

The Invisible Wound: Promoting Healing Via Trauma Informed Care Consciousness- Forensic Focus

DATE & TIME: January 7, 2019

9:00AM - 12:00PM

All registration is to be completed prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE: Liberty Community Plaza
14181 Telegraph Road
Whittier, CA 90604

PARKING: Free parking is available at the facility.

DESCRIPTION: Justice involved consumers are often court-ordered and in treatment involuntarily. The training will discuss techniques for engaging forensic consumers diagnosed with PTSD, into treatment. The training will address the effects of trauma on brain development beginning with review of attachment theory, how trauma affects attachment, and why disruptions in attachment can result in adverse consequences noted in PTSD. Discussion will address the components of "Trauma Informed Care," and will present participants with strategies to address the effects of PTSD. Trauma Informed Care is strength based approach and provides a context to better understand and assist justice involved consumers experiencing PTSD. Participants will: learn self-soothing strategies, use of self-care techniques, and identify other interventions to manage symptoms of PTSD.

TARGET AUDIENCE: AB109 Program staff, Men's & Women's Community Reintegration Program staff, Mental Health Court Linkage Program Staff.

OBJECTIVES: As a result of attending this training, participants should be able to:

- 1) Explain the effects of trauma on brain development.
- 2) Describe techniques for engaging justice involved consumers diagnosed with Post-Traumatic Stress Disorder, into treatment.
- 3) Discuss Attachment Theory, how trauma affects attachment, and why disruptions in attachment can result in adverse consequences, such as PTSD.

CONDUCTED BY: Moises Rodriguez, Ph.D., private trainer.

COORDINATED BY: Scott Langer, Training Coordinator
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DEADLINE: December 26, 2018

**CONTINUING
EDUCATION:** 3 hours for BBS, BRN, CCAPP-EI
CEs for Psychologist
COST NONE

DMH Employees register at:
<http://learningnet.lacounty.gov>

Contract Providers register at:
<https://goo.gl/forms/l8qAm2ilpU67LX9g2>