

CELEBRATE

MAY IS MENTAL HEALTH AWARENESS MONTH WITH THE PEER RESOURCE CENTER

WED. 5/1
10 a.m. - 1 p.m.

Happy 2nd Anniversary PRC
Celebrating the opening of PRC

FRI. 5/10
12 p.m. - 3 p.m.

Planting Your Stress Away
Benefits of nature in your home/workplace

FRI. 5/17
10 a.m. - 2 p.m.

PRC Art Gallery Reception
Building a community through art

FRI. 5/24
12 p.m. - 3 p.m.

Mental Health in Motion
Expression through dance and movement

FRI. 5/31
12 p.m. - 3 p.m.

Recovering Through Creativity
Building a community through poetry



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