



DEPARTMENT OF MENTAL HEALTH
hope. recovery. wellbeing.

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ADOPTED

BOARD OF SUPERVISORS
COUNTY OF LOS ANGELES

April 16, 2019

25 April 16, 2019

The Honorable Board of Supervisors
County of Los Angeles
383 Kenneth Hahn Hall of Administration
500 West Temple Street
Los Angeles, California 90012

CELIA ZAVALA
EXECUTIVE OFFICER

Dear Supervisors:

**APPROVE EXPENDITURES FOR THE
MULTICULTURAL MENTAL HEALTH CONFERENCE: HEALTH INTEGRATION THROUGH A
“WHO-LISTIC APPROACH”
(ALL SUPERVISORIAL DISTRICTS)
(3 VOTES)**

SUBJECT

Request approval to expend funds to host the Multicultural Mental Health Conference: Health Integration Through a Whole Person Holistic Care Approach, creatively named - “WHO-LISTIC Approach”, scheduled to be held on June 18, 2019, for the purpose of integrated health and mental health for less-recognized and underserved populations throughout the County.

IT IS RECOMMENDED THAT THE BOARD:

1. Authorize the Department of Mental Health (DMH) to expend funds to host the first Multicultural Mental Health Conference: Health Integration Through a “WHO-LISTIC Approach”, which is scheduled to be held on June 18, 2019, at an estimated cost of \$170,000, fully funded by State Mental Health Services Act (MHSA) revenue.
2. Authorize the Director of Mental Health, or his designee, to prepare, sign, and execute agreements with the Los Angeles Convention Center for space, catering, and other incidental expenses related to the conference, at an estimated cost of \$129,000, fully funded by MHSA revenue.

PURPOSE/JUSTIFICATION OF RECOMMENDED ACTION

Board approval of the recommended actions will enable DMH to host the first Multicultural Mental Health Conference: Health Integration Through a “WHO-LISTIC Approach”, which is scheduled to be held on June 18, 2019, at the Los Angeles Convention Center.

DMH proposes the implementation of a multicultural mental health conference that focuses on models of integrated health for less-recognized yet well-established, underserved populations such as veterans, foster care youth, immigrants and asylum seekers, persons experiencing homelessness, older adults, persons who are incarcerated or recently released from prison, persons with disabilities, and persons who have substance use disorders, among others. The conference will highlight the vital role of cultural and linguistic competence, health equity, prevention and early intervention, service accessibility, elimination of disparities, and policy-making in working with these underserved communities.

The conference is based on the premise of health integration via a “Whole Person Holistic Care”, being creatively presented as the acronym “WHO-LISTIC” to convey the following components of care:

- Wellbeing and recovery-focused
- Health Integration (i.e. physical, emotional, mental, social and spiritual)
- Overcoming challenges (i.e. different views regarding health, cultural differences, language preference, communication/literacy needs, among others)
- Listening and Learning
- Interacting and intervening with the goal of enhancing health, quality of life, and meaningful experiences
- Sharing our stories
- Teaching one another
- Interconnecting with person receiving services, their home communities, and service providers who can assist in meeting health needs
- Cultural Awareness, sensitivity, humility, respect, relevance, and appropriateness

Conference Objectives

- Highlight the benefits of integrated health care for the persons and family members receiving services and for improving the community’s health outcomes.
- Introduce integrated health care as a pathway to effective culturally competent and equitable person-centered services that address wellbeing for the whole person and across the lifespan.
- Explore successful models of integrated health care coordination that meet the needs of consumers and their families from prevention/early intervention to emergency services.
- Build a narrative for integrated care for less-recognized yet well-established underserved populations such as veterans, foster care youth, immigrants and asylum seekers, people experiencing homelessness, older adults, persons who are incarcerated or recently released from prison, persons with disabilities, and persons who have substance use disorders, among many others.
- Amplify the voice of healthcare professionals and their experiences in providing integrated health care and practicing cross-health system collaboration.
- Inspire participants to develop treatment plans that address the biological/ physiological,

psychological and social needs of consumers while attending to health inequities and the social determinants of health.

- Highlight programs/projects that have successfully integrated care to reduce illness, increase personal and community wellbeing, promote service accessibility and quality of care, utilize data for integrated care coordination and assess the community's integrated health care needs, evaluate program effectiveness, and drive policy implementation.

Implementation of Strategic Plan Goals

These recommendations support the County's Strategic Plan Goal I, "Make Investments That Transform Lives," and Strategic Plan Goal II, "Foster Vibrant and Resilient Communities."

FISCAL IMPACT/FINANCING

The estimated cost of the conference is approximately \$170,000 fully funded by State MHSA revenue and is included in the DMH Fiscal Year 2018-19 Final Adopted Budget. The final cost will be determined by the actual number of participants, which will be a maximum of 900 people.

The \$170,000 estimated budget for the conference includes an estimated \$129,000 for facility rental, set-up, audio-visual equipment services, parking services, and food services for consumer attendees. Other costs totaling an estimated \$41,000 include the presenters' costs, supplies, and other incidental expenses.

There is no net County cost impact associated with this action.

FACTS AND PROVISIONS/LEGAL REQUIREMENTS

The Multicultural Mental Health Conference: Health Integration Through a "WHO-LISTIC Approach" has been approved by DMH's executive management as appropriate under the MHSA plan. MHSA provides funding for outreach to mental health clients, their families, and parents of children receiving mental health services, including to consumers and families of underserved communities and their community partners.

CONTRACTING PROCESS

DMH solicited quotes from various venues that met selection requirements for the conference including the L.A. Convention Center, Pasadena Convention Center, Universal Hilton Hotel, Universal Sheraton Hotel, and Marriot Hotel in Burbank. Each of these sites was evaluated for location spaciousness, accessibility via public transportation, and parking accommodations. Findings were shared with DMH's Cultural Competency Committee which is composed of consumers, peers, peer advocates, family members, directly operated and contracted providers, and DMH administrative staff. The findings were also reviewed by the conference planning committee. The feedback received from these groups determined that the L. A. Convention Center was the preferred location based on the considerations described above.

Board approval of the recommended actions will enable DMH to execute an Agreement with the L. A. Convention Center to guarantee space, catering services, and other necessities for the conference and provide DMH with authority to expend funds in support of the conference. Confirmation, in the

form of a deposit, will be made to ensure the reservation of space.

IMPACT ON CURRENT SERVICES (OR PROJECTS)

The conference will benefit participating L. A. County Departments inclusive of DMH by featuring effective models of health integration for underserved communities, allow for collaborative efforts to include presenters and workshops from a variety of L. A. County Departments and consumer groups. Additionally, the conference will bring participants from other County Departments into a learning environment that promotes cross-departmental collaborative partnerships, supports health care coordination, transforms research into practice, and enhances cultural inclusion and responsiveness to meet the needs of constituents, family members, and communities served by the Health Agency.

Respectfully submitted,



JONATHAN E. SHERIN, M.D., Ph.D.

Director

JES:GP:ES:SK:kh

- c: Executive Office, Board of Supervisors
- Chief Executive Office
- County Counsel
- Chairperson, Mental Health Commission