

County of Los Angeles – Department of Mental Health
OFFICE OF THE MENTAL HEALTH COMMISSION
 Thursday, May 24, 2018
 Meeting Minutes
 Lawrence Lue, Facilitating
APPROVED – June 28, 2018
MSC – Dalglish/Wallace/Unanimous

Discussion	Recommendation/ Action/Motion
<p>1. Call to Order by Commissioner Lue Roll Call: Helena Ditko</p> <ul style="list-style-type: none"> Absent Excused: Brittney Weissman and Jeannine Pearce Absent: 5ht District Representative <p>Announcements: The meeting notice was not published; no action will be taken today. Rev. Kathy Cooper Ledesma did not receive notification of the meeting. Thank you Helena Ditko and staff for assisting the meeting while Commission staff is on vacation.</p>	<p>ACTION: None</p>
<p>Approval of April 26, 2018 minutes – APPROVED MSC /</p> <ul style="list-style-type: none"> Correction #4 item, bullet number 2, Judy Cooperberg will present the slate at the May 24th meeting not May 26th. 	<p>ACTION: Approval of minutes moved to June 28</p>
<p>2. Public Comments - Non Agenda Items</p> <p>Patricia Russell: Announced two festivals for May is Mental Health Month, WeRISE pop up art festival and Service Area 2 film festival “Reaching Out” a full-length feature film produced by Ms. Russell</p> <p>Jean Harris: Provide transportation or reimbursement to consumers in the Antelope Valley so we can participate in the May is Mental Health month activities. There are mental health activities in the AV.</p> <p>John Hallowitz: Member of NAMI Glendale; received a grant from CalMHSA for outreach and engagement services and develop a running calendar. DMH should update their calendar regularly so that information is public and available in to plan timely.</p>	
<p>3. Discussion Action Items/Update – Commissioner Lue</p> <ul style="list-style-type: none"> Welcome/Introduction: New Commissioner Reba Stevens Reba Stevens: Expressed gratitude to be appointed to the 2nd District seat. As an end user of the agency, Commissioner Stevens will represent people who utilize mental health the services, and look forward to collaborating with the Commission to assure consumers receive high quality of care. Executive Assistant Recruitment Update: Recruitment continues with hopes to fill the position soon. Nominations Committee Report – Commissioner Cooperberg Slate of nominees: Chair: Merilla M. Scott 1st Vice Chair: Stacy Dalglish 2nd Vice Chair: Susan Friedman 	<p>ACTION:</p>

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<p>Members-at-large: Harold Turner and Patrick Ogawa</p> <p>Nomination from the floor – Susan Friedman requested to be removed from 2nd Vice Chair on the slate and placed as a nominee for 1st Vice Chair. 2nd call for nominations from the floor and voting will take place at June 28th meeting</p> <ul style="list-style-type: none"> • Integration Advisory Board (IAB) – Update Commissioners Dagleish and Lue appointed to the IAB. • 2018 Annual Retreat Update - Commissioner Scott Ad hoc committees to focus on reviewing the strategic plan will be the topic of the retreat. It is a working retreat to establish goals and priorities for the year. We are all fairly new which is unique and there are areas we need to strengthen. As we leave the retreat, we are going to have a very clear plan for the upcoming fiscal year. 	
<p>4. Department of Mental Health Report – Jonathan E. Sherin, Director, Department of Mental Health Dr. Curly Bonds, Chief Deputy Director, Clinical Operations represents Dr. Sherin. Dr. Bonds reported the following: Clinical and Administrative Operations Update -</p> <ul style="list-style-type: none"> • Attended the WeRISE celebration and impressed by the quality of exhibits. Both SLT and the youth shared reflections of the exhibits. • New residency programs at Kedren Mental Health Hospital, Charles Drew University, Rancho Los Amigos Rehabilitation Hospital, and some outpatient programs in service area 6 will begin soon. Remote areas have the greatest need for psychiatrists. Dr. Bonds, a member of the American Psychiatric Association, set up booths to recruit psychiatrists and nurse practitioners at the conference in New York. DMH will fill forty-three psychiatric vacancies. • Reorganization is moving forward developing the team for Dr. Sherin's vision. Recommendation from CEO stated that DMH programs need more oversight. Move away from age groups and locations to what treatments are needed. Place a Senior Deputy Director and 3 Jr. Deputy Directors for all countywide programs to increase the level of services. People who work in the leadership positions must do direct service to understand how to make things work well; they need to have boots on the ground. • Personnel: Two new discipline chiefs on board--Dr. David Ruskin, Psychiatric Discipline Chief and Yvette Willock, Social Services Discipline Chief (transfer June 1). Peer Chief job offer made and Chief of Psychology hired soon. • At the cluster meeting on Wednesday a \$1.2 million budget expansion was announced for license legal entities to gain more leverage with entities. Also discussed were positions for peers and peer training. Health deputies want assurance to get the word out to the public better for job announcements. 	ACTION:
5. Commissioners' Report	
6. SAAC Co-Chairs' Report	
<p>SAAC 1 – Jean Harris, Co-Chair</p> <ul style="list-style-type: none"> • SAAC dark for May is MH month. Each quarter four priorities are selected and coordinated entry system is in place. The need 	

