M.P.A.

*Chief Deputy Director, Administrative Operations
Los Angeles County Department of Mental Health*

I would like to take this opportunity to personally welcome you to the “2019 Multicultural Mental Health Conference: Health Integration Through a WHO-LISTIC Approach.” This much anticipated conference emphasizes the importance of integrated health and collaborative partnerships to improve the health of the Los Angeles County’s underserved communities. The excellent keynote speakers and workshop presenters will inform, inspire, and enrich us all with achievable models of health integration.

Your attendance demonstrates a true commitment to continue learning and development in order to better support individuals from diverse populations who suffer from mental illness. May the information shared today be a catalyst to empower you, your families, and communities to lend your voice to positive change.

Sincerely,

A handwritten signature in blue ink that reads "Gregory C. Polk". The signature is stylized with a large, sweeping "G" and a long horizontal line extending from the end.

Gregory C. Polk, M.P.A.
Chief Deputy Director, Administrative Operations



SANDRA C. PTASINSKI, PH.D.

*Chair, Multicultural Mental Health Conference:
Health Integration Through a “WHO-LISTIC” Approach*

To each and every participant, speaker, presenter, and volunteer, a warm welcome to LACDMH’s Multicultural Mental Health Conference: Health Integration through a “WHO-LISTIC Approach.” Your presence today is a measure of how much we care and our determination to continuously pursue ways to serve our communities with excellence.

The process of developing this conference has enriched me at a personal and professional level. It has allowed me to work very closely with a passionate, committed, inspiring, and creative planning committee composed of LACDMH programs who did not hesitate in sharing their expertise and giving their very best. I stand in awe before everything we have accomplished working together!

Heartfelt appreciation for Dr. Sherin’s leadership, vision, and support for the multicultural conference; Mr. Greg Polk’s encouragement to “dream big”; the Administrative Operations Managers and staff’s hands-on collaboration; and the Service Area Administration teams’ coordination to ensure that this conference reached our communities. Special thanks to the members of the Cultural Competency Unit and Quality Improvement Administration Team for their commitment, dedication and investment in every aspect of the conference.

Thank you all so much!

***“Coming together is a beginning;
keeping together is progress;
working together is success.”***

– Henry Ford



KEYNOTE SPEAKER **JORGE PARTIDA, PSY.D.**

"The Curative Power of Culture Guiding Integrated Healthcare"

Dr. Jorge Partida is a clinical and research psychologist, specializing in addiction and trauma. He is an author, consultant and national speaker integrating Native Ancestral Teachings with traditional Western psychotherapy. Born in Guadalajara, Jalisco, Mexico, Dr. Partida immigrated to Chicago at nine years of age. He obtained his Bachelor's Degree in Clinical Psychology from Loyola University and his PsyD from The Illinois School of Professional Psychology (ISPP). Dr. Partida has been a consultant on many national

and international projects designing and implementing clinical programs to address addiction, education, health, community building, diversity, and spirituality. He has worked with local and national governments to coordinate services for those most impacted by poverty, war, and displacement. He has worked in Liberia, Africa, in the repatriation of boy soldiers, forming "intentional communities" in war and poverty-impacted countries such as Colombia, Peru, and Mexico. Dr. Partida is the author of "The Promise of The Fifth Sun" and "A Week of Awakening." He is currently the Chief of Psychology at LACDMH.

KEYNOTE SPEAKER **BERNARDO NG, M.D., D.F.A.P.A.**

"Immigration, Family Separation, and Mental Health"

Dr. Ng was born in Mexicali, Mexico. He is a medical graduate from the University of Nuevo Leon in Mexico. He is certified by the American Board of Psychiatry and Neurology, the American Board of Psychosomatic Medicine, and the Consejo Mexicano de Psiquiatría. His activities include the direction of the Sun Valley Behavioral and Research Centers in Imperial California and Centro Geriátrico Nuevo Atardecer in Mexicali, Mexico. Dr. Ng is President of the American Society of Hispanic Psychiatry, and President Elect of the Asociación Psiquiátrica Mexicana. He is also Chair of the Council of International Psychiatry of the American Psychiatric Association. He is a clinical assistant professor at UCSD, with multiple publications.





KEYNOTE SPEAKER **BRYANT MARKS, SR., PH.D.**

"Acknowledging and Managing the Hidden Biases of Good People"

Dr. Marks, Sr., is a minister, researcher, trainer, and award-winning educator. Dr. Marks is the Founder and Chief Training Officer of the National Training Institute on Race and Equity and is a professor in the Department of Psychology at Morehouse College. He served on President Obama's Board of Advisors with the White House Initiative on Educational Excellence for African Americans, and as senior advisor with the White House Initiative on Historically Black Colleges and Universities. Dr. Marks was a contributor/trainer with

the Obama Administration's My Brother's Keeper (MBK) and 21st Century Policing programs. Dr. Marks has provided implicit bias training to over 2,000 Police Chiefs and executives via a series of briefings at the White House in 2016 and several thousand patrol officers in local police departments including the entire Los Angeles Police Department. He has also provided training related to diversity and implicit bias to individuals in education, corporations, philanthropy, non-profits, and local and federal government. He holds a B.A. in psychology and a minor in economics from Morehouse College, and a M.A. and Ph.D. in Social Psychology from the University of Michigan.

