EXPLORING TRAUMA: A BRIEF INTERVENTION FOR MEN

DATE & TIME: May 30, 2019 9:00AM - 4:00PM

Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE: Sheraton Hotel - Pasadena
303 Cordova Street
Day Room
Pasadena, CA 91101

PARKING: Onsite Parking $15
Use address: 175 South Euclid Avenue, Pasadena, CA 91101

The goal of this training is to teach participants strength-based approaches designed to engage consumers with a history of trauma that identify as male. This interactive training is based on the concepts and values of trauma-informed services. It presents a six-session trauma treatment approach for consumers who have been abused or exposed to trauma. The impact of trauma for men is unique and associated with: their silence surrounding abuse and other adverse childhood experiences, the impact of male socialization on their response to said experiences, the risk of becoming abusers and perpetrators of violence, and the understanding of their shame and fear to explore trauma. Participant-led experiential activities are part of this interactive workshop.

TARGET AUDIENCE: DMH directly operated and contract providers only

OBJECTIVES: As a result of attending this training, participants should be able to:
1. Define gender-responsive and trauma-informed services.
2. Describe the process of trauma and typical responses through the lens of men's socialization.
3. Recognize men's dissociative responses to discussions of trauma, abuse, shame and anger.
4. Demonstrate physical and mental grounding exercises that are effective for men.
5. Create a trauma-informed therapeutic environment.
6. Apply the six-session treatment program based on the “Exploring Trauma” curriculum.

CONDUCTED BY: Roberto Rodriguez, M.A., Private Trainer for The Center for Gender and Justice

COORDINATED BY: Maria Contreras, M.A., Training Coordinator
Email: macontreras@dmh.lacounty.gov

DEADLINE: 05/23/19 or when maximum capacity is reached

CONTINUING EDUCATION: 6 CEU’s for BBS, BRN, CCAPP-EI
6 CE’s for Psychologists

COST: NONE

DMH Employees register at: http://learningnet.lacounty.gov
Contract Providers register at: CLICK HERE FOR REGISTRATION SITE