# County of Los Angeles – Department of Mental Health

## OFFICE OF THE MENTAL HEALTH COMMISSION

Thursday, October 25, 2018
Meeting Minutes
Merilla M. Scott, Chair, Facilitating
APPROVED – November 15, 2018

Unanimous vote and 1 abstention

	Discussion	Recommendation/ Action/Motion
1	. Call to Order by Commissioner Scott	ACTION: None
	Roll Call: Canetana Hurd	
	Absent Excused: Harold E. Turner, Lawrence J. Lue	
	Absent: Jeannine Pierce and 5 <sup>th</sup> District Representative	
	<ul> <li>Approval of minutes: September 27, 2018 minutes approved by unanimous vote</li> </ul>	
	Introduce OCFA Staff (Office of Consumer and Family Affairs) Linda Stone-Abrams and Deidra Hope	
2	Department of Mental Health Report – Mimi M. McKay, Deputy Director, Strategic Communications	1
	Introduce new staff for Commission and DMH:	ACTION: Follow up with
	Arleen Santizo, Student Professional Worker 1, Mental Health Commission	Commission on budget
	• Keris Myrick, Chief of Peer Services-Ms. Myrick came from Washington D.C on a five-year assignment where she was the	process and updates
	Director of the Office of Consumer and Family Affairs. She worked in the Substance Abuse and Mental Health Services	
	Administration.	
	• Yvette Willock, Chief of Social Work –Ms. Willock, and LCSW, has been doing social work practice for over 20 years.	
	Staff Promotions and Changes	
	<ul> <li>Mary Romero and Angela Shields are appointees for Program Manager III for the Specialized Foster Care Program.</li> </ul>	
	Service Area 7-new appointment for Service Area Chief, Manuel Rosas	
	New Services	
	The Public Guardian –has convened a working group to look into the possibility of outpatient conservatorships-new	
	approach that will allow people to be in less restrictive environments to receive intensive treatment.	
	• Medical Street Vehicles – funding received for 10 vans that are going to be deploying within the next six months throughout	
	the county. Vans will provide an opportunity for people to sit and engage in the vehicle; peer and clinicians will be a part of	
	this innovation. The MHSOAC (Mental Health Services Oversight and Accountability Commission) has approved.	
	• Jail Diversion—applied for state funding, ten million dollars over a three-year period through the Department of Health	
	Services (DHS) focused on pre-trial felony mental health diversion. Office of Diversion and Re-entry will be the lead agency.	
	DMH will be collaborating and working closely to prevent incarceration for individuals who are arrested and incarcerated	

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	because of behaviors caused by mental illness or the conditions of homelessness.	
•	Executive Committee meeting-request for more information about the DMH budget	
•	Greg Polk, Chief Administrative Deputy will attend the next Executive Committee meeting to provide further detailed	
	information on the status of the budget that will then be provided at the next Full Commission meeting.	
•	Needs assessments in the county-three entities were contracted to assist with the needs assessment process	
	<ul> <li>MERCER—quantitative assessment</li> </ul>	
	<ul> <li>RAND Corporation—qualitative analysis, preliminary report expected by January 1, 2019.</li> </ul>	
	<ul> <li>Third Sector—three-million-dollar grant received from Steven Ballmer to look at contracting processes</li> </ul>	
	All three entities will be meeting with stakeholder groups; also interested in meeting with the commission	
•	Twinning agreement with the city of Trieste—holistic approach connected to the community	
•	YourDMH—New way of looking at stakeholder engagement	
•	Chair Scott, introduced Erick Matos, Fifth District representative who will be attending the full commission meetings	
	regularly.	
3. <b>SA</b>	AC Co-Chairs' Reports	
SA	AC 1—Jean Harris, Co-Chair	ACTION:
•	Appreciates agenda changes	
•	Appreciates Dr. Bonds help with getting SAAC co-chairs' invited to the integration conference	
•	Supervisor Barger's support and response to the psych urgent care in service area one SAAC meeting on October 18, 2019 local legislatures, Steve Fox, Tom Lackey, Jessie Smith, Miguel Coronado attended to	
•	share their positions on mental health and possible ways to increase services in the service area.	
•	Presentation by GEO Reentry Services-discussing their Centers for Disease Control and Prevention (CDC) compliance and	
	what they are doing to help individuals with re-entry support in the community	
•	Formed YourDMH community group to discuss what the SAAC needs to do to address the transformation	
•	INN 2 – Health Neighborhoods presentation and Resource Fair by Project Return	
•	Day of Giving in December during SAAC meeting, asking community members to bring donations	
SA	AC 2 – Patricia Russell, Co-Chair	
•	Jaime Garcia represented Hospital Association; he was very informative and provided vital information on the lack of	
	hospital beds when they are required in service area two.  A discussion took place addressing the community peeds, also discussing the peed to repoy at a the LBS system currently in	
	A discussion took place addressing the community needs, also discussing the need to renovate the LPS system currently in place	
•	Next meeting - Dealing with YourDMH brainstorming ways of breaking down the information presented so they can clearly	