MISTRESS OF CEREMONY **MARTA ALQUIJAY, PH.D.**

Dr. Alquijay is a licensed clinical psychologist with a specialization in Multicultural/Community Mental Health. She received her Ph.D. in 1993 from CSPP in Los Angeles, CA. Her doctoral research and publications focused on the relationship among self-esteem, acculturation and Lesbian identity development in Latina Lesbians. Dr. Alquijay was previously a Program Head for the Children's System of Care at Los Angeles County Department of Mental Health. She is currently a full time consultant, helping non-profit agencies develop, implement and evaluate mental health programs focusing on improving the lives of children and their families in underserved communities. She helped implement a Family Preservation program in the Pico Union area of Los Angeles, as well as a mental health program which provided free services to recent immigrants and trained graduate students. She specializes in working with women, graduate students and the Lesbian and Gay community in her private practice.



CONFERENCE THEME

Whole Person + Holistic Care = “WHO-LISTIC”



Who are we? Beyond racial and cultural identity, that question has as many different answers as there are people. *Mother, Father, Sister, Brother, Child, Woman, Man, LGBTQ community member, Teacher, Doctor, Worker, Survivor, Victim, Veteran, Foster Kid, Immigrant, Asylum Seeker, Homeless Person, Older Adult, Prisoner, Former Inmate, Person with a Disability, Person with a Substance use disorder, Underserved, Strong, Disenfranchised, Lonely, Courageous, Faithful, Helpful, Healer, Friend, Lover, Husband, Wife.* The list is endless, but none of these words can ever define **WHO** anyone is or how they fully describe themselves. We are each the sum of our **WHO-LISTIC** parts.

LORRAINE VIADE, PSY.D.

Wellbeing and recovery-focused

Health Integration (i.e. physical, emotional, mental, social and spiritual)

Overcoming challenges (i.e. different views regarding health, cultural differences, language preference, communication/literacy needs, among others)

Listening and Learning

Interacting and intervening with the goal of enhancing health, quality of life, and meaningful experiences

Sharing our stories

Teaching one another

Interconnecting with person receiving services, their home communities, and service providers who can assist in meeting health needs

Cultural Awareness, sensitivity, humility, respect, relevance, and appropriateness

The term WHO-LISTIC was developed by Dr. Viade who believes that integrated care is detective work. In her own words, “We may have clues about who we serve, but only by knowing their stories can we know who they really are.”

CONFERENCE AT A GLANCE

7:00 AM – 8:00 AM	REGISTRATION AND BREAKFAST
8:00 AM – 8:05 AM	BLESSING CEREMONY: Julia L. Bogany, Elder Cultural Officer Tongva Tribe of San Gabriel
8:05 AM – 8:30 AM	INTRODUCTION Mistress of Ceremony: Marta Alquijay, Ph.D. WELCOME Board of Supervisors: Hilda L. Solis, Supervisor, First District
8:30 AM – 8:40 AM	LAUGH FOR THE HEALTH OF IT: Kim Selbert, M.A., O.T.
8:40 AM – 9:00 AM	OPENING REMARKS Jonathan E. Sherin, M.D., Ph.D., Director Los Angeles County Department of Mental Health Barbara Ferrer, M.P.H., M.Ed., Ph.D., Director Los Angeles County Department of Public Health Christina Ghaly, M.D., Director Los Angeles County Department of Health Services
9:00 AM – 10:05 AM	KEYNOTE SPEAKER: Jorge Partida Del Toro, Psy.D. “The Curative Power of Culture Guiding Integrated Healthcare”
10:05 AM – 10:15 AM	BREAK
10:15 AM – 11:45 AM	WORKSHOPS SESSION A
11:45 AM – 1:00 PM	HOSTED LUNCH AND LIVE ENTERTAINMENT: Bind Music Blessing by Members of the LACDMH Faith-Based Advocacy Council and Staff
1:00 PM – 2:30 PM	WORKSHOPS SESSION B
2:30 PM – 2:35 PM	BREAK
2:35 PM – 3:40 PM	KEYNOTE SPEAKER: Bernardo Ng, M.D., D.F.A.P.A. “Immigration, Family Separation, and Mental Health”
3:40 PM – 3:50 PM	ZUMBA: Agnes Macatlang
3:50 PM – 4:55 PM	KEYNOTE SPEAKER: Bryant Marks, Sr., Ph.D.O “Acknowledging and Managing the Hidden Biases of Good People”
5:00 PM	CLOSING REMARKS

CONFERENCE WORKSHOPS

SESSION A: 10:15 - 11:45 AM AND SESSION B: 1:00 - 2:30 PM

A Queer Peer Perspective: Providing Culturally Responsive Mental Health Services (No CEU)

Barbara Acosta, B.A. / Robyn Gantsweg, Ph.D.

