

CORE PEER SPECIALIST TRAINING

DATE & TIME: March 18, 19, 20, 21 and 22, 2019

8:00AM - 5:00PM

All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE: Central Civil West Courthouse
600 South Commonwealth Ave., 2nd Floor (Room 113)
Los Angeles, CA 90005

PARKING: Free parking:
Shatto Parking Structure (3 blocks from South Commonwealth)
523 Shatto Place, Los Angeles, CA 90020
(Please allow sufficient time to park and walk to the training venue.)
\$24 onsite (Central Civil West Courthouse)

Depression and Bipolar Support Alliance (DBSA) Core Peer Specialist Training is a 40-hour training course that prepares individuals with lived recovery experience to deliver peer support services to consumers affected by mental health and/or substance use conditions. The DBSA trainers will co facilitate this training with DMH selected trainers to complete Train the Trainer series. The selected DMH selected trainers will be given feedback on their experiential learning. At the same time, the target audience will have a comprehensive and highly interactive training that will provide a foundation in recovery principles, peer support intervention skills, and ethical practice to the target audience. This will include both didactic and experiential instruction, along with small group coaching sessions where participants practice and demonstrate peer support techniques and receive feedback.

TARGET AUDIENCE: Consumers interested or who are currently providing services in the Los Angeles County public mental health system.

OBJECTIVES: **As a result of attending this training, the target audience should be able to:**

- 1) Describe knowledge of mental illness and recovery, guiding principles and practices.
- 2) Identify ways to integrate lived experience when delivering Peer Specialists services.
- 3) Utilize peer-delivered services to enhance treatment strategies.
- 4) Apply traditional peer skills and competencies, including engagement, storytelling, strengths and needs development, shared learning strategies and relationship building to assist peers understand the recovery process.
- 5) Define culture and its impact on the recovery process and identify culturally-competent peer support practices.
- 6) Identify common causes of workplace conflict for Peer Specialists and demonstrate the ability to productively address these conflicts.

CONDUCTED BY: Douglas Hulst and a DBSA Trainer
COORDINATED BY: Anna Perne, CSW, Training Coordinator
Aperne@dmh.lacounty.gov

DEADLINE: When maximum capacity is reached

CONTINUING EDUCATION: None

COST: None

Please scroll down for the application



County of Los Angeles Department of Mental Health

TRAINING APPLICATION FORM

Please Print or Type

Instructions

Each individual must complete a separate application form for each training he/she wishes to attend. Please complete the application in full. Applications will not be processed with incomplete or inaccurate information. Notification of registration confirmation for a training will be provided by the training coordinator. Unless otherwise specified, walk-in registrations will not be admitted.

For trainings, sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be permitted.

Training Title
(as in DMH bulletin) CORE PEER SPECIALIST TRAINING

Date(s) March 18, 19, 20, 21, and 22, 2019

Name:

If applicable,
Program,
Agency or
Organization
(employed or
volunteering)

Mailing or
Work Address:

City

Zip Code

Telephone

Email

If applicable,
Supervisor's Signature of Approval

For processing, please return Application to:

Print Supervisor's Name

Anna Perne, LCSW
County of Los Angeles –
Department of Mental Health
Office of Consumer and Family Affairs
Fax: (213) 252-8767
Phone: (213) 381-8546
Email:
aperne@dmh.lacounty.gov
(When faxing, please include a
cover sheet)

Supervisor's E-mail