# Page | 3

Discussion	Recommendation/ Action/Motion
explain it to members	,
SAAC 3 –William Légere, Member	
SAAC 3 meet on October 11, 2018	
Five community support system programs	
<ul> <li>Discussed YourDMH and SAAC involvement then reported to Dr. Sherin on the progress</li> </ul>	
SAAC 4 – Ricardo Kim, Stakeholder in SAAC 4	
SAAC meet on October 18, 2018	
<ul> <li>Discussed YourDMH and the reintegration of stakeholder members</li> </ul>	
<ul> <li>Discussed the December 19, 2018 event taking place at the California Endowment building—in the process of informing SAAC members about this event</li> </ul>	
<ul> <li>Presentation from author of the Mental Health Services Act—sharing fiscal year 2018-2019 plan; emphasizing on providing data and statistical information in regards to service area four</li> </ul>	
<ul> <li>Discussed the new building currently being constructed next to the DMH headquarters</li> </ul>	
Membership application deadline for November and December will be dark	
SAAC 5—Karen Macedonio, Co-Chair	
<ul> <li>SAAC five is exploring how all SAAC members interact with the community and how the community interacts with the Department</li> </ul>	
<ul> <li>Steering Committee reviewed the headings in the YourDMH draft and combined and concluded with five topics for discussion</li> </ul>	
Topic 1-Meetings and Ad Hoc Groups	
Topic 2- DMH Responsibilities	
Topic 3-Vision and Values	
Topic 4- Structure, Charter, Membership, and Voting	
Topic 5- Leadership	
SAAC 6 – No report	
SAAC 7 – No report	
SAAC 8 Paul Stansbury, Co-Chair	
Discussed YourDMH and would like to keep the conversation going. Part of the discussion took place regarding how to	
effectively reach out more	
<ul> <li>Would like to hold more town hall meetings in the community by dividing service areas into different groups—such as zones</li> </ul>	
<ul> <li>Need to further discuss how dividing the community into zones will be accomplished</li> </ul>	
<ul> <li>Recently began to implement peer meetings take place one hour before the full SAAC meeting; the purpose of doing so is to ensure that new peer members have the proper knowledge of what the programs and SAAC are about</li> </ul>	

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<ul> <li>Discussed potential means of incorporating technology such as skype to reach out to the members who cannot attend the meetings</li> </ul>		
MHSA presentation included data on programs		
4. Public Comments - Non Agenda Items		
Jacob Cohen		

• Mentioned that people have problems with basic things

## **Daniel Kwong**

Would like to know how to assist transients as a community member of the city Alhambra

#### **Tina Martinez**

• Wants help with her brother who was denied mental health services at the San Fernando Mental Health Clinic (referred to OCFA staff)

### **Richard Fleming**

- Requests for a standard requirement to be implemented for voting members with severe mental illness
- Would like for the quarterly YourDMH meetings to be eligible for CAF stipends; also would like CAF stipends to be established for membership and leadership positions