This workshop examines ways, in which mental health providers can create safe spaces and accessible services for LGBTQ+ clients. For the queer community, finding support for mental health issues presents unique challenges often preventing help-seeking and treatment effectiveness. Being queer doubles the stigma already experienced by people who access mental health services. Many feel unwelcome and misunderstood when assumptions about gender expression, misuse of language and pronouns and deadnaming disregard and disrespect their sense of self. Their resulting reluctance to self-disclose interferes with open and honest communication crucial to effective treatment. Some may lack self-confidence and self-advocacy skills to convey and ask for what they need. The presenters are from the LGBTQ+ and mental health communities and understand the barriers queer peers face. Providing strategies for providers to eliminate these obstacles will invite queer clients to seek help, overcome societal and self-stigma, advocate for their needs and improve treatment effectiveness.

Building Successful Collaboration through Integrated Programs

1.5 CEUs

Maria Funk, Ph.D. / Leepi Shimkhada, M.A. / Yanira Lima, M.A. / Julie DeRose, L.M.F.T. / David Murillo, Certified Alcohol and Other Drug Counselor

This workshop will explore the critical role of the public sector and experienced contractors to implement integrated services in the community. This panel of administrators and practitioners will discuss the impact of Countywide funding for integrated supportive services for formerly homeless individuals who are housed in supportive housing projects. Lessons learned and outcomes will be discussed. The panelists represent the funding perspective and the recipient of the funding. Together they will focus their discussions on the key practices that have led to successful outcomes.

Culturally-Responsive Integrated Mental Health Model for Children in Foster Care (No CEU)

Eugenia Hsu Tsao, Ph.D. / Mercedes Fernández Oromendia, Ph.D.

This workshop will present UCLA TIES for Families' (TIES) integrated mental health model for supporting diverse foster youth and their resource families. Clients served at TIES mirror the demographics of the foster care system, primarily children of color, the majority with a history of abuse and neglect, multiple placements, and prenatal substance exposure. Approximately 35% of families at TIES have a parent/caregiver that identifies as LGBTQ, and 40% of families are transracial. Presenters will delineate TIES' integration of cultural responsiveness with child welfare competent, trauma-and resilience-informed care for children and resource families. Specifically, the presentation will focus on TIES' Preplacement Education and Preparation (PREP) sessions and data showing its effectiveness in improving prospective resource parent knowledge and attitudes, and leading to increased willingness to have children with prenatal substance exposure, ADHD, behavioral challenges, and family histories of mental illness placed with them. In addition, the workshop will describe TIES' integrated Infant Mental Health program, specifically designed to meet the developmental, medical, language, motor, and educational needs of infants birth-age 3 in foster care. Finally, it will describe ways in which ethnic/racial and sociocultural factors are addressed in the context of both TIES PREP and the TIES Infant Mental Health Program.

Forming Interagency Partnerships for Clients with Co-Occurring Intellectual/Developmental Disabilities and Mental Health Disorders 1.5 CEUs

Teresa Celada-Dalton, Ph.D. / Amanda Seon-Walker, Psy.D. / Lorraine Viade, Psy.D. / Karin Woo, L.M.F.T.

This workshop will address the challenging factors of working with individuals who have a mental health disorder and co-occurring intellectual/developmental disability. The benefits of ongoing collaboration strategies when working with people involved in multiple systems, including the Regional Center and Community Mental Health providers will be discussed. Ways to improve treatment planning and interventions will be identified. Cultural considerations and best practices with clients with a co-occurring intellectual disorder and mental health disorder will be presented along with additional factors such as physical health and substance use.

Health Promotion through Self-Management Education: Exploring the Availability and Utility of Community Programming in Integrated Health Care (No CEU)

Allison Goforth, M.A.

This presentation will discuss the role of evidence in health self-management education within the healthcare system, particularly for older adults and adults with disabilities. Self-management education is a key aspect of integrated health care and holistic wellbeing with outcomes for both prevention and chronic illness management. Many self-management education programs are evidence-based, meaning that the health outcomes have been proven through rigorous testing and that the programs have been certified by a national authoritative body. This presentation will provide an overview of evidence-based health self-management programs for older adults and adults with disabilities that are available in Los Angeles County and how these programs serve culturally diverse communities. Workshop attendees will also learn about how they can access these programs to improve the health and wellbeing of their consumers.

