

Cultural Competency

CGF Designation

EMOTIONAL CPR (eCPR) - SPANISH

DATE & TIME: February 27 & 28, 2019

9:00 AM – 4:00 PM

All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE: Special Services Group
905 E. 8th St., Large Conference Room
Los Angeles, CA., 90017
**Entrance located on Gladys Street*

PARKING: Free Parking on site

DESCRIPTION: The purpose of the training is to teach people to assist others through an emotional crisis. The step by step process to effectively connect, empower and revitalize individuals during a crisis situation will be thoroughly reviewed and practiced. Participants will apply these strategies through sharing their own personal/lived experiences in small groups.

PLEASE NOTE: TRAINING TO BE CONDUCTED IN SPANISH.

TARGET AUDIENCE: Spanish Speaking Peer Advocates, Community Workers, Consumers, Families/Friends of Consumers, and Community

OBJECTIVES: As a result of attending this training, participants should be able to:

1. Utilize eCPR (Connect, Empower and Revitalize) techniques in diverse environments.
2. Identify the foundation and values of eCPR and how it differs from the conventional approach.
3. Identify ways to assist individuals experiencing an emotional crisis.

CONDUCTED BY: Maria Ostheimer, Emotional CPR Trainer, California Coordinator
Arthur Gomez, Emotional CPR Trainer

COORDINATED BY: Su Jung Kim, LCSW Training Coordinator
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DEADLINE: When maximum capacity is reached

CONTINUING EDUCATION: NONE

COST NONE

DMH Employees register at:
<https://learningnet.lacounty.gov/Saba/Web/Cloud/goto/RegisterCatalog?offerInglD=class00000000406219&oneClickLearningON=true>

Contract Providers register at:
<https://goo.gl/forms/Ki4rrIs63puouQGF2>