## **Marvin Thompson**

• Wants more outreach to be geared towards minority groups specifically male African Americans—feels that this group is severely underrepresented in the community

### **Gilbert A Le Blanc**

- Would like members of the community to go out and vote
- Starting a new program in November to feed the homeless people on Van Nuys Blvd

#### **Barbara Wilson**

- Lack of mental health resources for adults in Santa Clarita
- Attended CALBHB/C
- Issue with placing senior citizens in unlicensed facilities

### **Patricia Russell**

- Invites the members of the audience from the San Fernando Valley to come to SAAC 2 meeting
- Wants to address social work issues in regards to hospital discharge planning

#### **Carmen Miller**

• Client at Women's Reintegration Center/volunteer at the Peer Resource Center—would like to thank Commissioner Reba Stevens who assisted Ms. Millers family along with six other families to receive housing vouchers; which without would have been at risk of being homeless as of October 31, 2018

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Zafrella	•
Provide consumers better means of transportation to service area six	
Peter M.	
Grateful for the services and help he has received to be able to re-integrate into the community and be independent	
Sawako Nitao	
Would like to see more Asian commission representatives	
Julita Bernstein	
Representative from San Fernando Mental Health Community Center, concerned about clients who are not informed	
and mislead about the services available to them and how to access these resources and programs	
5. Business Discussion/Action Items	
Standing Agenda Items – Update strategic priority areas: Internal Operations, Oversight and Compliance, and Strategic	ACTION Items:
Relationship and Partnership building	1. Move the doing part
Internal Operations ad hoc – Commissioners Weissman, Wallace, Dalgleish and Scott	to the top and
1. Review Commission FACT sheet (Who We Are and What We Do) so that Commissioners convey consistent messages and	perfunctory part to
information to the community and public.	the bottom
2. Cultural Statement document – Commitment to build an intentional culture of collaboration, transparency and	
, and the second se	2. Change term
3. MHC vacancies – 1 potential candidate from 5 <sup>th</sup> District and 2 soon to be vacancies	"appointed" to
4. New agenda structure	"reappointment."
5. Public comment tracking system - create a circle of accountability in 3 phases around public comment	_
, , , , , , , , , , , , , , , , , , , ,	3. Culture Statement –
DMH?	Add discrimination
b) Phase 2 – What activities and engagement occurred?	clause
c) Phase 3 – Outcomes and resolution to follow up on acute and other issues and where they went afterward	
6. Annual Report – tracking system is developed	
Oversight and Compliance ad hoc– Commissioners Weissman, Dalgleish, Friedman, Ogawa, and Stevens	
1. MHSA/Budget – update on Prop 2 which impacts MHSA funding. If Prop 2 passes the state will take \$140m from MHSA	
to give to homeless housing.	
<ul> <li>Become better informed on MHSA standards and evaluation to better analyze and review the criteria included in the MHSA annual budget</li> </ul>	
<ul> <li>Create questions to clarify the MHSA components when review the MHSA budget. Understand the larger picture on</li> </ul>	
both MHSA and DMH budgets	
2. Site Visits – Ad hoc provided feedback and continues to work on developing a site visit process and tool	