Integrating Evidence-Based Treatments and Traditional Practices for American Indians/Alaska Natives Receiving Mental Health Services in Los Angeles County 1.5 CEUs

Daniel Dickerson, D.O., M.P.H. / Melanie Cain, Ph.D. / Stephanie Mushrush, M.S.W. / George Funmaker, C.A.T.C.

American Indians/Alaska Natives (AI/ANs) have experienced numerous historical based traumas that include forced removal from Native lands and migration to urban areas. As a result, AI/ANs experience numerous health care disparities including high suicide rates, traumatic exposure, and substance use. Key stakeholders, community members, and AV/AN elders in Los Angeles County have advised for an integrated approach that incorporates AV/AN traditional practices. This workshop will describe the integrated mental health treatment model provided for AI/ANs at American Indian Counseling Center (AICC), a DMH operated clinic. AICC's integrated health model incorporates a culturally centered approach that incorporates the use of AI/AN traditional practices, activities, and groups. This workshop will describe the successes, challenges and potential barriers with regard to the delivery an integrated model for AI/ANs. Members on this panel are experts in the areas of treatment, research, and traditional practices as it relates to AI/ANs and mental health care.

Merging Mental Health Services & Correctional Treatment

1.5 CEUs

Tom Granucci, M.S.W., L.C.S.W.

The presentation will provide an overview of forensic mental health focusing on how to integrate the mental health recovery model with evidence-based practices and best practices in correctional treatment. Cultural competence will be presented from a standpoint of cultural humility. The presentation will include immediate reentry needs of persons returning from jail/prison into the community and ongoing integrated mental health, co-occurring disorders, and correctional risks and needs of this population. The presenter will introduce the Risk-Need-Responsivity Model of correctional treatment and emphasize its integration into current treatment practices. The theory of the model (how to think about it) and its practice applications (how to do it at the individual level) will be discussed. Case examples will be used to demonstrate how RNR can be applied at the clinical level. Also, the presenter will introduce how the application of implementation science is a key for successful innovation at the organizational level.

NORMAL is Just a Setting on a Washing Machine-Strategies for Successful Disability Integrated Health Care

No CEU

Héctor M. Ramírez / Yolanda Vargas / Scott J. Keller

The CDC reports that one out four people live with a disability. Demographically, people with disabilities make up one of the largest communities in society because these can manifest across all demographic groups. However, the disability community is one of the most marginalized and underserved communities. Health outcomes for people with disabilities can only improve if “accessibility” as a cultural norm is part of all successful models of health integration for underserved communities. This panel will examine and redefine cultural competence practices that include the “needs” and “expectations” from various cross disability communities by providing analysis of current access modalities in health systems, identifying barriers that can make it extremely difficult or even impossible for people with disabilities to access equitable health care and attain positive health outcomes, and offering strategies to improve integrated health care outcomes

Using Health Navigation and Family Health Navigation to Support Behavioral Health Integration

1.5 CEUs

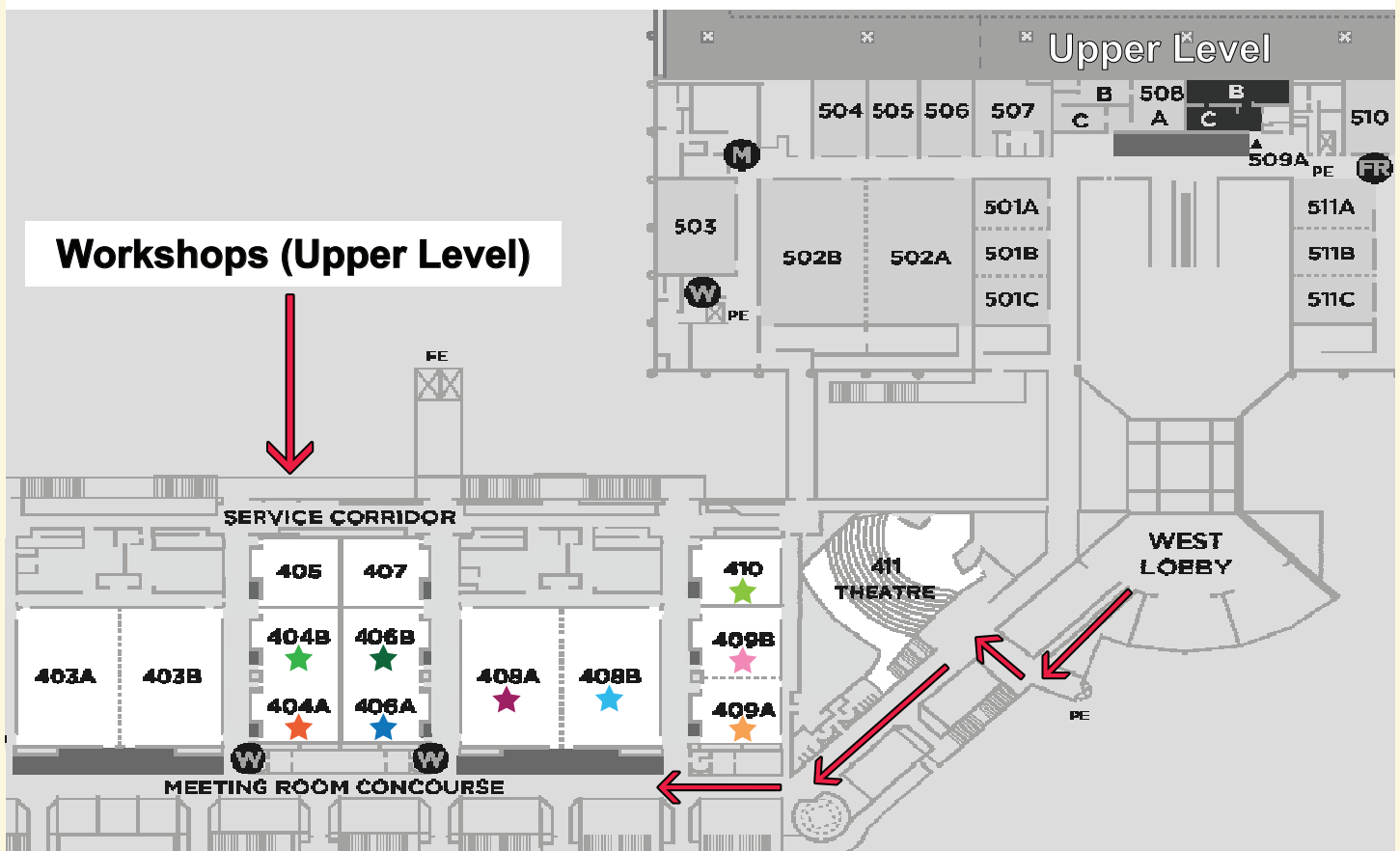
Rose Lopez, Ph.D.

