

YOURDMH SERVICE AREA 3 PROUDLY PRESENTS

# SAN GABRIEL VALLEY

# RISES

## MAY 9, 2019 10A-3P

GAMES

BBQ

PRIZES

AND MORE!

**Masonic Center for Youth & Families**

1650 E. Old Badillo Street #B3, Covina, CA 91724

### GUEST SPEAKERS

- ✦ Lisa Wong, Psy.D.
- ✦ Bruce Boardman, CEO
- ✦ Barbara Dickerson, Ph.D.
- ✦ Susan Coats, Ed.D
- ✦ Rose Lopez, Ph.D.



### FROM THE SGV COMMUNITY

- ✦ Local art exhibit
- ✦ Resource fair vendors
- ✦ Entertainment by Yumi and the River Band

### EXCITING WORKSHOPS

- ✦ Salsa dancing with Arlene
- ✦ Spiritual healing with Krystal
- ✦ Reiki with Connie
- ✦ Tai chi with Hua

### FEEL FREE TO BRING YOUR OWN

- ✦ Basketball
- ✦ Frisbee
- ✦ Volleyball
- ✦ Lawn chairs

*FREE t-shirts for the first 100 guests! First 500 guests will receive food tickets. First come first served. This event is open to all!*

**Join Us in Erasing the Stigma of Mental Illness**



LOS ANGELES COUNTY  
DEPARTMENT OF  
MENTAL HEALTH  
*hope. recovery. wellbeing.*



**For more information, please contact:**

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*Parking is available in the surrounding residential community. See map on the back.*

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