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<ul> <li>3. Data Notebook – CALMHPC (California Local Mental Health Planning Council) will release questions at the end of December; the review will be short</li> <li>4. AOT (Assisted Outpatient Treatment) – Commissioner Weissman chaired the first meeting of 2018: <ul> <li>Attended by providers, DMH staff were limited compared to past years, UCLA evaluation representatives, courts, public defender</li> <li>Group discussed what success looks like for a AOT client, what is needed to move forward, and strengthening recommendations from the past.</li> <li>Discussed ideas for community education</li> <li>Committee will continue to do quality improvements for AOT program</li> </ul> </li> <li>Strategic Relationships and Partnerships - Commissioners Stevens, Ledesma, Cooperberg, Turner, Ogawa, Murata-Shih Stakeholder and Engagement —</li> <li>Please use the Activity Log to identify current relationships and look at potential relationship building</li> <li>SAAC - Commission will attend monthly SAAC in their district</li> <li>Faith Base – Recommends to approach faith base community at the judicious level across all faith communities, get information/resources to judicatory heads that have domain over mental health jurisdiction, empower clergy with resources because of many new programs available. More intentional commitment will be planned in 2019</li> <li>DCFS – The relationship between DMH and DCFS is much better. DCFS deals with foster children. TAY population has been ignored and lacking resources. Focus on support for TAY issues will start now</li> <li>Attending more office of diversion and re-entry meetings</li> <li>Several changes will happen as a result of the Commissioners involvement in the recent Brown Act network Business/Action Items</li> <li>Town Hall Schedule</li> <li>December town hall discussion – There will be no town hall meeting will be held specifically in SA 2 on January 24, 2019.</li> <li>Commission Evaluation Results – discussion moved to Executive Committee meeting on November 8 and will be an ag</li></ul>	
6. Commissioner Reports	
Commissioner Wallace – Conference taking place November 9, 2018 in the South Bay that will address promoting early childhood social, emotional development. Save the date, invite will be going out soon, further information available at Side-by-Side Symposium. Sexual violence has been triggered and reporting are up 130% due to the recent media coverage.	
Commissioner Weissman – Would like all commissioners and members to take all the opportunities available to remind all constituents they speak with to remind them to vote.	

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<b>Commissioner Murata-Shih</b> – Looking forward to working with fellow commissioners in the first district to plan and see what areas can be covered together.	
Commissioner Stevens – Focused on homelessness and African Americans experiencing homelessness. As a member of African Americans, experiencing homelessness with Los Angeles Homeless Services Authority will remain in a standing committee to address homelessness; full body will meet twice as year. Encouraged all members to be aware and current with what is currently going on with homelessness.	
Commissioner Ogawa – Spoke about continuing his work with the Asian Pacific Islander community (API) with the organization APPCON. Looking at a report from the department based on a motion that was made a couple of years ago by Supervisor Hahn, in terms of unmet needs within the API community; report still pending. Requests updates regarding DMH budget.	
Commissioner Ledesma – Spoke about continuing work with Hollywood 4wrd, and the Hollywood Homeless Coalition in helping to provide options to those at risk of or experiencing homelessness. Also has begun to identify Faith community leaders and expected to meet with them in January of 2019.	
Commissioner Cooperberg – Passionate about community development. Actively wears mental health commission badge to broaden awareness within the community about the Mental Health Commission. Community members have inquired about ways to get involved; in response many referrals have been made to the SAAC for an opportunity to get involved.	
Commissioner Friedman – Emphasized working on a better strategy for people to access the system when services are needed.	
Commissioner Scott – Met with Helena Ditko of OCFA, to understand their role in full commission meetings and ensuring that OCFA members introduce themselves at the start of each meeting. Spoke about meeting with Service Area Chiefs to discuss their role with SAACs, along with discussing ways to develop relationships between service areas, commissioners, and SAACs. Spoke about Dr. Sherin's roles in the full commission meetings in addition to potential ways to collaborate in terms of town hall meetings.	
<b>Commissioner Dalgleish</b> –Spoke about a bill where the state will rule that affordable housing can be built in any community, any street regardless of the zoning in place in that area.	
7. Announcements/ Review Action Items	
<ul> <li>Mental Health Commission Evaluation results to be discussed at the next Executive Committee meeting on November 8, 2018; Results will be an agenda item for the next Full Commission meeting on November 15, 2018</li> <li>Next quarterly strategic priority meeting will be held January 26, 2018 from 12:00 pm-3:00 pm—location pending</li> </ul>	
Meeting adjourned - Next Meeting	
November 15, 2018 @ 11 am – 1:30 pm	
Kenneth Hahn Hall of Administration – Room 739	
500 W. Temple Street	
Los Angeles, CA 90012	

Meeting highlights respectfully submitted by Canetana Hurd.