Health Navigation is a culturally responsive intervention designed to promote services, skills, and confidence which consumers with serious mental illness need to self-manage their healthcare. This workshop looks at how Health Navigation developed, the research behind the training, the outcomes of the project and how Health Navigation has impacted the health needs of our Latino and African American mental health consumers. The presenter will focus on how health conditions disproportionately impact Latinos and African Americans, and how a health navigator can assist these consumers. The presenter will also discuss the Family Health Navigation program which addresses health literacy in parents/caregivers of children with behavior/mental health challenges. Developing parental health literacy is an empowerment strategy to increase parents’ and caregiver’s control over their family’s health, their ability to seek information and to take responsibility for family health.

CONFERENCE WORKSHOPS

SESSION A: 10:15 - 11:45 AM AND SESSION B: 1:00 - 2:30 PM

TITLE OF WORKSHOP	ROOM #
A Queer Peer Perspective: Providing Culturally Responsive Mental Health Services	408 A
Building Successful Collaboration through Integrated Programs	408 B
Culturally-Responsive Integrated Mental Health Model for Children in Foster Care	404 A
Forming Interagency Partnerships for Clients with Co-Occurring Intellectual/ Developmental Disabilities and Mental Health Disorders	404 B
Health Promotion through Self-Management Education: Exploring the Availability and Utility of Community Programming in Integrated Health Care	406 A
Integrating Evidence-Based Treatments and Traditional Practices for American Indians/Alaska Natives Receiving Mental Health Services in Los Angeles County	406 B
Merging Mental Health Services & Correctional Treatment	409 A
Using Health Navigation and Family Health Navigation to Support Behavioral Health Integration	409 B
NORMAL is Just a Setting on a Washing Machine-Strategies for Successful Disability Integrated Health Care	410



ABOUT THE PRESENTERS

ALLISON GOFORTH, M.A., received her Master in Sustainable International Development from Brandeis University and has five years of experience working with diverse communities in the United States and abroad. As a project manager with the Partners in Care Foundation, since October 2017, she has been responsible for managing the delivery of evidence-based programs throughout the City of Los Angeles and recruiting evidence-based program facilitators throughout LA County. Ms. Goforth is also a certified facilitator in three evidence-based programs.

AMANDA SEON-WALKER, PSY.D., is a licensed clinical psychologist with over 20 years working to address the mental, emotional and developmental well-being of individuals in the United States. Currently, she is a clinical psychologist with the Los Angeles County Department of Mental Health Specialized Foster Care program, a supervising psychologist for His Sheltering Arms Drug Treatment facility, and an adjunct professor at Antioch University in Los Angeles. Dr. Seon-Walker has worked extensively with families in South Los Angeles providing solutions and services to many parenting and behavioral concerns in both English and Spanish. She has served as a consultant to Acacia Learning Center to assist with program optimization of services for children with autism, ADHD, and intellectual disabilities.

