

Cultural Competency

CGF Designation

APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST)
(ATTENDANCE IS MANDATORY FOR BOTH DAYS)

DATE & TIME: January 10 & January 11, 2019

8:30AM - 4:30PM

*Sign-in begins 30 minutes prior to the training time.
All participants must arrive during the sign-in period. Late arrivals will not be admitted.*

PLACE: 3300 Riverside Drive
Burbank, CA 91505

PARKING: Metered parking ONLY

ASIST is intended to help participants become ready, willing and able to provide suicide first aid to persons at risk of dying by suicide. During the two-day training, participants will examine their attitudes about suicide, learn how to effectively recognize and review the risk of suicide, and develop new and/or reinforce existing intervention skills. ASIST also addresses the need to develop a network of providers who work to prevent suicide. Participants will benefit from the two-day ASIST training by gaining skills, knowledge and intervention techniques essential to working with individuals struggling with suicidal ideation.

TARGET AUDIENCE: For both clinicians and non-clinicians who may work or provide services to individuals with suicidal thoughts or behaviors

OBJECTIVES: As a result of attending this training, participants should be able to:

- 1) Examine the knowledge and tools to recognize suicidal ideation.
- 2) Discuss beliefs and attitudes which can impact suicide interventions.
- 3) Examine techniques which can counteract emergent suicidal thoughts.
- 4) Develop a plan and coping tools to decrease suicidal behavior and increase safety.
- 5) Identify social supports to prevent suicidal thoughts and behaviors.
- 6) Identify ways to integrate the ASIST model to varied ethnic cultural groups.
- 7) Teach effective non-therapeutic intervention techniques while helping to build suicide prevention networks in the community.
- 8) Recognize the signs and symptoms of suicidal behavior among children and youth, adults, and older adults
- 9) Examine myths related to mental illness and suicide
- 10) Identify protective factors to decrease suicide risks and to strengthen families
- 11) Apply basic suicide prevention skills and crisis intervention guidelines
- 12) Examine cultural competence in applying suicide prevention skills
- 13) Recognize how Suicide Intervention Model (SIM) as a tool for meeting the interventions needs of the person at risk

CONDUCTED BY: ASIST CERTIFIED TRAINERS

COORDINATED BY: Chandler Norton Training Coordinator
e-mail: cnorton@dmh.lacounty.gov

DEADLINE: When capacity is reached

CONTINUING EDUCATION: NONE

COST: NONE

DMH Employees register at:
<http://learningnet.lacounty.gov>

Contract Providers complete
attached training application



County of Los Angeles Department of Mental Health

NON-DMH STAFF TRAINING APPLICATION FORM

Please Print or Type

Instructions

Each individual must complete a separate application form for each training he/she wishes to attend. Please complete the application in full. Applications will not be processed with incomplete or inaccurate information.

Notification of registration confirmation for a training will be provided by the training coordinator.

If this training is CGF funded, Jail MH staff may submit an application to attend this training and will be notified one week prior to the training date, if openings are available. Refer to the training bulletin for CGF designation.

For trainings, sign in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Unless otherwise specified, walk-in registrations will not be admitted. Late arrivals will not be permitted.

Training Title **APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST)**
(as in DMH bulletin)

Date(s)	Training Coordinator		
County Employee Number <i>(non-county employees supply the last four digits of the SSN)</i>			
Name			
Program, Service or Agency			
Job Title			
Address			
City			Zip Code
Telephone		Email	
License or Credential Number(s) (complete as many as applicable)			
CAADAC	LCSW	LPT	LVN
MD	MFT	Psychologist	RN
Supervisor's Approval (Applications will not be processed if not signed by supervisor)		For processing, please return Application to:	
Print Supervisor Name		County of Los Angeles-Department of Mental Health Chandler D. Norton Training Coordinator 550 S. Vermont ave., #605 Los Angeles, CA 90020 cnorton@dmh.lacounty.gov Phone: (213) 738-2126 Fax: (213) 351-2015 (When faxing, there is no need to use a cover sheet)	
Supervisor's Signature			