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for housing is getting worse and worse and the desert is filling with camps. Urgent care center for Antelope Valley (AV) is a huge priority; it's been years in the making. Minor children in psychiatric crisis at AV Hospital spent 3 days in hallway and told there is nowhere to go. We need action and we are frustrated going through the ropes for years.	
SAAC 2 – Patricia Russell, Co-Chair <ul style="list-style-type: none"> Great meeting today and I feel very encouraged by Dr. Bonds presentation. SAAC biggest issue is homelessness; Molly Rysman, Health Deputy, 3rd District, will speak in at SAAC meeting in September on intentional communities. SAAC will reach out and get more people involved now that transportation is available. All clinicians are being trained in co-occurring disorders. 	
SAAC 3 – William Léger, Member <ul style="list-style-type: none"> May is Mental Health Month celebration on May 10th involved talking with businesses and spiritual partners in the community about supporting mental health. Dr. Sherin was there and talked about DMH. People came from River Community (mountains) and to celebrate sing songs and have fun. 	
SAAC 4 – Harold Turner, Co-Chair <ul style="list-style-type: none"> There are activities going on with many changes in personnel and staff. Figuring out how to reconstitute the small area that has a hugely diverse population and needs continues, and reaching out to the 13 threshold languages. Work continually with Service Area Chief to find the best ways to get the word out and engage directly operated clinics on resources and SAAC meeting information. Money is available to provide transportation for people to attend the SAAC meetings. Mental Health Month Activity included Movies on the roof screening of A Beautiful Mind and other movies with refreshments. 	
SAAC 5 - No report	
SAAC 6 – Charles Wade, Co-Chair <ul style="list-style-type: none"> Spoke about experience trying to get to the SLT meeting where there was no bus access. We want to make sure that there is bus access or transportation for meeting locations. May is MH month activity at Kedren Community Center included I sang Karaoke. Ricky Williams, former Miami NFL Running Back winner of a Heisman Trophy talked about mental health issues and to knock out stigma. 	
SAAC 7 – No report	
SAAC 8 - No report	
Commissioners' Reports –	
Commissioner Cooperberg <ul style="list-style-type: none"> May Mental Health month celebration with Barnes and Noble charity book fair on fighting stigma. Well known people from the community like Jean Harris, former editor of the local paper, and Commissioner Cooperberg read sections pertaining to mental health and stigma from journals, books and autobiographies. Over 150 people attended during a five-hour period, it was an exciting event. 	

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<p>Commissioner Dagleish</p> <ul style="list-style-type: none"> • Attended the RAND community conference on early childhood. First 5 LA rolled out a program “Help Me Grow,” a centralized place for all children to get testing. • Attended a meeting related to homelessness in Santa Monica, an open house with agencies presenting on how to address homelessness in SAAC 5 • Peer Resource Center – attended the 1st year anniversary celebration <p>Commissioner Friedman:</p> <ul style="list-style-type: none"> • Participant on a conference call about MHSA on unspent money. Presenters did not do an independent study. Disappointed that no new information was reported, most information came from DMH. According to RAND, they need 500 people to volunteer in the homeless count. <p>Commissioner Curry</p> <ul style="list-style-type: none"> • Regarding suicide prevention, most mental health people have not had enough training in school. Psychologist, MFTs and SWs will need to do 6 hours of CEUs in suicide training. Several bills in senate and assembly that would require from 7-12 grade and college student IDs have the national suicide hotline # and text. Suicide is the 2nd leading cause of death in 15-35 year olds. Didi Hirsch Mental Health receives 100,000 calls a year. <p>Commissioner Stevens</p> <ul style="list-style-type: none"> • In reference to support the Peer Resource Center be all it can be we should have more centers across the county. It would be nice to have the Commission meeting held at that center. In reference to the LPS bill are we looking at working with DMH? Because of integration, we can look at the bill through a different lens. Homelessness might be a standing item on the reports and agenda especially for the Antelope Valley. LAHSA is doing an ad hoc group on blacks experiencing more homelessness than others. Homeless count happens on May 31. How can we assess the mental health of those homeless? <p>Commissioner Lue:</p> <ul style="list-style-type: none"> • Commented further on homelessness. Can the Commission wrap around the purview of the Commission to address homelessness? What specific actionable items and acknowledge what we can and cannot do to put efforts to focus on homelessness. <p>Commissioner Turner:</p> <ul style="list-style-type: none"> • Shared an experience he witnessed with a gravely disabled person and how to get people to talk about the help they need and cannot get help. <p>Public Comment:</p> <p>Sawako Niko – Peer Resource Center needs a restroom. It is good for the peer volunteers, peers, and community workers. Starbucks even has a restroom.</p> <p>Sandra Clayton – Stated having a fundraiser to engage affluent people to give back to mental health.</p> <p>Maria Tan - Reported the 17th Annual Mental Health and Spirituality conference attendance was 575 people impacted by Dr. Sherin</p>	

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<p>presentation on moral injury. Service extender quarterly meeting will reduce from 6 hours to 4 hours and meet twice a year instead of quarterly.</p> <p>John Hallowitz – Made comments on:</p> <ul style="list-style-type: none">○ Dads feeling responsible for the family○ Behavior health is not a choice○ Glendale NAMI will launch an Armenian family support group.	
<p>Meeting adjourned - Next Meeting June 28, 2018 @ 11 am – 1:30 pm Kenneth Hahn Hall of Administration – Room 739 500 W. Temple Street Los Angeles, CA 90012 Adjourned motion by Cooperberg 1:34 p.m.</p>	

Meeting highlights respectfully submitted by Helena Ditko/Daniel Estrada on behalf of Canetana Hurd.