

# Prevention and Early Intervention (PEI) Practices in the OMA

## Practices currently in PEI OMA:

Aggression Replacement Training (ART)
Aggression Replacement Training – Skill Streaming (ART)
Alternatives for Family-Cognitive Behavior Therapy (AF-CBT)
Brief Strategic Family Therapy (BSFT)
Caring for Our Families (CFOF)
Child Parent Psychotherapy (CPP)
Cognitive Behavioral Intervention for Trauma in Schools (CBITS)
Crisis Oriented Recovery Services (CORS)
Depression Treatment Quality Improvement (DTQI)
Dialectical Behavioral Therapy (DBT)
Functional Family Therapy (FFT)
Group Cognitive Behavioral Therapy of Major Depression
Incredible Years (IY)
Individual Cognitive Behavioral Therapy - Anxiety (CBT Anxiety)
Individual Cognitive Behavioral Therapy - Trauma (CBT Trauma)
Individual Cognitive Behavioral Therapy - Depression (CBT Depression)
Interpersonal Psychotherapy for Depression (IPT)
Loving Intervention Family Enrichment (LIFE)
Managing and Adapting Practice (MAP) - Anxiety & Avoidance
Managing and Adapting Practice (MAP) - Depression and Withdrawal
Managing and Adapting Practice (MAP) - Disruptive Behavior
Managing and Adapting Practice (MAP) - Traumatic Stress
Mental Health Integration Program (MHIP) - Anxiety
Mental Health Integration Program (MHIP) - Depression
Mental Health Integration Program (MHIP) - Trauma
Multidimensional Family Therapy (MDFT)
Multisystemic Therapy (MST)
Parent–Child Interaction Therapy (PCIT)
Problem Solving Therapy (PST)
Program to Encourage Active, Rewarding Lives for Seniors (PEARLS)
Prolonged Exposure for PTSD (PE)
Promoting Alternative THinking Strategies (PATHS)
Reflecting Parenting Program (RPP)
Seeking Safety (SS)
Strengthening Families Program (SFP)
Trauma Focused-Cognitive Behavioral Therapy (TF-CBT)
Triple P Positive Parenting Program (Triple P)
UCLA Ties Transition Model (UCLA Ties)

*First 5 PCIT is also in PEI OMA, but is not PEI funded.*

## Practices currently not in PEI OMA or are disabled:

Center for the Assessment and Prevention of Prodromal States (CAPPS)
Families OverComing Under Stress (FOCUS) <b>DISABLED</b>
Mindful Parenting Groups (MPG)
Nurse Family Partnership (NFP) (will not be added to PEI OMA)