BARBARA ACOSTA, B.A., has a multitude of experiences attempting to access services as a queer, non-binary person with a mental health disability. While obtaining a B.A. in Psychology and Social Behavior, she was a student intern at the UCI LGBT Resource Center and started a peer support group. Currently, she works as a Peer Self-Advocacy Coordinator for Disability Rights California, where she teaches her peers in the community and facilities about their rights and self-advocacy.

DANIEL DICKERSON, D.O., M.P.H., INUPIAQ, is an addiction psychiatrist at American Indian Counseling Center (AICC) and Associate Research Psychiatrist at University of California Los Angeles, Integrated Substance Abuse Programs (ISAP). His research focuses on the development of substance use treatment and prevention programs for Native American youth and adults. He is currently Co-Principal and Principal Investigator on National Institutes of Health-funded studies that focus on the utilization of Native American traditional practices for substance use prevention and treatment.

DAVID MURILLO, CERTIFIED ALCOHOL AND OTHER DRUG COUNSELOR, is the Director of Client Engagement Navigation Services for Homeless Health Care Los Angeles. He has over 22 years of experience in the field of substance treatment. Mr. Murillo has worked primarily with individuals experiencing homelessness, co-occurring disorders, and the reentry population. He currently oversees the Client Engagement Navigation Services in Service Planning Area 4 in addition to managing the daily operations of the Center for Harm Reduction, a syringe exchange and opiate overdose education/naloxone distribution site in the skid row area.

EUGENIA HSU TSAO, PH.D., is a clinical psychologist who specializes in developmental psychopathology, child abuse and neglect, and working with children in foster care/adoption and their families. Dr. Tsao has experience in bringing and implementing evidence-based practices to a community mental health setting and closely collaborating with the outside agencies to creatively meet the multiple needs of vulnerable children from the child welfare system.

GEORGE FUNMAKER, C.A.T.C., currently works for the Los Angeles County Department of Mental Health American Indian Counseling Center as a Community Worker. He has also worked with Torres-Martinez Tribal TANF as a cultural consultant presenting and facilitating cultural workshops for Native youth and families. Mr. Funmaker has worked as an adjunct staff for the RAND Corporation working as a facilitator for the Motivational Interviewing and Culture for Urban Native American Youth (MICUNAY) research project. In addition, he has worked with the Drum-Assisted Recovery Therapy for Native Americans (DARTNA) study as a substance abuse counselor and cultural advisor. He has worked the Los Angeles Native American community for the past 13 years.

HÉCTOR M. RAMÍREZ, PH.D., is a formally institutionalized Latino Chiricahua Apache, Two Spirits who has Autism and Bipolar Disorder. He holds a Ph.D. in neurochemistry, and has a background in communications and psychology. He is a former LACDMH commissioner and has been a member of the Mental Health Services Oversight and Accountability Commission for the past seven years, where he has served on the Services Committee and the Cultural and Linguistic Competence Committee. He is on the board of directors for Disability Rights California and the National Disability Rights Network. He works with county, state, national organizations, and policy makers to create legislation to reduce mental health disparities. His current focus is increasing mental and health services for immigrants, victims of human trafficking, refugees, and undocumented individuals, families, and communities.

JULIE DEROSE, L.M.F.T., is a licensed Marriage and Family Therapist and a registered Art Therapist. She has over 20 years of experience as a mental health professional working in outpatient, psychiatric hospital, residential treatment, and emergency shelter settings. Her work with the homeless began over 15 years ago and includes positions at Covenant House California, St. Joseph Center, and most recently as Director of Permanent Housing Services at The People Concern. She has successfully implemented programs to house homeless individuals and families through those positions.

KARIN WOO, L.M.F.T., has over 20 years of experience working to address the mental, emotional, physical, and developmental needs of individuals of all ages. She specializes in addressing the needs of individuals with multiple co-occurring diagnoses and challenges. Currently, Karin is the Director of several intensive services programs with Pathways Community Services, a Los Angeles County Department of Mental Health(LACDMH) contracted mental health provider. She has worked extensively with individuals who have intellectual disabilities and is an active participant in the collaborative meetings with Eastern Los Angeles Regional Center and LACDMH.

LEEPI SHIMKHADA, M.A., is the Director of Housing and Services for the Los Angeles County Department of Health Services (DHS) in the Housing for Health Program. She has had various roles in the homeless services community over the last 20 years. She was a founding member of the Housing for Health (HFH) program in 2012 at DHS to provide housing assistance to the most medically complex homeless individuals in the County healthcare system. HFH creates stability for clients by using permanent supportive housing throughout Los Angeles County.

LORRAINE VIADE, PSY.D., is a clinical psychologist with over 20 years of experience in the helping profession. For the past 14 years, she has undertaken a number of projects working with youth and children in conjunction with the Department of Children and Family Services. Dr. Viade does presentations in the community on a variety of topics including Trauma, Bullying, Mindfulness and Personality Disorders. She also enjoys writing about film and television from the lens of a psychologist. She is a strong advocate for people with special needs and those who have suffered adverse childhood experiences.

MARIA FUNK, PH.D., is the Chief of the Department of Mental Health's Countywide Housing, Employment and Education Resource Development (CHEERD) Division, which is responsible for administering the Department's services and housing resources for individuals and families who are homeless. In the 24 years she has worked for DMH, 19 years of them have been dedicated to developing and managing mental health services and housing programs for those who are homeless and have a mental illness. Dr. Funk received her Bachelor's degree in psychology from UCLA and her Ph.D. in Clinical Psychology from California School of Professional Psychology.

MELANIE J. CAIN, PH.D., is from the Santa Clara Pueblo and Jicarilla Apache tribes in Northern, New Mexico. She is a licensed Psychologist with the Los Angeles County Department of Mental Health at the American Indian Counseling Center, where she currently works as Program Manager. Her work with DMH allows her to oversee the provision of mental health services for American Indian/Alaska Native clients of all ages throughout Los Angeles County. She obtained a Ph.D. in Counseling Psychology from Oklahoma State University in May 2007. In addition to her experience with psychology, Dr. Cain is a veteran of the United States Air Force and is proud to say she comes from three generations of Native American women whom have served in the Armed Forces.

MERCEDES FERNÁNDEZ OROMENDIA, PH.D., is a bilingual/bicultural psychology postdoctoral fellow at UCLA TIES for Families. She specializes in culturally responsive mental health care, transcultural/ethnic/racial adoptions, and fostering the wellbeing of families brought together by foster care. Dr. Fernández Oromendia obtained her Ph.D. from UC Santa Barbara and focused her doctoral training and internship on trauma and child/adolescent psychopathology.

ROBYN GANTSWEG, PH.D., is queer and has a mental health disability. With over 25 years' experience as both a client and mental health provider, she knows the barriers queer peers face accessing and receiving culturally responsive and respectful services. She has been educating individuals with mental health disabilities about their rights and how to advocate for their own needs and goals through working with Disability Rights California, a non-profit advocacy organization since 2002.

ROSE LOPEZ, PH.D., obtained her doctorate degree in Community Minority Psychology from the California School of Professional Psychology, Los Angeles. She has worked for the Pacific Clinics for over 19 years. She is currently a lead trainer for the Health Navigation Certification Program and the Family Health Navigation Certification Program offered through Pacific Clinics Training Institute. She is also a lead trainer of the Peer Advocate Certification and the TAY Peer Advocate Certification programs. Dr. Lopez trains on various courses including Motivational Interviewing, Mental Health and Physical Health Integration courses, Substance abuse courses as well as courses for consumers. She is a certified trainer in the Mental Health First Aid and the Wellness Recovery Action Plan (WRAP) program. As the staff facilitator for the Pacific Clinics Anti-Stigma group, Dr. Lopez works with mental health consumers to share their stories of hope and recovery.

SCOTT J. KELLER, M.A., describes himself as a "proud and passionate member of the deaf community nationwide." He was born deaf and comes from a family with three generations of deaf family members. He is on the board of directors for Disability Rights California. Scott formerly worked as a program manager for a daytime recovery center that serves deaf adults in San Diego County who struggle with alcohol/drug addiction, mental health disabilities and homelessness. He graduated with Bachelors' degrees in communications and English from Gallaudet University, the only university for the deaf in the world. Scott recently obtained his Masters' degree from the University of San Diego's leadership studies field.

STEPHANIE MUSHRUSH, L.C.S.W., (Washoe Tribe of NV and CA; Filipina,) is a Psychiatric Social Worker II at Department of Mental Health American Indian Counseling Center. Her delivery of mental health services is focused on the intergenerational healing of American Indian/Alaskan Native communities suffering from generations of historical trauma, across rural/urban settings. She aims to integrate AI/AN culture, history, traditions and healing practices into her individual PEI and RRR sessions, as well as various AICC group treatment settings.

TERESA CELADA-DALTON, PH.D., is a licensed psychologist at Children's Hospital Los Angeles, Project HEAL Trauma Program where she provides supervision and training to doctoral psychology trainees as well as culturally sensitive trauma-based treatment to children, adolescents and families. She completed a post-doctoral fellowship at CHLA-USC University Center for Excellence in Developmental Disabilities where she specialized in childhood trauma. Dr. Celada-Dalton is competent in providing services in Spanish and so has extensive experience working with the Latinx community in a variety of settings such as schools, churches, shelters and hospitals. Furthermore, her experience working with trauma survivors includes her role as the Associate Victims Assistance Coordinator for the Archdiocese of Los Angeles where she supports survivors of clergy abuse by linking them to appropriate services. Additionally, Dr. Celada-Dalton is an Adjunct Faculty for the Aliento Program at Pepperdine University where she teaches Spanish Language and Culture in the Clinical Setting.

TOM GRANUCCI, L.C.S.W., worked for 13 years in the mental health field before joining the U.S. Probation Office in 1999. His mental health career included outpatient work with severely mentally ill adults and adolescents, residential treatment with adolescents involved in the juvenile justice system, and managed mental health and substance abuse care. As a U.S. Probation Officer/Mental Health Treatment Specialist, Tom managed a specialized caseload of mentally ill clients and sex offenders for 8+ years. In 2015, he assumed the role of the Central District of California's first EBP Coordinator. As such, he was responsible for evidence-based practices implementation district-wide. Tom was an original member of the California State University of Los Angeles Forensic Social Work Advisory Board and has been a part-time faculty member in the School of Social Work since 2003. He also serves on the Board of Directors, as Director of Conference, of the Forensic Mental Health Association of California. He recently retired from the U.S. Probation Office after 20 years of service. He is an independent consultant and trainer.

YANIRA A. LIMA, M.A., is the Adult Systems of Care Chief for the Los Angeles County Department of Public Health, Substance Abuse Prevention and Control. In this role, she manages early intervention services such as Driving Under the Influence programs; pre-treatment services such as homeless outreach and engagement, and screening and service navigation; and the full continuum of substance use disorder treatment services offered by network providers under the County's Drug Medi-Cal Organized Delivery System. She has overseen publicly-funded programs for individuals involved with the criminal justice-system, families and children, and most recently youth populations in her 15 years of work in the field. Ms. Lima holds a Master's in Public Administration, and a Master's in Health Care Management.

YOLANDA VARGAS is a pansexual Latin woman who has multiple disabilities: including mental health disabilities and cerebral palsy. She is the Chair of the National Council on Independent Living's Queer caucus, board member with Disability Rights California and Working for Inclusive and Transformative Healthcare's self-advocates advisory board. Yolanda provides insights on how to serve and reach marginalized communities to "ensure future generations of disabled people are able to maintain and gain the rights we deserve."

ABOUT THE ENTERTAINMENT



LAUGH FOR THE HEALTH OF IT KIM SELBERT, M.A., O.T.

Kim Selbert was certified as a Laughter Yoga Leader in 2006. Her program, Laugh For the Health of It, utilizes breathing, movement and laughter exercises to decrease stress, uplift the mood and promote wellness for all ages.

ZUMBA AGNES MACATLANG

Agnes Macatlang lives in Glendale, CA. She has been a ZIN™ Member (Zumba Instructor Network) since May 2014 and absolutely loves teaching Zumba classes. The reason is simple: ***Every class feels like a party!*** She is currently licensed to teach Zumba and Strong by Zumba.



BIND MUSIC

“The BIND” is a collective of liturgical musicians playing at various churches throughout the L.A. Archdiocese. The group entertains at various social events such as weddings, concerts, and other special engagements. Their music is comprised of various styles including pop, jazz, and contemporary genres.

Group members include:

David Garcia: *Bass Guitar, Vocals*

John Gonazalez: *Guitar, Piano, Vocals*

James Tan: *Violin*

Jerry V. Yslas: *Guitar and Vocals*



ABOUT THE ARTIST ROSARIO RAMÍREZ

The title of the conference art piece is “Strong Together, Together We Rise.” It was created by mixed-media artist, Ms. Rosario Ramírez.

She has found an outlet for her love of storytelling, multiculturalism, and sociopolitical themes through her art. In her own words, the art piece conveys the message that: “Despite our differences, life’s challenges and obstacles in our paths, we can unite to accomplish great things and see our goals reached. As long as we are untied, the spark of hope remains lit. The load of life’s difficulties is lighter when shared and the journey more enjoyable. We are stronger together; together we rise.”

Ms. Ramírez was born and raised in Los Angeles as a first-generation Mexican-American. She graduated summa cum laude from UCLA with a degree in Spanish/Latin American Literature and Language, received a minor in Latin American Studies.

ACKNOWLEDGEMENTS



The Conference Planning Committee would like to thank to each individual who participated in the Multicultural Mental Health Conference on June 18, 2019. We also would like to express special thanks to the LACDMH Executive Management Team, keynote speakers, workshop presenters, volunteers, and participating vendors who worked passionately and collaboratively to make this conference successful.

Special thanks to Vienna To for designing the graphics for conference materials and to Christine De La Cruz for the slideshow.

Special thanks to Dr. Jeff Gorsuch, Elmer Ornelas, Luis G. Escalante, Martha Glomah, and the Workforce Education and Training Division for their support and assistance with the online registration and presenters' Continuing Education (CE) application.

MULTICULTURAL MENTAL HEALTH CONFERENCE PLANNING COMMITTEE

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